

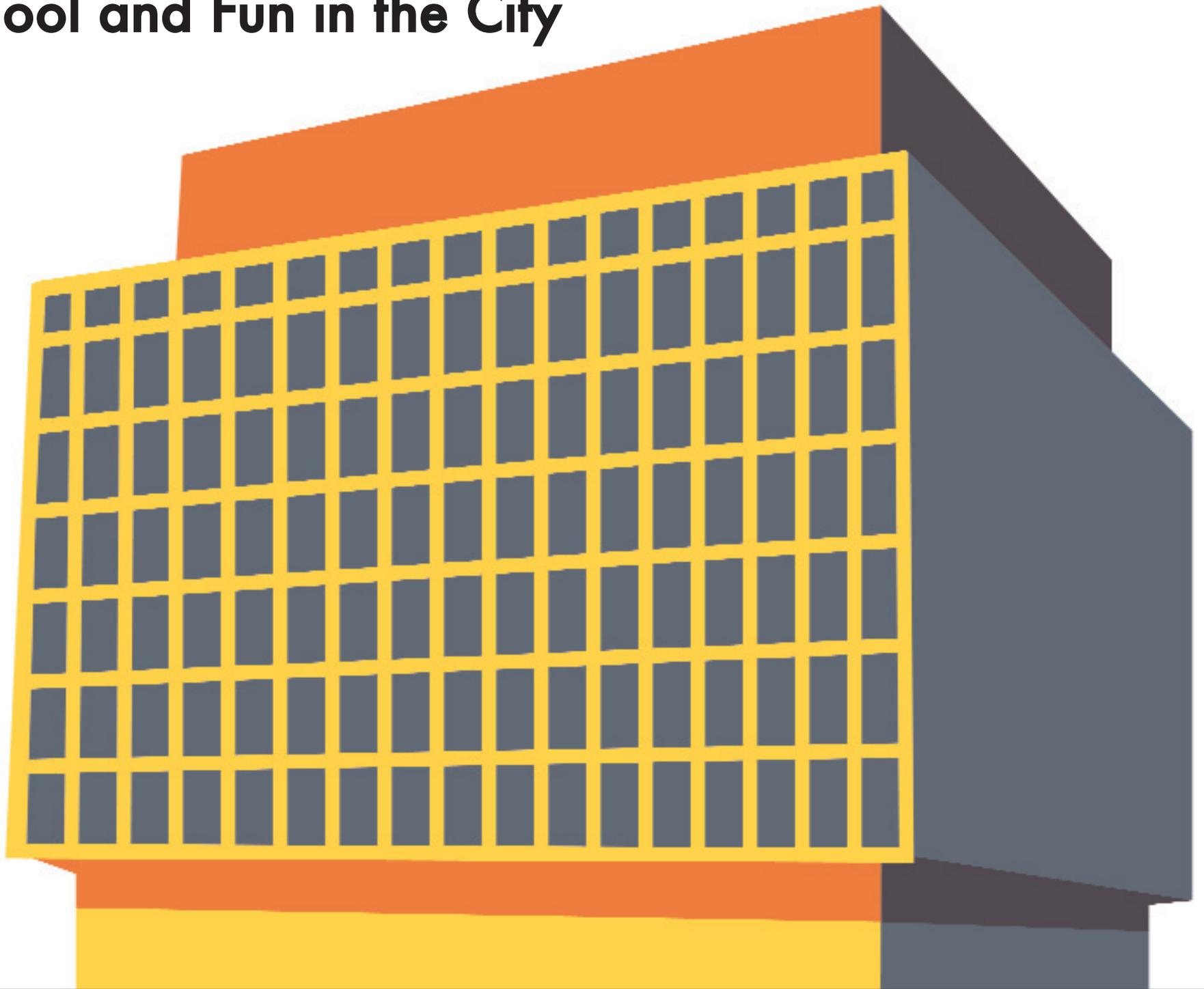


LINK

CONCORDIA'S INDEPENDENT NEWSPAPER SINCE 1980

GETTING ORIENTED

The Link's Guide to Life,
School and Fun in the City



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**FIGHTING ON TWO
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Peluso's CUPFA presidency is coming to an end. What's Next? P4

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German metal band We Butter the Bread With Butter come to North America for the first time. P11



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The C4 club is no more, and it's a sign that policies are in need of updating. P33

NOT SLOSHED DURING FROSH

Faculty orientations should be accessible for all, regardless of religion. P35

COMBATTING POLITICAL PROFILING

Katie Nelson says Montreal police have been treating her differently since she filed a lawsuit against them last week.

