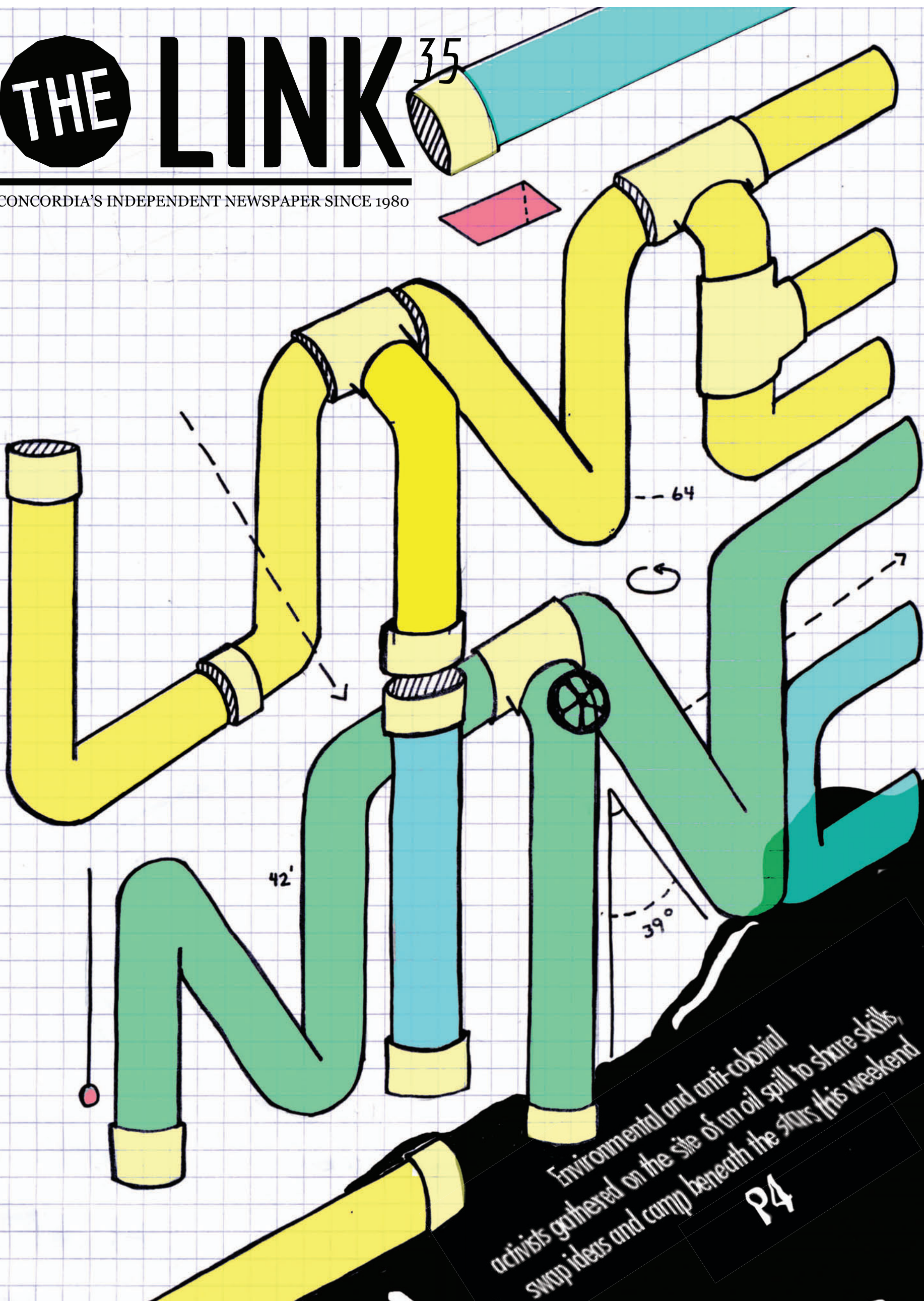


THE

LINK<sup>35</sup>

CONCORDIA'S INDEPENDENT NEWSPAPER SINCE 1980



Environmental and anti-colonial  
activists gathered on the site of an oil spill to share skills,  
swap ideas and camp beneath the stars this weekend

P4



CONNECT WITH YOUR PASSIONS,  
**ENGAGE WITH  
YOUR COMMUNITY!**



Connect with 50 organizations at the **VOLUNTEER FAIR**  
October 2, 10 a.m. – 3 p.m., J.W. McConnell (LB) Building Atrium

Attend a workshop  
October 30: **LAUNCH YOUR CAREER, VOLUNTEER!**  
November 5: **STRATEGIC VOLUNTEERING**

Visit your on-campus Volunteer Resource Centre! (H-608)

f Concordia LIVE Centre

[volunteer.concordia.ca](http://volunteer.concordia.ca)

YOUR CAMPUS, YOUR SUCCESS,  
YOUR STUDENT SERVICES

# Dollar Cinema

## Big Screens Big Movies Low Prices

**Admission - \$2.50**

Snacks - everything else! \$1 +tax

Open 7 days a week, 365 days a year!

Follow us on Twitter @SaveOnMovies!

**DOLLARCINEMA.CA**

**CONCORDIA STUDENT  
SPECIAL OFFER:**  
See a hit movie for only \$1  
For the entire month of October

**6900 Décarie Square**

Across from the Namur Metro.

Or via bus lines 17, 160, 161, and 166.

**(514)739-0536**

## CLASSIFIED ADS

\$3.50+tax for Concordia undergraduate students.  
\$5.00+tax for others \$0.25/word after 15 words.

**DEADLINE: 2 p.m. Friday**

Classifieds must be purchased at our offices  
1455 De Maisonneuve W. Room 649  
and be accompanied by full payment.

Monday to Friday, 10 a.m. to 5 p.m.  
Closed on Wednesdays.

We do not take classified ads  
by telephone, fax or E-mail.

**DRIVING PRATICE LESSONS:** 70 min. / \$32,  
2 hrs / \$52 with ad. Exam car rental starting \$19  
taxes included. 514-744-5623, Jimmy

## les Mardis RÉTRO



OLDIES HITS FOR THE DANCEFLOOR

**CAFÉ CAMPUS**

57 PRINCE-ARTHUR E. MTL • [CAFECAMPUS.COM](http://CAFECAMPUS.COM) • SHERBROOKE/ST-LAURENT



internet  
**Wi-Fi**

**BAR  
BIFTEK**  
3702 St-Laurent

Imported  
Beers

**Specials**

**vodka**  
orange  
cranberry  
**\$3.50**

**sangria**  
**\$12.00**

**Rum & Coke**  
2 for \$5.50  
**gin & Tonic**  
2 for \$6.00

**SHOOTers \$2.50 each or 5 for \$10.00**  
**Tequila • Whiskey • Peach**  
**schnapps kamikaze • windex •**

**jagermeister • goldschlager**  
**\$3.25**

**3702-3704 boul. St-Laurent 844-6211**

## Menu Étudiants Student Menu

11h30 à 16h30

Lundi au Vendredi  
Monday to Friday

Offre disponible au Sir Winston Churchill  
Pub seulement  
Offer available in Sir Winston Churchill Pub only

10 Ailes de Poulet avec frites \$8.75  
10 Chicken Wings with fries

Poutine à l'effiloché de porc \$8.95  
Pulled pork Poutine

Hambourgeois au Fromage avec frites \$8.25  
Cheeseburger with fries

Wrap à la Salade de Poulet \$8.25  
Chicken Salad Wrap

Sandwich à la Saucisse et Choucroute \$8.25  
Sausage & Sauerkraut Sandwich

Filets de poulet avec frites \$8.95  
Chicken tenders with fries

Rondelles D'Oignon à la Bière \$4  
Beer Battered Onion Rings

Sandwich à la viande fumée \$9.95  
Smoked meat sandwich



1459 Rue Crescent  
514-288-3814  
[www.swcpc.com](http://www.swcpc.com)

Taxes et service non inclus  
Taxes and services not included

## WANT TO CONTRIBUTE TO THE LINK?

**STAFF MEETINGS  
ARE EVERY  
WEDNESDAY  
AT 5 P.M.**

**All are welcome!**

**1455 de Maisonneuve W.  
Room H-649**

**LIKE US ON FACEBOOK**

[facebook.com/thelinknewspaper](http://facebook.com/thelinknewspaper)

Your  
business

THE LINK

40 000  
students

**ADVERTISE IN THE LINK**  
**514-848-7406**



## WHAT'S INSIDE?

4

CURRENT AFFAIRS

### LINE 9 OPPONENTS GATHER

Environmental activists camped over Enbridge's Line 9, where a spill occurred, to decry tar sands and other harmful oil exploration methods.

5

CURRENT AFFAIRS

### LGBT RIGHTS GLOBALLY AND LOCALLY

An academic conference taking place at Concordia next week will seek to imagine the future of LGBT rights, as well as discuss topics ranging from marriage equality to parental rights.

6

CURRENT AFFAIRS

### RCMP IN CONCORDIA'S HALLWAYS

Documents reveal RCMP had their eyes on two discussions at the university.

8

FRINGE ARTS

### THIS IS EVERYONE'S PROBLEM

A new dance performance titled "Unrelated" tackles the subjects of abuse and interconnection.

9

FRINGE ARTS

### STORYTELLING THROUGH IMAGES

Le Cinéclub will screen the 1923 silent film *The Hunchback of Notre Dame* in a bid to broaden classic movies' appeal to a wider public.

10

SPORTS

### THRICE AS NICE

The Concordia Stingers baseball team won three of their four games this past weekend against Ottawa and McGill.

11

SPORTS

### THE HEARTBEAT GOES ON

Stingers defender Odaine Demar shares his inspiring story of persevering through racism, a medical condition affecting his heart and a reassertion of faith.

13

OPINION

### SEX & PANCAKES

Sexpert Melissa Fuller's guide on how to find your baseline.

## What's the most effective way to combat rape culture?

Stephanie Medalsy, Bialik High School student



"To really advertise it, so that people get educated and are aware of what can happen, how to protect themselves, which neighbourhoods are safer to walk alone, what girls or boys can do in order to feel safe, and to be safe."

"Creating awareness around the fact that it exists. I think a lot of times people don't realize how ingrained it is in everyday society, [...] and starting conversations that are safe, even for people to ask problematic questions, and allowing space for people to learn."

Madeleine Black, majoring in Studio Arts with a minor in Interdisciplinary Studies of Human Sexuality



"I mean what we're doing here is a creative and funny way to [...] make people ask questions. In our Centre [for Gender Advocacy], we try to incorporate a lot of games, and fun, and also with splashy flyers."

Sunnie Sanaz, volunteer at the Centre for Gender Advocacy



## WHAT'S UP AT THELINKNEWSPAPER.CA



FRINGE BLOG

### JAMES BROWN AND CHUCK BERRY HAVE A SON: HE WAS A TROUBLEMAKER

Vintage Trouble, an American blues-rock band, ignite the revival of rock n' roll.

NEWS

### LOYOLA HIVE LAUNCH

The Loyola Solidarity Cooperative Cafe finally opens its doors this week.

NEWS

### UNIVERSITY BUDGET CUTS

Concordia unveils plans to address provincial budget cuts, including a program which aims to reduce Concordia administration jobs.

SPORTS ONLINE

### WHAT'S THE BUZZ?

Catch up on the Concordia Stingers' past week through our online recaps.



# Activists Decry Harmful Oil Exploration on Spill Site

## Camp 9 Brings Together Environmental, Anti-Colonial Activists



About 200 people gathered above Line 9 in the Laurentians to protest tar sands.

by Noelle Didierjean @noellesolange

At first glance, Camp 9 resembles a summer camp in the 1960s. Colourful tents are spread out beneath the bones of an abandoned greenhouse in rows a dozen long, and the strumming of a guitar seems ever-present in the background.

The camp was formed by many of the same people who attended the “People’s Walk for Mother Earth,” a march held in Quebec City this summer which protested tar sands and pipelines.

“It was an amazing way to create [...] a stronger force to show that there are many people against these projects and that we have to keep on fighting,” organizer Alyssa Symons-Bélanger said.

Tree nursery owner Claire Durocher invited activists to her land in Saint-André-d’Argenteuil, where the pipeline Line 9, buried beneath her soil four decades ago, leaked last year and ruined her harvest.

When Durocher went to court to claim compensation for her lost crops, “Enbridge [Inc.] tried to blame it on her, saying that the oil came from her tractors or that it wasn’t really a spill,” Symons-Bélanger told *The Link*.

The camp, which includes a makeshift kitchen and communal library, was set up Sept. 20 and is set to run until Oct. 4. Three vegetarian meals a day are provided, and workshops

on a range of topics related to environmental and anti-colonial activism were held.

### BLOCKADING 101

Because Line 9 is several decades old, Enbridge periodically runs “integrity digs” to check the valves on the pipeline and make repairs if necessary. Some activists disrupt Enbridge’s activities by halting work on the digs with blockades.

Two activists from an anarchist group in Guelph, Ont., held a workshop on the 10 basic steps of setting up a pipeline blockade. Wolf Chrapko and Sarah Scanlon helped organize “Dam Line 9” and “Swamp Line 9,” two such actions held in Ontario this summer, which temporarily stopped work on the pipeline.

They opened the workshop by highlighting the importance of acknowledging traditional indigenous ownership of the land that many pipelines run through and seeking acceptance from those communities.

Scanlon spoke of the necessity of obtaining approval from indigenous communities when organizing a blockade on their land. She emphasized the importance of going further in discussion than a simple last-minute consultation.

“You need to be building these relationships [with indigenous communities] constantly, and not in reaction to not wanting to feel white

guilt,” she continued.

Scanlon told an anecdote of getting the support of an indigenous group for a three-day blockade, but losing it on the second day.

“If they withdraw their support, you have to be prepared to pack up and leave,” she said.

Non-native neighbors were also listed as important allies by Scanlon, who suggested handing out flyers that explain what the blockade aims to do, and even handing out cookies.

“If they say we can stay there, it takes longer for the police to kick us off.”

The final step was planning exit strategies. The activists stressed the importance of having multiple plans in mind in case of emergencies.

Chrapko explained that people who were okay with getting arrested at the blockade should plan together, and that those who intended to leave before police intervention should avoid knowing those plans.

She specified that people choosing to be “locked down”—meaning locked to something on the site—should remain visible to others “because police brutality is real, and going through pain compliance techniques when no one can see you isn’t fun.”

### INDIGENOUS RIGHTS PANEL

Walter David, a member of Kanehsatake First Nation, and Vanessa Gray, an Anishinabe-kwe community organizer, sat on a

bench to speak about environmental racism to attentive campers spread out on the ground. Environmental racism is the placement of polluting facilities near low-income minority communities.

Gray began the panel by drawing a comparison between the living conditions in her indigenous community and those in wealthier non-indigenous areas.

“Many of the people that work in the chemical refineries that I live right next door to, they live in the north end [...] where the nicer houses are, where they don’t have to be worried about spills and releases, the way the indigenous people of our area do.”

Gray explained that she, like many indigenous children in the community, had suffered from asthma as a child due to the toxic releases from the chemical refinery close by. She contrasted her own experience with that of the ruling class.

“I don’t imagine [Stephen Harper] would be okay with his kids suffering the same way as many of the indigenous kids do.

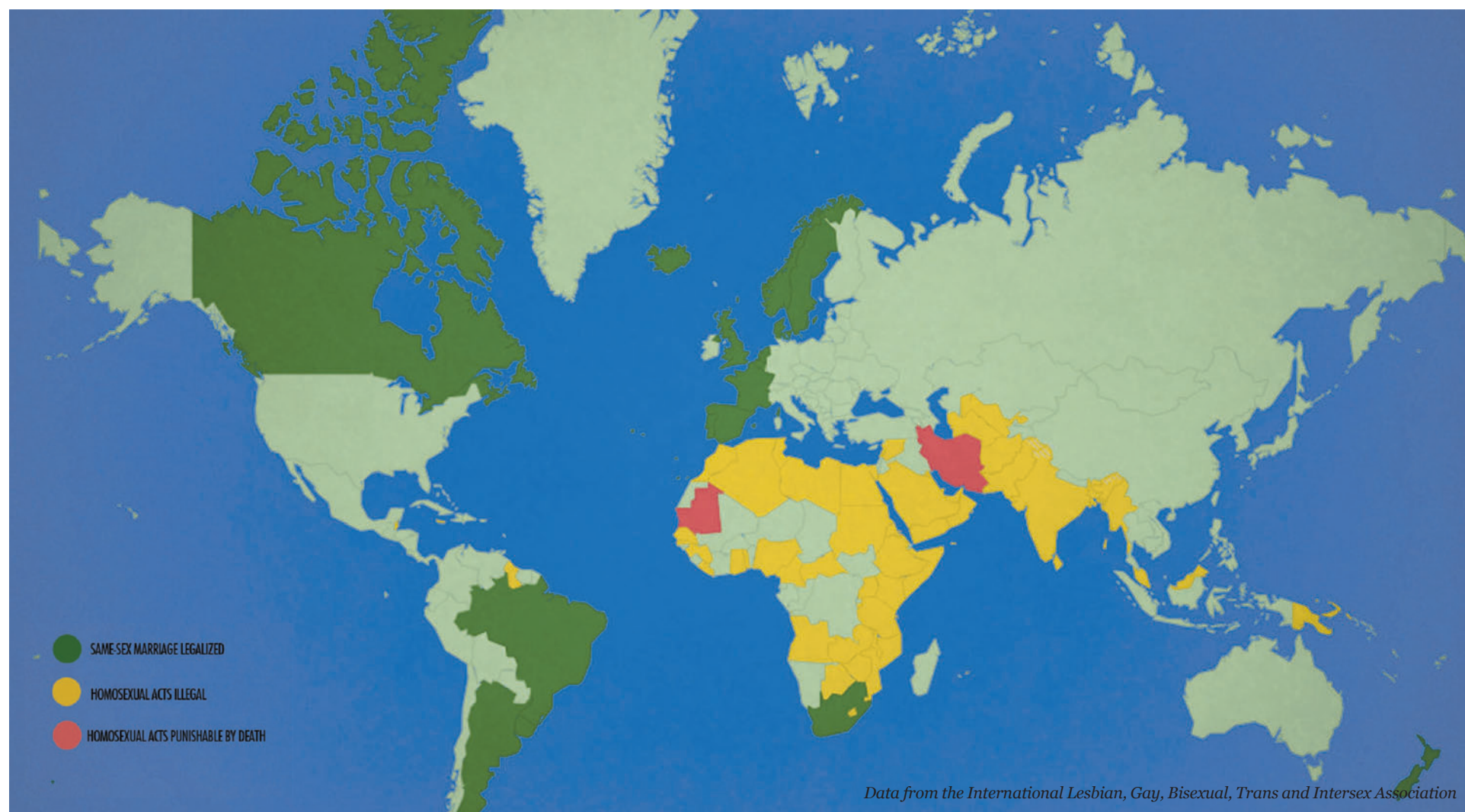
“It’s just a difference [of] class and race that creates this issue of industrial genocide in my back yard and not many of yours,” she told the crowd.

photos Noelle Didierjean



# Imagining the Future of LGBTQ Human Rights

## Academic Conference Taking Place at Concordia to Examine LGBT Rights in Canada and Abroad



by Michael Wrobel @michael\_wrobel

With same-sex marriage now legal in 17 countries but homosexual acts criminalized in 78 others, we're at a critical moment in terms of LGBTQ rights globally.

With that in mind, the Trudeau Foundation and the Centre Jacques Cartier will hold a two-day conference at Concordia University titled "Imagining the Future of LGBTQ Human Rights" on Oct. 6 and 7.

Over 25 academics from Canada, the United States, Europe and Mozambique, as well as a former member of the European Parliament and chair of its Intergroup for Gay and Lesbian Rights, will be panelists at the conference, which is open to the public.

"At this juncture, with an awareness that you can't just focus on the Canadian context, the idea was to sort of look openly, look globally, look to the future and see where this justice struggle is going," said McGill law professor Robert Leckey, who is a member of the conference's scientific committee.