"I [saw] a cop the other night, and I haven't seen any since [the lawsuit] came public, and he was a cop from the strike," she told *The Link* last week, referring to last year's Quebec student strikes which saw a clash between thousands of protesters denouncing increases to university tuition and an increasingly heavy-handed police force.

"[Police] were harassing these kids from France, so I was videotaping 'cause I felt like I should, and they were very interested [in the case]."

But what the officers seemed concerned with seemed rather odd to her.

"They were very curious as to whether I was Democrat, which

was really weird," she said.

While she maintains she was treated well, one officer "told the other cop that, 'you know, Katie's kind, but she makes us look bad,'" Nelson said.

Nelson, a first-year philosophy student at Concordia, filed a lawsuit against the City of Montreal and the Service de police de la Ville de Montréal last Tuesday. She alleges she has been the victim of harassment at the hands of police officers since becoming involved in the student strikes last year.

Having received 33 tickets in the last 15 months—amounting to over \$6,500 worth of fines—she also argues police are unfairly targeting her, with charges against her ranging from swearing in public, jaywalking amidst a marching protest of thousands of people,

and spitting on the ground.

Nelson and her attorney—constitutional lawyer Julius Grey, who is fighting the case pro-bono—are asking for \$24,000 in damages.

"The whole goal of this is not to win money, but to set a legal precedence for, I guess, radicals or any activists, really," she said.

"We're trying to set legal precedence against political profiling, which is really huge in Canada and something I think a lot of [activists] have been working [on] for a while," she continued.

"That would affect people in Toronto, that would affect people in Vancouver, in Alberta, where all these activists that are being persecuted for their beliefs."

▶ Continued on page 6.



Photo by Michael Wrobel



Photo by Erin Sparks

THE LINK ONLINE

FRINGE CALENDAR

Stay frosty on Montreal's coolest events.

A UNION OF UNIONS

Concordia's technicians, office staff, library workers and other unions have called a rally Tuesday, hoping to pressure Concordia to the bargaining table. Look for coverage later this week.



Photo Pierre Chauvin

FIGHTING FOR TRANS ISSUES

The Centre for Gender Advocacy filed a human rights complaint for all trans people in Quebec, to push back on changes to gender ID laws. Read more on our website this week.

LINK RADIO

We're back on air! Tune in to CJLO 1690 AM this Thursday from 11:00 a.m. to noon to hear our first episode of Link Radio this semester.

A GOVERNOR FOR STUDENTS

As Maria Peluso Moves Up in Concordia, Unions Still Grapple with Sluggish Negotiations

by Colin Harris @colinharris

When speaking with outgoing Concordia University Part-Time Faculty Association President Maria Peluso, it becomes clear quite fast just how much she cares about the university.

And when she says “the university,” she means its students—first and foremost.

The political science professor and former Concordia Senator has earned a reputation as someone who gets things done.

“It’s a university community,” said Peluso. “It’s not them, us, the Board, the corporate—at least Concordia’s history is not that.”

“Until the day I die I’m going to try and reinforce those elements that bring us together.”

Beside her “chief gladiator” David Douglas, the union’s Communications Chair and Peluso’s successor, Peluso spoke with *The Link* as her time as CUPFA president comes to a close.

She speaks with the kind of authority only someone with a deep understanding of how this place functions can. Her role at the university is shifting, having been voted in as a Board of Governors member, the highest decision-making body at Concordia.

Peluso has seen many administrators come and go in her 21 years as CUPFA president, and the ever-growing importance Concordia holds in the local economy.

In her trademark style of toughness, she’s quick to point out there is still much work to be done.

“Concordia’s chief problem is that of transparency in finances and human resources, which we call, by the way, the department of human annihilation,” she said.

Peluso says Concordia takes longer than anyone else to negotiate, a statement often heard from the university’s other unions as well—all but one of which are currently working under an expired contract.

It’s a process that’s gotten worse in

Peluso’s time at the university. In the past year, she says that 250 grievances had been filed with the university for not respecting previous agreements.