### Marriage Equality, Parental Rights

One of the panel discussions will tackle the subjects of marriage equality, parental rights, and what's next for the LGBTQ rights movement once same-sex marriage is achieved, which Canada's federal government legalized nationwide in 2005.

According to Leckey, who is a panelist for the discussion, marriage equality has benefited LGBTQ individuals who wanted their same-sex relationships to be recognized or wanted to obtain immigration status for a partner from a different country.

"Arguably, it helped a lot of reasonably open-minded, well-intended straight people to think through the validity of same-sex relationships," he added.

But a number of scholars question whether the efforts of LGBTQ activists were misplaced

in focusing so much on marriage equality.

A common argument is that the institution of marriage is "intrinsically heteronormative" as it is too deeply tied to the division of labour between husbands and wives, and too closely linked to "the public-private boundary by which family and intimacy is relegated to the private sphere," Leckey said.

He added that reminding those who have benefitted from marriage equality to "see themselves as part of a broader coalition that includes trans people" has been a challenge.

"[Same-sex marriage] has led some people to think that the work has been done," Leckey explained.

And while same-sex marriage and adoption by LGBTQ individuals may be legal across the country, the laws surrounding surrogacy in Quebec continue to be a source of inequality, added Marie-France Bureau, a law professor at the Université de Sherbrooke, who will chair the discussion.

Commercial surrogacy, when a woman is paid to be a surrogate, is prohibited in Canada, but voluntary surrogacy—when a surrogate is not compensated but may be reimbursed for expenses incurred due to the pregnancy—is legal.

But surrogacy contracts cannot be enforced in Quebec courts due to provisions in the province's civil code. Bureau said the law's supporters argue it prevents the "commercialization of the body" and protects the best interests of the child.

The province's laws effectively leave adoption as the only way for gay men to become parents, limiting their access to parenthood given that "there aren't a lot of kids up for adoption in liberal democracies such as Quebec," according to Bureau.

### The Criminalization of LGBTQ Communities

Another panel discussion during the con-

ference will look at the impacts of criminal law on LGBTQ communities.

Laws against sodomy and gross indecency continue to criminalize homosexual acts and incarcerate LGBTQ people around the globe. Meanwhile, in Canada, the law prohibiting HIV non-disclosure disproportionately targets gay men because of the relative prevalence of HIV in the gay community.

If someone knows they have HIV and doesn't disclose it to a sexual partner before engaging in sexual activities, the act is considered sexual assault under the law, said lawyer and writer Kyle Kirkup, who will be participating in the panel.

He said criminalizing HIV non-disclosure misses the mark because HIV/AIDS should be considered a public health issue and everyone should be involved in fighting its spread.

"If you speak to public health experts, they're not supportive of criminalizing [HIV non-disclosure] because there's a worry that people won't get tested as regularly and then there's also a worry about [the fact that] once folks go into prison, the rates of transmission in prison increase significantly," he said.

The only instance "where someone living with HIV does not have a duty to disclose is if there's a condom that is worn during the encounter and the person has a low viral count," according to Kirkup, who cited a 2012 Supreme Court decision on the matter.

The panel discussion will also explore the ongoing debate over how to deal with trans individuals in the correctional system.

The issue made national headlines in February, when Avery Edison, a transgender woman from the United Kingdom, wound up in a men's correctional facility after being detained by border officials at Toronto's Pearson International Airport. She was prevented from entering the country because she had previously overstayed a student visa.

Following public outcry, Edison was trans-

ferred to a women's facility.

Kirkup says people should be allowed to "self-identify" for legal purposes.

### Trans Rights

One of conference's panel discussions is dedicated to trans rights.

One of its panelists, Gabrielle Bouchard of Concordia's Centre for Gender Advocacy, says much still needs to be done to protect the rights of trans people, adding that it's a mistake to think that equality has been achieved for all LGBTQ individuals.

"Trans identities are still either pathologized or not recognized unless people go through requirements that would not be asked of anybody else in society, such as sterilization," she said, referring to the fact that individuals wishing to change their gender marker in Quebec must undergo surgery that modifies their sexual organs.

A bill now before the Canadian Senate seeks to add "gender identity" to the prohibited grounds of discrimination in the Canadian Human Rights Act, an addition that could help to protect the rights of trans individuals, Bouchard noted.

The original bill sponsored by NDP MP Randall Garrison also sought to include gender expression, but it was amended in order to receive enough support from Conservative MPs to be passed. Bouchard said removing the term "gender expression" means some individuals may still face discrimination.

"Let's face it, people are not facing transphobia and homophobia based on their sexual orientation or their gender identity most of the time, but rather because of their gender expression. If you're not seen as masculine enough or [...] feminine enough [for your gender], then you're called a gay or lesbian or a dyke or derogatory words," she said.

graphic Brandon Johnston



# RCMP in Concordia's Hallways

## Government Documents Show RCMP Has Reports on Two Concordia-Related Events



Documents reveal RCMP surveillance at the 2013 event "Colonialism in Quebec: Myths, Misgivings & Nationalism."

by Michelle Pucci @michellepucci

Ottawa has been keeping an eye on Concordia these past years, according to an article by the *Toronto Star*.

Last week, the *Star* published a document listing all the reports gathered by the Government Operation Centre, an agency that provides emergency response during events of national interest.

The list includes protests and occupations from the last eight years, including ones that made national headlines like the Idle No More and Occupy movements. Montreal's annual anti-police brutality march and the 2012 student protests were also on the list.

Surveillance by the Royal Canadian Mounted Police or any national security organization is not surprising, but some people, including the *Star*, are pointing out the leftist nature of the events subject to police surveillance. Skimming through the list of activities monitored by the GOC, there are recurring themes like aboriginal rights and anti-pipeline demonstrations.

"Why are they targeting Indigenous and environmental causes or meetings to organize marches, discussion panels or book launches?" said Larissa Dutil, who organized one of the events on the list.

"I know the people that organize these types of events and there's no big plot to overthrow anything or anyone."

While it's true that the majority of events listed fall on the left side of

the political spectrum, the GOC also kept tabs on pro-life rallies in Ottawa. The federal government also collected reports on foreign movements like Arab Spring demonstrations and events closer to Canada, such as a protest in Brazil against a Canadian mining company.

According to the document, some reports were collected through media, while others come from government agencies, notably those responsible for aboriginal or foreign affairs, the Canadian Security Intelligence Service and the country's regional public security offices.

As of the summer of 2013, the RCMP also began producing reports on local events, including two events related to Concordia that took place last September.

The events are described in the documents only as discussions and stand out among the list of protests, rallies and occupations.

On Sept. 13, the RCMP observed a panel discussion organized by the Concordia Co-op Bookstore. The discussion, titled "Colonialism in Quebec: Myths, Misgivings & Nationalism", was part of a double book launch by Darryl Leroux, an assistant professor at Saint Mary's University in Halifax, and David Austin, a lecturer at Concordia's School of Community and Public Affairs.

"It was like any other book launch [or] discussion I've ever been to," said Dutil, who is in charge of events at the bookstore. "It was really non-eventful in a way."

Dutil organized the event with the

SCPA. The panel discussion was hosted in one of the school's classrooms. She estimates about 100 people showed up, a surprisingly high turnout for this type of event, some even standing in the hallway.

"It's hard normally to get people to come to these things," said Dutil about the number of attendees.

The event, like any other, was open to all and publicized on campus, so it's possible an RCMP officer dressed as a student was in attendance. Why the RCMP would bother attending a book launch is another question.

"It was very intellectual, it wasn't a call to arms or anything like that," Dutil said of the event featuring the two professors and Délice Mugabo, a black feminist activist.

The RCMP's Quebec office was unable to provide access to the reports or any knowledge of what they were. Sgt. Luc Thibault, the Quebec spokesperson for the RCMP, believes the reports may have been ordered directly by the RCMP in Ottawa, which oversees aboriginal affairs.

Thibault isn't the only one confused. The second event linked to Concordia is described as a discussion on Sept. 20, 2013, sponsored by the Centre for Gender Advocacy and Justice for Missing and Murdered Native Women, but neither of these organizations has any records of sponsoring an event that day.

photo Edson Emilio (via Facebook)

# McGill Running Back Pleads Not Guilty to Domestic Violence



Luis-Andres Guimont-Mota, 22-year-old McGill running back, at the 2013 Shrine Bowl match against Concordia.

by Verity Stevenson @vestevie

McGill Redmen football player Luis-Andres Guimont-Mota pleaded not guilty for three criminal charges of assault on his girlfriend, theft and uttering threats in court Thursday.

He was released on a \$300 bail and is due back in court Feb. 23.

The 22-year-old was arrested after police responded to a call at an apartment on Jeanne-Mance St. near Prince Arthur St. Wednesday morning, Service de police de la ville de Montréal constable Jean-Pierre Brabant told The Link.

"When police arrived, a 21-year-old woman told them she had been assaulted during a fight with her boyfriend," he said, adding that the man was arrested at 2 p.m. after an SPVM investigation.

McGill University Deputy Provost Olivier Dyens released a statement Wednesday night, saying the player was suspended from the team immediately "pending resolution of his case by the court."

According to the statement, the university was informed of the player's arrest Wednesday afternoon.

"The Office of the Deputy Provost (Student Life and Learning) will actively investigate the matter. In line with the values and policies of McGill University, we will take any and all measures that are deemed to be appropriate," Dyens wrote.

"The suspension is in compliance with the university's varsity athletics guidelines," he said.

It's not Guimont-Mota's first run-in with the law. He was convicted of assault in 2012 in his hometown of Quebec City after he and two other men beat up a younger man outside a bar in May 2010.

He received a 90-day intermittent jail sentence and was allowed to remain on the team.

photo Matt Garies



# Standing Up Against Rape Culture, One Finger at a Time

## Centre for Gender Advocacy Paints Nails with “Don’t Rape” and “Ask First” Slogans



The Centre for Gender Advocacy painted passersby's nails outside the Hall Building Friday to promote consent.

by Jane Lakes

In the wake of the debate surrounding a new “anti-rape” nail polish, the Centre for Gender Advocacy took to the sidewalk outside Concordia’s Hall Building to promote consent by giving manicures denouncing attitudes that place the onus on women to not get raped.