CUPFA currently holds an unlimited strike mandate, meaning their members have approved the use of strike tactics in negotiations.

“They are progressing at a tediously slow pace,” said Douglas. The university cancelled five summer negotiation sessions, and took eight dates in the fall when CUPFA offered them 20. The first fall session is Sept. 9.

“Positions should revolve around two or three issues [...] we have a long litany, the entire collective agreement is what they want to redo,” Peluso said. “It took seven years to get the collective agreement we have and they’re not implementing it.”

For things to improve, CUPFA argues that the university’s entire negotiation team needs to be replaced.

“Whether you’re a part-time faculty member or a student, there are a number of people in the university administration who didn’t take those people all that seriously,” said former Concordia Student Union President Lex Gill.

In the time that the university’s part-time faculty concluded negotiations on CUPFA’s last collective agreement, the Concordia University Faculty Association, which represents full-time professors, got through two agreements.

“We have no desire to harm the name of Concordia,” said Douglas. “This is where we’ve invested years of our lives. We certainly believe it is in the interest of all parties to make the process work.”

But, he added, “They’re not willing to wait seven years again.”

In her time at Concordia, Peluso has been through the trials and tribulations of dealing with a provincial government that changes course every few years.

Coming from Ontario, Peluso was shocked by the reality of working with the government in Quebec.

“I was traumatized when I came here; I didn’t realize how screwed up education policy was here in Quebec,” she said. “It’s something we at CUPFA have monitored from elementary school to high school to CEGEP to university—they interfere a lot.”

“That’s not bad if you have a game plan that’s going to last a long time, but it’s really bad that this regime changes every time you have a new minister.”

Her institutional knowledge proves invaluable, not just for CUPFA, but for the university community as a whole.

“When I started at TRAC [the Teaching and Research Assistants at Concordia union], she was the first one I went to for advice,” said former TRAC President Robert Sonin. “I went to her with our collective agreement and asked for help on that. I would have been completely lost if I hadn’t had her help.”

“When it comes to the lay of the land of Concordia, no one knows it better than her,” he continued. “She’s a voice the Board absolutely needs to have.”

Peluso was part of the review committee that was charged with finding ways to ease the “culture of contempt” that an external report had found within Concordia’s governance.

The Board of Governors has since been scaled back from 40 voting members to 25, with a mix of internal and external members. The new Board, she says, is a “breath of fresh air.”

“Just look at who we’ve got as the chairman of the board: a wine expert. And he did a very good job of the SAQ while he was there. He is very sophisticated and very laid back,” said Peluso about Board of Governors Chair Norman Hébert Jr. It’s marked improvement from the top-down govern-

nance style she had seen in recent years.

And now Peluso will get to put her skills and determination to a different task—sitting as a Governor herself. She’s optimistic about the new faces in the university’s upper administration, but says things likely won’t move as fast as she’d like them to.

“It’s going to take them some time because you’ve got to dismantle the mistakes and create something different. [Concordia President] Alan [Shepard] loves students, you can feel it.”

Peluso’s emphasis on social justice and access to education at Concordia fuels her passion, which those who have worked with her are quick to praise.

The causes she pushes for, be it maintaining quality of education or accessible student housing downtown, are not because it’s simply her job, but because she genuinely feels it is essential for the betterment of students.

“It’s really interesting to see a woman in a position of leadership who is not afraid to express that emotion, to say ‘I am so sad about this’ or ‘I am so frustrated about this,’” said Gill.

“She builds such powerful relationships that way.”

Gill led the CSU executive during the Maple Spring, and says Peluso was instrumental in the contribution Concordia made to the student movement.

“She really put herself on the line to publicly support the students when anyone else wouldn’t have, especially with how the Concordia administration reacted at the time,” Gill said.

Peluso also helped ensure Concordia was closed on March 22, so students could freely participate in the Day of Action against tuition hikes.

“It was a gutsy thing to do, to make accommodations for students on strike, to not penalize students on picket lines,” said Gill.

—With files from Corey Pool



Maria Peluso (centre) served as CUPFA president for 21 years, during which she saw many administrators, like former president Frederick Lowy (third from left, left photo) come and go. Photos courtesy of Maria Peluso.