Armed with several bottles of nail polish and a wealth of sexual consent knowledge, the Centre gave manicures at their MANicure event last Friday. Participants crowded around a table at the corner of Mackay St. and de Maisonneuve Blvd., anxious for a fresh set of feminist paint.

With an assortment of eye-catching colours to choose from, the free polish was open to anyone who wished to sport the slogans “Don’t Rape” or “Ask First” across their fingernails. The event, which drew in a large crowd of all genders, was organized in response to the recent development of “anti-rape” nail polish.

The nail polish, developed by a group of

North Carolina State University undergraduate students, is designed for women to use as a means of preventing sexual assault. The nail polish turns a different colour when dipped in a drink containing date rape drugs, warning the wearer of potential substances in their drink.

The Centre argues that this method of prevention is tackling the issue from the wrong angle. Instead of teaching people how not to rape, women are being told “that if they don’t dress like sluts, don’t walk alone at night, use a rape whistle, wear rape-resistant underwear or (the latest) wear roofie-detecting nail polish, they won’t get raped,” the Centre said on its Facebook page.

As the Centre’s Scott Paradis described it, there’s a “problematic mentality of ‘don’t get raped’ instead of ‘don’t rape.’”

As he picked out a sparkly silver nail polish for the next set of nails, Paradis explained that the complicated nature of sexual assault is not something that can be permanently resolved by teaching women how not to get raped. Organizers of the MANicure event were also

encouraging men to participate in the feminist pampering and help stand up against rape culture.

“So many institutions are failing to be proactive against sexual assault,” said Julie Michaud, one of the Centre’s coordinators, applying a coat of bright pink nail polish to a fingernail.

“We need to get people thinking about who is responsible,” she added.

The Centre also encouraged participants to sign a petition urging Concordia to provide mandatory sexual assault workshops for students living in residences. According to the Centre’s website, “around one in four students, most of them women, will experience sexual assault over the course of their post-secondary career.”

Optional workshops are offered to first-year students living in residence, but it’s not enough, according to the Centre’s website, “because having someone’s consent before engaging with them sexually is mandatory.”

The free MANicure event also marked the start of “Another Word for Gender: An

Intro to Feminist Organizing and Action,” an annual weeklong series of events organized by the Centre and dedicated to promoting gender equality and eradicating gender bias.

“We’ve got events on feminist porn, disability and sexuality, reproductive empowerment and reproductive justice, trans issues, racialization and indigenous struggles,” said Michaud. “My advice is to attend as many of the events as you can!”

The Female Porn event, which includes a panel discussion with Papi Cxxxx on Sept. 30, will also highlight the importance of positive and consensual sex.

Gender and feminist activists such as Papi Cxxxx have been combating the issue of non-consensual and abusive sex with feminist porn—porn that has a much bigger focus on consent and positive intercourse than mainstream porn—as a means of consent promotion.

Full event details can be found at [genderadvocacy.org](http://genderadvocacy.org).

Photo Shaun Michaud

## Weekly Calendar

by Athina Lugez @Athinalugez

### CURRENT AFFAIRS

Gender, Disability and Sexuality: Real Talk with Accessibilize Montreal  
Tuesday, Sept. 30, 6 p.m.  
1400 Maisonneuve Blvd. LB-1019  
**Free**

The discussion, facilitated by Montreal writer Aimee Louw, aims to raise awareness about accessibility in the city. The talk is part of the Centre for Gender Advocacy’s “Another Word for Gender: an intro to feminist organizing & action!” week of events and will explore ideas of normal and abnormal, misogyny and visions of gender and sexuality.

An Evening with Janet Mock: Gender, Race and Realness  
Friday, Oct. 3, 6 p.m.  
Concordia Hall Building, room H-110  
**Free**

Organized by the Centre for Gender Advocacy, Janet Mock will be coming to Concordia to give a lecture on gender, race and reproductive justice. Mock is the writer of New York Times best-seller *Redefining Realness: My Path to Womanhood, Identity, Love & So Much More*, in which she tackles the subjects of transsexuality, identity and the struggles and triumphs of being trans.

### MUSIC

Christopher Owens  
Tuesday, Sept. 30, 7 p.m.  
Petit Campus (57 Prince Arthur St. E.)  
**\$17.50 advance, \$20 door**

Following the breakup of pop-rock band Girls, singer-songwriter Christopher Owens has expanded his wings and released his second solo record, *A New Testament*. An ode to country music and his new beginnings, this album is filled with rhythmic lap-steel guitars, harmonica and organ.

Stu Larsen  
Saturday, Oct. 4, 8 p.m.  
La Vitrola (4602 St. Laurent Blvd.)  
**\$15**

Stu Larsen is on the road again, this time to promote his long-awaited album *Vagabond*. Recorded with longtime friend Mike Rosenberg, a.k.a. Passenger, this album is well rooted in the classic folk traditions. Some themes that Larsen explores are the experiences of being on the road, contrasted with the feelings of loneliness and observations made along the way.

### DANCE

The Muted Note  
Thursday, Oct. 2 to Saturday, Oct. 4, 7:30 p.m.  
Studio Hydro-Québec, Monument-National (1182 St. Laurent Blvd.)  
**\$19**

Choreographed by Susanne Hood, The Muted Note is a series of eleven songs, inspired by traditions of jazz and sung poetry written by Scott Thomson. Both the dance and the music will involve improvisation, allowing for the dancers and musicians to include their own creative input.

### FILM

A Film About Coffee  
Wednesday, Oct. 1, 6 p.m.  
Cinema Excentris (3536 St. Laurent Blvd.)  
**\$15**

Coffee is one of the most consumed drinks in the world, but how much do you know about it? Educate yourself this Wednesday by attending the screening of *A Film About Coffee*. This movie examines what specialty coffee is, what it means and what it takes to be considered as such. Through the perspective of farmers and baristas, the film offers a global view of coffee.

### ART

Exhibition: “Enfants Sauvages” by Cgo  
Thursday, Oct. 2  
Citizen Vintage (5330 St. Laurent Blvd.)  
**Free**

Young graphic designer and illustrator Cgo will be exposing her work in one of Montreal’s best thrift shops, Citizen Vintage. Highly influenced by traditional navy tattoos of the 19th century, shadows and curvatures, this young artist draws on subjects and objects of everyday life, including First Nations culture, nature, mythology and the sea, leaving observers incredibly perplexed about the mysterious and surrealist universe Cgo draws.

9th Annual Vigil for Missing and Murdered Native Women  
Saturday, Oct. 4, 6 p.m.  
Place Émilie-Gamelin  
**Free**

Come out to the Centre for Gender Advocacy’s annual memorial march to honour the lives of missing and murdered Native women and girls this weekend. This event is meant to raise awareness of the issue and how the media, governments, police officers and educational systems facilitate the propagation of violence.



# This is Everyone's Problem

Choreographer Daina Ashbee's New Dance Performance Tackles the Subjects of Abuse and Interconnection



Dancers perform their piece at the Montreal Art Interculturel this Friday and Saturday.

by Leigha Vegh @LeighaVegh

A dancer flings her body to a wall while another violently shakes a clothing rack that almost topples over her as she unleashes bloodcurdling screams.

These are some of the disturbing yet highly symbolic images the audience can expect to see at *Unrelated*, a major dance production choreographed by Daina Ashbee.

While the main focus of the show is to portray the suffering related to the crimes and violence against Aboriginal women in Canada, the piece also highlights the different types of abuse an individual can fall victim to. The title of the performance, *Unrelated*, strategically encompasses this notion.

"There isn't just one type of violence; there exists the violence that we inflict upon animals in our food production, there is child abuse, there is animal abuse, there is the violence on the environment," Ashbee explained.

At the root of these various types of abuse seen in all facets of present-day society are the individual and the loss of feeling like a collective entity as human beings, according to Ashbee.

"If we all interacted as though we were all

related, connected, and if we felt empathy for each other, we wouldn't have these greater issues," she said.

The disturbing images in the routine are meant to show the result of this detachment from one another.

"The piece is going to be dark and it's going to portray the disconnections between the dancers, their bodies and all the horrible things that we do since we no longer strive to relate ourselves to others," Ashbee said.

Another striking feature of the performance is the apparent nudity of dancers intended to depict the vulnerability of victims who experience abuse.

"Having the female dancers naked and doing all of these violent gestures is effective to show the audience that this is what vulnerability looks like. I want the audience to empathize with the dancers and the victims they are representing," she said.

The choreographer's personal struggles growing up and her activism with regards to missing and murdered Aboriginal women are also major sources of inspiration for the piece.

"I am drawing from quite a few of my experiences as a young woman growing up in my family and witnessing the cycles of abuse and addiction, which became a part

of me. I had a very different way of dealing with the addict in me. I had an eating disorder," Ashbee said solemnly.

As her grandmother dealt with alcoholism, Ashbee struggled with anorexia. The dramatic way in which the dancers move is meant to portray the cycle of abuse on oneself and the interconnectedness of various types of violence.

"The movement is drawn from my body; a lot of it comes from the self-destructive behavior of an eating disorder as well as the shame that was carried on from my ancestors," Ashbee said.

"Even though I wasn't dealing with alcohol or drugs, it still felt like it was all related," she added.

Having a rich ethnic background has fuelled her to participate in raising awareness about the crisis of missing and murdered Aboriginal women.

The recent disappearance and death of 15-year-old Tina Fontaine, who was of Sagkeeng First Nation descent, has sparked renewed calls on the federal government to take action on the issue and launch a national inquiry.

"It hurts me when I read all these news articles, but I think as an artist if I can get people to relate more to these women and

their families, my [form of] expression being dance, then that's what I want to do. I want to join in their grievance and activism to better understand their pain, emptiness and struggles," Ashbee said.

Part of her research also included tackling her own consciousness to further understand the subconscious realm that moves human beings to act the way they do towards others.

"I wanted to explore how the energy that I emit from my body affects people. Understanding that I'm not just matter and I don't really have an ending was the basis for my research," Ashbee explained.

Seeing the individual as a never-ending entity that extends from the subconscious all the way to the energy that is emitted into the universe is a way of seeing that everyone is inadvertently connected.

"We want to turn a blind eye on [abuse] and act as though it's not our problem but it is since we're all related, this is everyone's problem," Ashbee said.

***Unrelated* // Oct. 3 and Oct. 4 // Montréal, arts interculturels (3680 Jeanne-Mance St.) // 8 p.m. // \$18**

Photo courtesy of Daina Ashbee



# Storytelling Through Images

## Le Cinéclub Screening Silent Film to Introduce a Wider Audience to Classic Movies



*The beautiful gypsy dancer Esmeralda and the hunchback Quasimodo in *The Hunchback of Notre Dame*.*

by Athina Lugez @Athinalugez

The identities of churches have significantly changed over the course of several years. No longer do they simply represent places of worship, but they have been appropriated and recently transformed into homes, shopping centres and now temporary movie theatres.

Le Cinéclub: The Film Society will hold a fundraiser at the Westmount Park United Church, screening the 1923 silent horror film *The Hunchback of Notre-Dame*. Funds amassed will allow the club to continue offering regular classic film screenings at Concordia.

"Firstly, to watch a movie in this context is fairly unusual and unique today. Adding to the experience are the fine acoustics and the fact that you can actually sit on a church bench with a popcorn in one hand and a beer in the other," Philippe Spurrell, Le Cinéclub's event producer, explained.

"Coincidentally, the average beer bottle fits snugly in the slot behind each bench where the Christian bible is meant to go!"

Founded in 1992, Le Cinéclub is an organization that welcomes cinephiles every second Sunday, allowing them to enjoy motion pictures dating from the 1890s to today. The group's aim is to

present the films in a communal context while projecting movies in their original film formats on large screens, for the sake of preserving tradition.

"The idea was to offer something more intimate and convivial rather than screenings found in some multiplexes," Spurrell said.

With Halloween around the corner, as markets and corner stores begin to display pumpkins and costumes, Le Cinéclub has decided to screen the movie, starring legendary silent film actor Lon Chaney, Sr.

Originally a novel written by French writer Victor Hugo, it is the story of Quasimodo, the hunchback bell-ringer of the Gothic church Notre-Dame. Quasimodo must save the beautiful gypsy dancer Esmeralda, who is framed in a murder case.

"Every October, we screen a silent film that has a connection to horror cinema. Last October, we screened [1925 film] *Phantom of the Opera* starring Lon Chaney, Sr. We decided to offer another large-scale epic involving the same lead actor with *The Hunchback of Notre-Dame*," said Spurrell.

With the church's fine acoustics designed for a choir and organs, the organization decided to feature an orchestra that will accompany the film, filling the void of silence and helping to narrate it

through sound.

"The architecture of the sets on the screen is mirrored by the architecture in the church venue. Your eyes are tempted to go from the screen to the surroundings to make it a near religious experience," explained Spurrell.

Although silent films are not very popular among the younger generations, the genre has witnessed a resurgence within the mainstream audience with the 2011 Oscar-winning film *The Artist* directed by Michel Hazanavicius.

"The beauty of silent films is that they can appeal to a wide range of people and cultures with purely visual means. Chaplin knew this well, which is why he continued to make silent films several years after sound films became the norm," Spurrell said.

"*The Artist* was successful because it felt fresh, it had heart and was simply a very well-made film."

Watching a silent film entices the audience to shift their senses, making the images on screen—the gestures and expressions of actors—carry weight over words and narrate the storyline.

"You need to adjust yourself to the visual language of the silent-era film. It may at first appear like a simpler language, but

you eventually realize that it has just as much emotional depth as modern films, if done well," he said.

"Don't be surprised if you see people looking emotionally drained by the closing credits of a film. The key is to base the film on solid written works and maintain the spirit of it," he added.

Spurrell believes that it is a necessity in our digital age to experience older films displayed in their original formats and context to drive people away from their iPads, TV screens and smartphones in order to enjoy a genuine theatrical experience.

"As with many art forms, to develop an appreciation, people just need to open themselves up to the unusual or less-hyped. In the last two years, Le Cinéclub has noticed more of the curious becoming regulars. And that's a good thing," he said.

***The Hunchback of Notre-Dame* // Oct. 3 and Oct. 4 // Westmount Park United Church (4695 de Maisonneuve Blvd. W.) // 7:30 p.m. // \$9 students, \$13 regular**

Photo courtesy of Cinéclub Film Society



# Making the Most of It

## Stingers Baseball Ends Weekend by Winning Three Out of Four Games



Stingers catcher/pitcher Roberto Zapata (left), pitcher Sam Belisle-Springer (right) and the rest of the Concordia Stingers baseball team ended the weekend winning three of their last four games.

by Shane Wright @shanewright26

This past weekend, the Concordia Stingers baseball team won three of four games, sweeping the University of Ottawa Gee-Gees 9-3 and 8-0 on the road in Ottawa, and splitting their two-game series with cross-town rival McGill, losing one game 7-2 and winning the other 8-4.

“We stole three out of four this weekend, and it just shows that we are still the team from last year [that made it to the national finals]. We are still going to be up there in the standing, and will be a hard team to beat come playoff time,” said Stingers infielder Anthony Marandola, who had three hits, two runs batted in, and scored one run on Sunday against McGill.

The Stingers came into Sunday with five players out due to injury, yet still struck fear into a McGill side whom they had already

beaten last Tuesday 3-2.

“They are very nervous about us, and I like being in that position,” said manager Howie Schwartz. “I have a lot of confidence in us; it took us awhile to gel, but I’m not worried anymore.”

The Stingers played well and gave themselves a chance to take the first game, until the seventh inning when McGill’s centre-fielder Adam Gordon hit a grand slam to left to give the Redmen the 6-2 advantage that turned out to be too much for the Stingers to come back from.

“The score was indicative of what the game was; it was a fine game, but we just made more mental mistakes than they did,” said Schwartz. “Physical mistakes hurt, mental mistakes kill.”

Concordia’s starting pitching was good enough to keep them in both games. In Game 1, Jonathan Raftus pitched six com-

plete innings, allowing four earned runs, and striking out six. In their second game, Sam Belisle-Springer pitched a complete game, allowing four runs, with five strikeouts.

After allowing three runs in the first inning of the second game, Belisle-Springer settled down and took control of the game. With a strong defense behind him, the Stingers took a lead and gave the Redmen no hope of a comeback.

“I am very, very proud of the guys,” said Schwartz. “We were down 3-0 in the first, and the guys know I won’t play anyone with their heads down, so they all kept their heads up and showed a lot of maturity and got a ‘dig-deep’ type of win, and I’m very impressed with them.”

“Three runs is nothing to our team,” said Belisle-Springer. “I knew that wouldn’t be the end of it. This team can score, and I knew that, I went back out there trusting my team

and knowing they will get it done if they needed to.

After McGill starting pitcher Tim Jones got thrown out of the game in the fifth inning for throwing the ball over the head of Anthony Marandola twice, the Stingers took full advantage of the new pitchers and took control of the game in the fifth, adding four more runs.

“This was a big game, if we drop two to McGill, first place is going to get a lot harder to catch. With this win, we just sent a message that [Trudeau Park] is our park too, and we won’t get swept on it,” Belisle-Springer added.

With the Stingers a half game behind the McGill Redmen, they will try to keep their winning ways rolling, as they confront the Redmen on Oct. 2 at 7:30 p.m.

photos Matt Garies

## Box Scores

### Week of Sept. 22 to Sept. 28

Tuesday, Sept. 23	Baseball—Concordia 3, McGill 2
Thursday, Sept. 25	Men’s Hockey—Concordia 5, Waterloo 3
Friday, Sept. 26	Men’s Hockey—Concordia 4, Western 3 Men’s Soccer—Concordia 1, UdeM 1 Women’s Soccer—Concordia 0, UdeM 0
Saturday, Sept. 27	Baseball—Concordia 9, U of O 3 Baseball—Concordia 8, U of O 0 Football—Concordia 63, Saint Mary’s 7
Sunday, Sept. 28	Baseball—Concordia 2, McGill 7 Baseball—Concordia 8, McGill 4 Women’s Hockey—Concordia 1, St. Thomas 2 (SO) Women’s Rugby—Concordia 7, U of O 30 Men’s Soccer—Concordia 1, McGill 2 Women’s Soccer—Concordia 2, McGill 2

## Upcoming Games

### This Week in Concordia Sports

Thursday, Oct. 2	Baseball at McGill Redmen (Gary Carter Field)
Friday, Oct. 3	TBA Men’s Basketball at Memorial tournament 5:00 p.m. Women’s Basketball vs. UNB Varsity Reds (tournament) 5:00 p.m. Women’s Hockey at Western (tournament) 6:30 p.m. Men’s Soccer vs. UQTR Patriotes (Concordia Stadium) 7:00 p.m. Men’s Hockey at Carleton Ravens 8:30 p.m. Women’s Soccer vs. UQTR Patriotes (Concordia Stadium)
Saturday, Oct. 4	TBA Women’s Hockey at Western (tournament) TBA Men’s Basketball at Memorial (tournament) 1:00 p.m. Women’s Basketball at CBU Capers (tournament) 7:45 p.m. Men’s Hockey at Laurentian
Sunday, Oct. 5	TBA Women’s Hockey at Western (tournament) 8:00 a.m. Women’s Basketball vs. Ryerson Rams (tournament) 12:00 p.m. Baseball at UdeM Carabins (CEPSUM) 1:00 p.m. Football at Université de Laval Rouge et Or 1:00 p.m. Women’s Rugby vs. Université de Laval Rouge et Or (Concordia Stadium) 2:00 p.m. Men’s Rugby at UdeM Carabins (CEPSUM) 3:00 p.m. Baseball at UdeM Carabins (CEPSUM) 3:00 p.m. Women’s Soccer at Bishop’s Gaiters

Check out Stingers game summaries at thelinknewspaper.ca/sports



# The Legend of Odaine

## Well-Traveled Stingers Defender Survives Medical Scare and Racism with Hard Work and Faith



Odaine Demar made his Stingers debut during last Friday's game against Université de Montréal.

by Jonathan Cook

It isn't easy to reach the professional level in soccer, with the obstacles that need to be overcome often relentless and unforgiving. Odaine Demar's story does not break from that reality.

After battling racism in Germany, becoming injured before vital qualification matches for the Jamaican youth national team, rediscovering his faith in God in a tiny West Virginian town and recovering following the diagnosis of a potentially fatal heart defect, the 21-year-old has finally regained some normalcy in his turbulent career—and he did so by playing a game wearing Concordia maroon.

On Friday night, Odaine debuted for the Stingers men's soccer team in a 1-1 draw against the Université de Montréal Carabins. The Stingers are the 10th team he has played for in his eight-year career.

"I'm a bit unfit though, man," said Demar. "[In] the second half, it showed a bit."

Returning to the soccer field was not always a guarantee for the defender after he discovered he had pericarditis, a chronic heart problem, during a game with a semi-professional Canadian club almost a year ago.

"Halfway through the game, my heart just stopped beating," said Demar. "I fell to the ground and I couldn't breathe for a good 10, 15 seconds."

The medical staff responded quickly that day. Luckily for the former Jamaica under-20 national team player, two separate cardiologists cleared him to play once more, including one in Montreal a week

prior to his first game back.

Rigorous physical activity is still a life-threatening risk, but Demar recognizes the symptoms and understands the consequences.

"I know my limits," said Demar. "And even if I do push past my limits, as stupid as it sounds, what better way to die than on a soccer field."

Born in Port Antonio, Jamaica, Demar first discovered soccer when his family moved to England.

Following their time in England, Demar and his family relocated to Canada, which became a second, adopted home for the teenage talent. It was in cities like Vancouver and Ottawa that he made connections and contacts that would send him around the world.

His first trip abroad alone was to Germany. Through a partnership program in Vancouver, Demar trialed with lower division teams SG Wattenscheid 09 and FC Schwenfurt 05, and earned spots on their respective under-19 academy teams.

Financially, Demar experienced no problems as his youth contract meant the clubs paid for his food, housing and general expenses. It was the social life and culture that his employers struggled to assist him with.

"Everything was different there—the football, the people, the language barrier was obviously a problem and stuff," said Demar. "It was kind of my first time being away from home, so it was rough for me."

If dealing with cultural differences were not enough, the inhumanity of racism became prevalent in the teenage Jamaican's day-to-day existence.

"I want to be very professional [in commenting on the experience], but it was rough because where I was, it was not very interracial," said Demar. "When I walked down the street, people were staring at me and saying stuff."

"I've been through it a lot, even here in Canada, but [what] I got there was just emotionless."

To make matters worse, his teammates tried to repeatedly injure him in training, and senior members of the team told him to "get used to" the rough treatment. It was time to go home.

Following a stint in Ottawa, Demar left for Sweden and played for Gamla Upsala SK and trained with IK Sirius.

"Everyone [in Sweden] was as friendly as they are here in Canada," said Demar.

However, an easier transition culturally did not translate into a new, permanent home. As an individual of religious faith, Demar knew it was time to leave and set his priorities straight.

"I was so caught up in the life of a footballer," said Demar. "I would say back then it was more about the girls and the money."

In 2013, a talk with his pastor led him to a small town in West Virginia, which surprisingly became reminiscent of Jamaica. For one summer, Demar played for the Southern West Virginia King's Warriors soccer club.

"It almost took me back home being in West Virginia because it reminded me so much of Jamaica," said Demar. "It was so peaceful and relaxing, and it just felt so great being there."

Strict discipline meant players were not

only responsible for playing soccer but helping the community with activities like reading at a retirement home or painting houses. What was the "most peaceful environment" allowed Demar to experience the "best summer of his life."

Not many 21-year-old university students can match the experiences the Jamaican defender has. Some of Demar's new teammates, like fourth-year defender Stephen Meterissian, still have yet to hear all of the stories he has to tell.

"Maybe over a beer, we'll have that discussion at the end of the season," said Meterissian. "He's more of a guy that's not quiet, but more reserved, and he does his work on the field."

Education is as important to Demar as soccer. With a renewed passion for religion, he is pursuing a pastoral ministry certificate at Concordia.

Hopefully, if all goes to plan, Demar will have his certificate packed alongside a plane ticket to his next professional endeavor in either Europe or North America this time next year.

"This is definitely my year to get back to the level I was at, say, two, three years ago maybe," said Demar.

Already a Canadian citizen and in contact with the Canadian Soccer Association, the former Jamaican youth international is also hopeful for a call-up to his adopted nation in the future.

"I definitely believe I can play for the Canadian national team," said Demar.

photo Shaun Michaud



# thali

cuisine indienne



Chicken or Lamb Wrap: \$5.50 + \$1 for butter chicken sauce.  
 Vegetarian Thali: 3 vegetarian items, rice, naan, salad, papadam: \$8.50  
 Non-Veg: 2 different meats, 1 veg., rice, naan, salad, papadam: \$9.50  
 All taxes included.  
 1409 St. Marc • Corner Ste. Catherine  
 514.989.9048 • thalimontreal.com

## ANDREW'S PUB

1241 Guy  
 South of St. Catherine Street



- Free pool table
- 20+ kinds of shooters: 4 for \$10.00
- Large Beer \$4.50
- Small Beer: \$3.50
- Pitcher: \$12.00
- Thursday Karaoke

Taxes Included

Facebook: Andrews Pub - official

**Booze to fit a student budget**

[thelinknewspaper.ca](http://thelinknewspaper.ca)



CONCORDIA VOLUNTEER RECOGNITION AWARD

## DO YOU KNOW AN OUTSTANDING VOLUNTEER?



Help us recognize students, staff and faculty members who make a significant contribution as volunteers, sharing their time and talent for the benefit of the Concordia, Montreal, or global community.

Nominate them before the deadline:  
 Friday February 13, 2015 at 5:00 p.m.

Find out more: [www.concordia.ca/volunteer-awards](http://www.concordia.ca/volunteer-awards)

## WANT TO CONTRIBUTE TO THE LINK?

**STAFF MEETINGS ARE EVERY WEDNESDAY AT 5 P.M.**

All are welcome!

1455 de Maisonneuve W.  
 Room H-649

Your business

THE LINK

40 000 students

**ADVERTISE IN THE LINK**  
**514-848-7406**

## COME TRY OUR FOOD COURT INTERNATIONAL CUISINE



### FAUBOURG

SAINTE-CATHERINE



- **FONDUE CHINOISE EXPRESS**  
Chinese Fondue
- **BANGKOK CUISINE**  
Thailand Cuisine
- **WOK IMPERIAL**  
Szechuan Cuisine
- **SAMIR**  
Lebanese Cuisine
- **SAINT-CINNAMON**  
Cinnamon Rolls - Crepes
- **YUKI RAMEN**  
Japanese Noodles
- **DELI-M**  
Smoked Meat
- **JAPOTE**  
Japanese Fast Food
- **FORMOSA**  
Taiwanese Teas & Cuisine
- **BENDO SUSHI**  
Sushi
- **CHANG LAI**  
Dim Sum & Dumplings
- **POULET TIKKA**  
Indian Cuisine

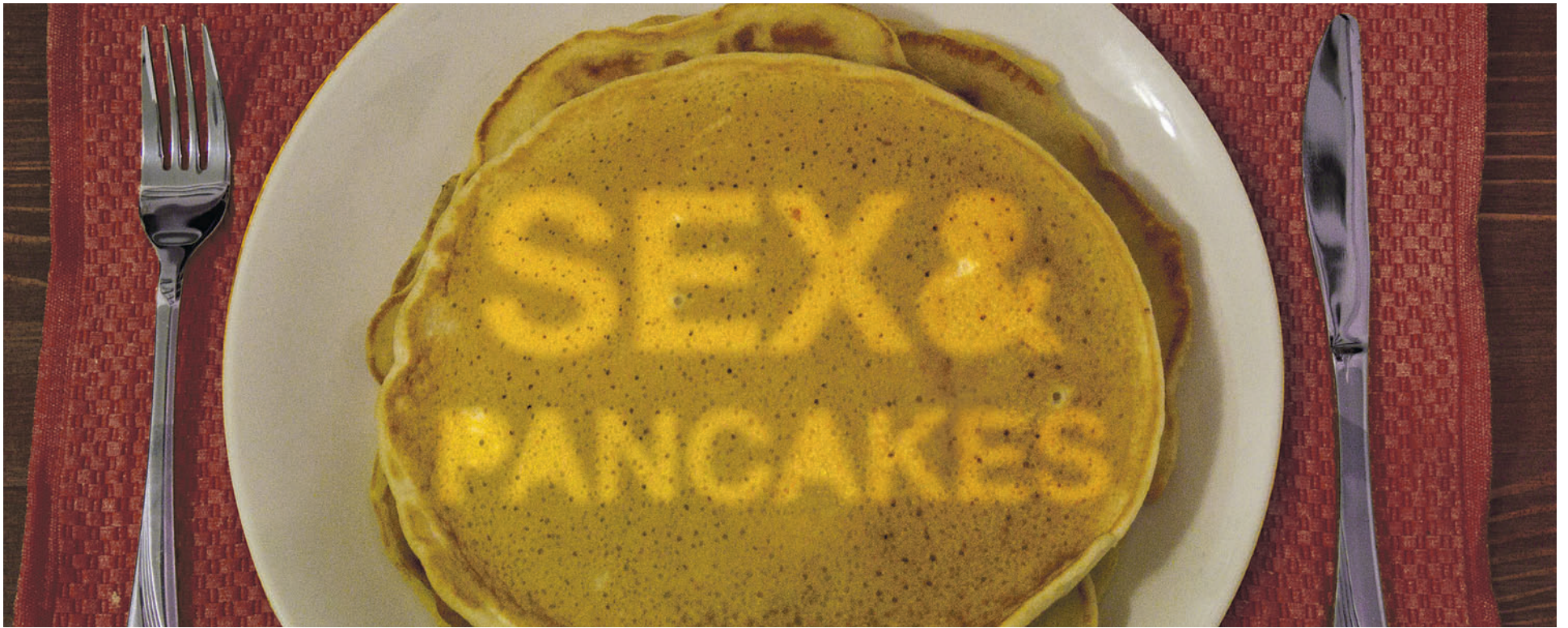
**GREAT SPECIALS FOR STUDENTS!**

**ONLY 2 STEPS FROM CONCORDIA!  
 RIGHT AROUND GUY ST. CORNER!**

**1616 STE. CATHERINE ST. W.**







## Finding Your Baseline

Last week, I shared my experience going off hormonal birth control (HBC) and finding my baseline. This week, I'll be sharing some tips on how you can do the same.

What do I mean by baseline? I'm referring to your natural monthly uterine cycle, unaltered by hormonal medications or supplements. Your baseline can be a key component to finding the birth control method that is right for you by giving you a starting point for identifying possible side effects when you are on one.

So let's get to it! If you're not currently on HBC, you can skip to step 4.

**STEP 1:** If you're currently on any hormonal birth control, you'll need to go off it. Why? HBC uses a combination of estrogen and progesterone, or sometimes progesterone alone, to alter your cycle and prevent ovulation. It also thickens the cervical mucus, making it difficult for sperm to pass through the cervix and into the uterus. Some types also prevent the lining of the uterus from thickening during the cycle so that if an egg is somehow released it can't attach to the uterine wall.

It's important to note that stopping HBC isn't for everyone. People use hormonal

contraceptives for many reasons aside from pregnancy prevention. Before deciding whether this is right for you, take some time to reflect on why you might want to find your baseline.

**STEP 2:** Set a date. Going off HBC can be difficult, especially if you've been on it for a long time. While fertility returns quickly, it takes your body some time to adjust to the new hormone levels. You might have some unpleasant side effects, such as the ones I wrote about last week. Try to be open to the process, and prepare in the ways you can, such as keeping something on you in case your period catches you by surprise or painkillers in case of cramps.

I originally set a goal of one year off HBC, but two years just flew by. Your experience may not go as well so remember that you're not tied to any timeline you set. If you experience serious discomfort and realize it isn't for you, you can always start your method again. It's always best to evaluate as you go!

**STEP 3:** Choose another method and commit to it. Many unplanned pregnancies occur in between methods or when taking a break from birth control. Decide on a backup method and know how to use it. Condoms are a great option since they offer protection

from both pregnancy and STIs.

**STEP 4:** Track it! Download a cycle tracking application - I recommend Period Tracker for Android or iPhone. I love this one because it doesn't force a 28-day cycle and instead calculates your next cycle based on previous ones, letting you manually set the default. Once you have a few months of data entered, it can help you track and eventually predict ovulation and period start and end dates.

It also lets you enter symptoms and feelings, with a large bank of pre-loaded ones and the option to add others. Every night I would sit down and reflect on symptoms I noticed that day. Some days there wasn't much, but other days symptoms were obvious. The app identifies patterns in this data and generates charts that help you discover which symptoms are associated with which parts of your cycle.

It can be difficult to maintain this daily habit. It could help to think of it as replacing the time you would normally take your pill. You might also prefer an old-fashioned paper system, in which case you can get a cheap daily agenda and keep it by your bed as a reminder.

**STEP 5:** Share with people close to you. Telling close friends or a partner what you're

doing can be helpful. They may be more supportive if you're having off days, and they may even be able to help you identify recurring symptoms.

Finally, remember that this is meant to benefit you. If you find after a while it isn't helping, then don't feel like you need to continue.

I decided to try this because I was unhappy with the side effects of every method I tried and I felt desperate. In speaking to close friends I realized this is a common experience and that my process may be useful to others.

Sometimes just hearing other people's experiences helps, so I'd love to hear from you whether you try this out or not! Share your positive or negative experiences with me on the Sex & Pancakes Facebook page and we can start the conversation around making birth control work for us.

-Melissa Fuller @mel\_ful

**Submit your question anonymously at [sex-pancakes.com](http://sex-pancakes.com) and check out "Sex & Pancakes" on Facebook. Quick health question? Just need a resource? Text SextEd at 514-700-0445 for a confidential answer within 24 hours!**

## An Open Letter to Concordia President Alan Shepard on Divestment from Fossil Fuels

Dr. Shepard,

As a student in environmental science at Concordia University and the leader of the Green Party of Quebec, I would like to take a moment to voice my support for a student led fossil fuel divestment campaign.

Concordia has the potential to become the first Canadian university to divest from fossil fuels. This is an opportunity for Concordia to make history at an international level and to distinguish itself from other institutions by sending a clear message that our institution is at the forefront of the fight against global warming.

Some of your recent statements on fossil fuel divestment show that you do not fully understand the reasoning behind the divestment campaign.

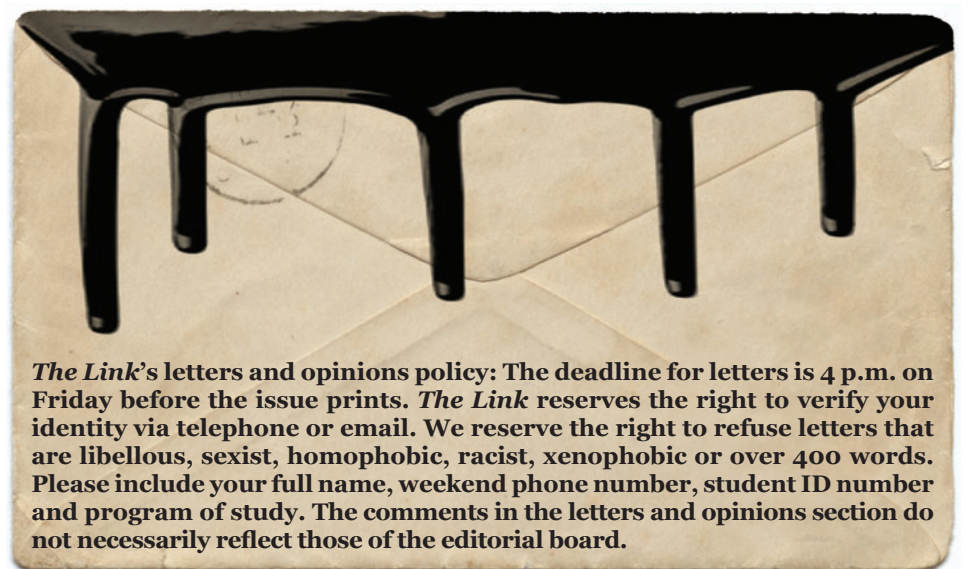
For example, you have openly stated that the university would consider divestment only if it is shown that sustainable

and ethical investments perform as well as the unsustainable and grossly unethical investments the university currently holds in the oil and gas industry.

In life, there are many ways to be financially rewarded for engaging in unethical behaviour. The principle of divestment is taking the moral high ground, and saying no to fossil fuels for ethical reasons.

While the Concordia University Foundation may be positioned to profit off an unethical industry that threatens our future, they have a responsibility not to do so. Not every single decision the university makes needs to come back to the bottom line of its bank account. If the endowment funds produce slightly less revenue because they choose the moral high ground, so be it.

—Alex Tyrrell,  
Leader of the Green Party of Quebec



**The Link's letters and opinions policy: The deadline for letters is 4 p.m. on Friday before the issue prints. The Link reserves the right to verify your identity via telephone or email. We reserve the right to refuse letters that are libellous, sexist, homophobic, racist, xenophobic or over 400 words. Please include your full name, weekend phone number, student ID number and program of study. The comments in the letters and opinions section do not necessarily reflect those of the editorial board.**



# CRUMMY PANTS

BY JEI JEI STEEVES



# BOOP

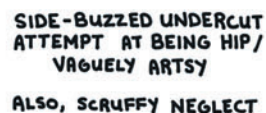
BY CAITY HALL



# POWER THEATRE

BY ALEX CALLARD

## MY LIFE IN HAIR STYLES



# BALLOON VENTURES

BY MANGEKKO JONES



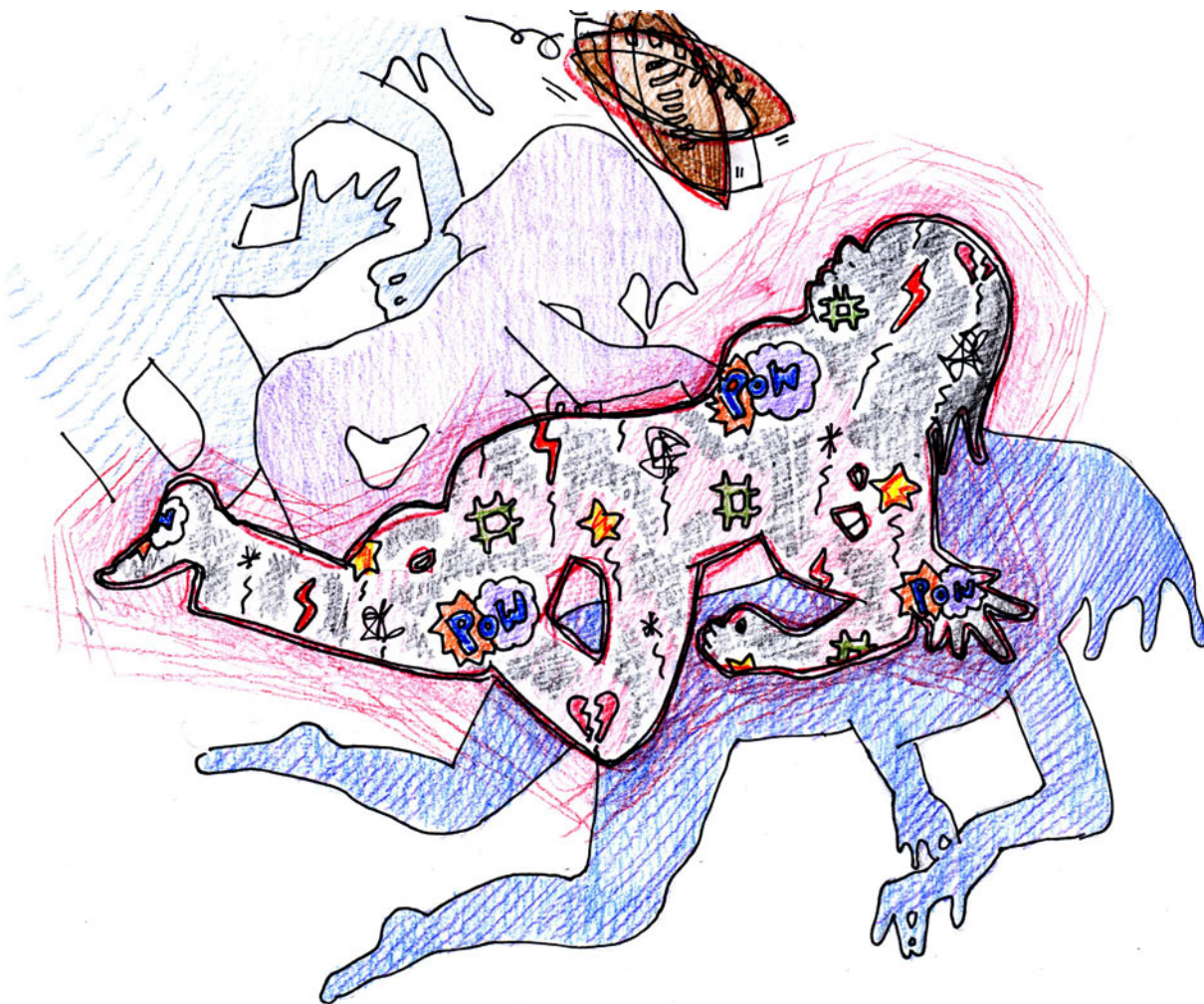
# FALSE KNEES

BY JOSHUA BARKMAN





## Editorial



# Blowing the Whistle on Locker Room Misogyny

Sport is seen as a way to bring people together, enhance social skills, improve physical condition and remain active. However, a con lies within, and a major culture shock is needed to curb it.

Athletes, often supercharged on aggression, machismo and adrenaline, feel superhuman, or at least above their opponents. Yet it becomes a problem when sport, namely its locker room culture, becomes a haven for gender denigration and violence.

In a study conducted by Pennsylvania State University in 2007, athletes in contact sports were found to be more likely to take part in violent acts outside of play. One sport took centre-stage in this study and, in light of recent events, is considered to be the most aggressive of them all: football.

Every week, new information seems to surface surrounding the infamous elevator

fight involving National Football League running back Ray Rice and his wife in February. And fellow NFL players Ray McDonald of the San Francisco 49ers, Greg Hardy of the Carolina Panthers and Jonathan Dwyer of the Arizona Cardinals have been busy fending off domestic abuse and assault charges of their own.

Ray Rice's case has led to a disturbing revelation of past leniency in disciplining domestic abusers in the NFL. Only since Rice's case made national headlines have harsher penalties been imposed on serious offenders.

Closer to home, McGill Redmen running back Luis-Andres Guimont-Mota is the latest to be arrested for alleged assault, and while details are still being released on his case, Guimont-Mota has already been convicted of assault for an incident in 2010.

College athletes in general have had their

share of domestic troubles. A study from the National Coalition Against Violent Athletes revealed that male student athletes, who make up 3.3 per cent of the United States student population, make up 19 per cent of those convicted of sexual assault and 35 per cent of domestic violence perpetrators.

Sociologist Timothy Curry examined two "big-time college" locker rooms for an article, "Fraternal Bonding in the Locker Room: A Profeminist Analysis of Talk About Competition and Women." He studied their conversations and deduced that the players "treated women like objects," "encouraged sexist attitudes toward women" and "promoted rape culture."

The locker room is more than a place for athletes to simply hit the showers. It is a place for socialization and team bonding, yet teams must be aware there is a danger of enablers

arising from athletics, whether collegiate or professional, and it doesn't help that surrounding players have the opportunity to condone such behaviour.

Whether through their coaches, or team leaders, teams need to instill that it isn't okay to view women as people who will willingly accept sexual advances after the big game.

Women don't owe the quarterback, or the star power forward anything after a big night. They don't need to be submissive, and the players must realize it.

While football players grab the most attention, and may often get in the most trouble, other athletes aren't immune to this. It's up to coaches, athletic administrations and team leaders to ensure that players stay out of trouble. It begins in the locker room.

graphic Madeleine Gendreau

## THE LINK<sup>35</sup>

Volume 35, Issue 5  
 Tuesday, September 23, 2014  
 Concordia University  
 Hall Building, Room H-649  
 1455 de Maisonneuve Blvd. W.  
 Montreal, Quebec H3G 1M8  
 editor: 514-848-2424 x. 7405  
 arts: 514-848-2424 x. 5813  
 news: 514-848-2424 x. 8682  
 business: 514-848-7406  
 advertising: 514-848-7406  
 fax: 514-848-4540

The Link is published every Tuesday during the academic year by The Link Publication Society Inc. Content is independent of the university and student associations (ECA, CASA, ASFA, FASA, CSU). Editorial policy is set by an elected board as provided for in The Link's constitution. Any student is welcome to work on The Link and become a voting staff member. The Link is a member of Presse Universitaire Indépendante du Québec.

Material appearing in The Link may not be reproduced without prior written permission from The Link.

Letters to the editor are welcome. All letters 400 words or less will be printed, space permitting. The letters deadline is Friday at 4:00 p.m.

The Link reserves the right to edit letters for clarity and length and refuse those deemed racist, sexist, homophobic, xenophobic, libellous, or otherwise contrary to The Link's statement of principles.

**Board of Directors 2013-2014:** Laura Beeston, Andrew Brennan, Colin Harris, Julia Jones, Clément Liu, Jake Russell, Graeme Shorten Adams, Erin Sparks; non-voting members: Rachel Boucher, Brandon Johnston.

**Typesetting** by The Link. **Printing** by Hebdo-Litho.

**Contributors:** Mattha Busby, Joshua Barkman, Alex Callard, Alex Carriere, Jonathan Cook, Noah Dayan, Melissa Fuller, Matt Garries, Madeleine Gendreau, Caitly Hall, Jane Lakes, David S. Landsman, Laura Lalonde, Vince Morello, Alex Ocheoha, Erica Pishdadian, Michelle Pucci, Jake Russell, Graeme Shorten Adams, Jei Jei Stevens, Leigha Vegh, Mariana Voronoska, Shane Wright

**Cover graphic** Laura Lalonde

editor-in-chief	<b>BRANDON JOHNSTON</b>
coordinating editor	<b>OPEN</b>
managing editor	<b>MICHAEL WROBEL (ACTING)</b>
news editor	<b>NOËLLE DIDIERJEAN</b>
current affairs editor	<b>VERITY STEVENSON</b>
assistant news editor	<b>OPEN</b>
fringe arts editor	<b>OPEN</b>
fringe arts online editor	<b>ATHINA LUGEZ</b>
sports editor	<b>JULIAN MCKENZIE</b>
sports online editor	<b>OPEN</b>
opinions editor	<b>OPEN</b>
copy editor	<b>OPEN</b>
community editor	<b>OPEN</b>
creative director	<b>OPEN</b>
photo & video editor	<b>SHAUN MICHAUD</b>
graphics editor	<b>OPEN</b>
business manager	<b>RACHEL BOUCHER</b>
distribution	<b>MACKENZIE KIRBY</b>
system administrator	<b>CLEVE HIGGINS</b>





**Philip Authier**

Authier is a political reporter and analyst for *The Montreal Gazette*. He was *The Link's* Editor-in-Chief for Vol. 2,



**Jennifer Ditchburn**

Jennifer Ditchburn is a Senior Parliamentary Correspondent at *The Canadian Press*, where she has won two National Newspaper Awards. She was *The Link's* News Editor for Vol. 15.



**Maria Abi-Habib**

Maria Abi-Habib was the News Editor for *The Link's* Vol. 26, and is a Middle East Reporter for the *Wall Street Journal*.



**Justin Giovannetti**

Justin Giovannetti is a reporter for *The Globe and Mail*, stationed in Vancouver. Giovannetti was *The Link's* Editor-in-Chief during Vol. 31.

For more information visit [thelinknewspaper.ca/link35](http://thelinknewspaper.ca/link35)

DO YOU HAVE AN  
EXCITING IDEA FOR  
A NEW PROJECT  
AT CONCORDIA?

Do you need money to help make your project become a reality?

Apply to the **Concordia Council on Student Life (CCSL) Special Project Fund** to help fund your project!

To find out if your project is eligible, and to apply for funding visit: [concordia.ca/special-project-fund](http://concordia.ca/special-project-fund)

**Fall Deadline: Friday, October 10, 2014 at 5 p.m.**

**Winter Deadline: Friday, February 6, 2015 at 5 p.m.**



# COMEDY NIGHTS

## Special Student Drink Prices!

AJAX ★ TORONTO ★ MISSISSAUGA ★ VAUGHAN ★ KITCHENER ★ LONDON ★ NIAGARA FALLS ★ HAMILTON ★ OTTAWA ★ MONTREAL ★ EDMONTON ★ CALGARY ★ VANCOUVER ★ HALIFAX ★ ST. JOHN'S

BUY YOUR TICKETS AND GIFT CERTIFICATES  
ONLINE AT **YUKYUKS.COM**



**OCT 2-4 IAN SIROTA**

This sharp tongued, take no prisoners comic can blend in observational humour with a family focus.



**EVERY WEDNESDAY**  
A NIGHT OF **Bilingual comedy**  
with MC **Sébastien Bourgault**



**OCT 9-11 ALEX NUSSBAUM**

Alex's uniquely silly yet clever stand-up has a universal appeal. his act has matured and gone to astonishing places.

**GROUP RATES**  
AVAILABLE AT **YUKYUKS.COM**

FOLLOW US ANYWHERE



YUK YUK'S MONTREAL  
514-272-9857  
**YUKYUKS.COM**  
1222 Rue Mackay  
in the ALLURE bar & lounge

**TIM RABNETT** **OCT 16-18**

It helps that he's extremely funny, using a deliberate, often academic approach to deliver intelligent, insightful and occasionally outrageous material.



**ARE YOU THE NEXT RUSSELL PETERS?**  
**OPEN MIC NIGHT EVERY TUESDAY**



**OCT 23-25 HOWIE MILLER**

His quick wit and unique point of view on multi ethnic stereotypes is enjoyed by all audiences, regardless of age, race, or sex.

**HEIDI FOSS** **OCT 30-NOV 1**

Her dry, deadpan delivery has earned her three televised galas as a part of the Just for Laughs festival in Montreal