TALKING WITH THE PRESIDENTS



Concordia president Alan Shepard. Photo by Corey Pool



CSU president Melissa Kate Wheeler. Photo by Erin Sparks

by Andrew Brennan @Brennamen

Continuing the tradition of *The Link's* Talking With the Presidents series, News Editor Andrew Brennan sat down with the presidents of Concordia and its student union to talk about getting oriented, getting results and getting back into the swing of things for a new year.

One year into his tenure as Concordia president, **Alan Shepard** has settled into his role—but that doesn't mean he is going to get complacent.

"I have several things I am thinking about with my team," said Shepard, mentioning that a major focus will be on what he refers to as "academic renewal."

This includes more efforts to support multidisciplinary research, according to Shepard, with about 10 "strategic hires" added to the university's payroll to promote the effort.

"These are multidisciplinary hires designed to cross departmental, academic and intellectual boundaries, because a lot of the most exciting work in higher education and universities is taking place in the interstices between two disciplines," said Shepard.

"We're setting aside a base funding to hire people who can make those kinds of multidisciplinary leaps and contributions," he continued. "Students, I think, want this and people find it very exciting to see their own discipline intersecting with others in new ways, so that's kind of a key goal."

On Beta-Testing Blended In-Class/Online Courses

"We need to continue grappling with online learning—the way in which it's going to change not just Concordia, but every university on the planet, and we probably need to accelerate our engagement with that change," he said.

"Where I think the real action is, is in the blended [courses]—so partly online, partly face-to-face.

"We've appointed a new Vice-Provost just this week, Cathy Bolton, in teaching and learning [...] she's fully engaged in questions of online learning and the beta-testing [of them], so what we've agreed as an executive team is that we're going to go ahead this year with some experiments and we're going to set aside some money."

On the Proposed Quebec Charter of Values

"It is a contentious issue; there's really been no discussion in the administration yet about it. I've had a couple of profs write to me expressing their distress," said Shepard.

"Individual faculty members are certainly free, this is what academic freedom is all about; they can react. As a university president I don't have the same luxury of reacting that way [...] I have to think always about protecting and promoting Concordia University rather than my own particular ideas about these matters.

"What I said to the profs was: one of Concordia's great strengths is its diversity, and I mean that quite sincerely," Shepard added.

"There's almost no business that I can think of now where you can pretend it's not a global world and succeed. So, we need to have a community that's really diverse—and we do and it's a huge strength for us—and I would do everything that I can to protect

that diversity and to celebrate it."

From the Student Perspective

She may have taken office three months ago, but with school back in session and Orientation beginning as this issue hits the stands, Concordia Student Union President **Melissa Kate Wheeler** is running around more and more and sleeping less and less.

"I'm at Aubut [a food distributor] right now and we're picking up the most club soda I've seen in my life, tablecloths, onions, Doritos, everything that we need," she told *The Link* Sunday, adding that it was one of the final stops in "the last big scramble" before the CSU's Orientation starting Tuesday, Sept. 3.

Orientation may only last until mid-September, but Wheeler said she believes it sets a tone for the year. With one of her major goals being revitalizing interest in student politics among undergraduates, the CSU has its work cut out to build on any potential successes gleaned from Orientation.

On Budding Relations

"Building relationships with the faculty associations has been a big priority for us, [as well as] building relationships with our students by throwing them an amazing Orientation Week and continuing to throw events that engage them and inspire them to get involved," Wheeler said.

"We've had to make some changes to the way certain things are done, especially during Orientation. And we were a little bit concerned—like the concert, for example, isn't free this year, it's \$10.00—but it's an amazing location and we were able to get two really great DJs.

"And so far, we've been met with overwhelming support and excitement from students who've talked to us about this event."

On Being a Senator and on the Board of Governors

"I'm ready for the challenge, I'm reading up a lot on university policy, going through a lot of documentation to prepare myself for it, because I don't assume to really understand what I've gotten myself into at this point," Wheeler laughed.

"Erik Chevrier is the graduate student representative, Melanie Hotchkiss is the alternate governor for undergrads, and the three of us, I think, make a good team of student reps.

"So I'm really happy to be working with them, they're very, very strong. I take [governance] very seriously and I'm preparing really, really hard for it."

On Breaking the CSU Mould

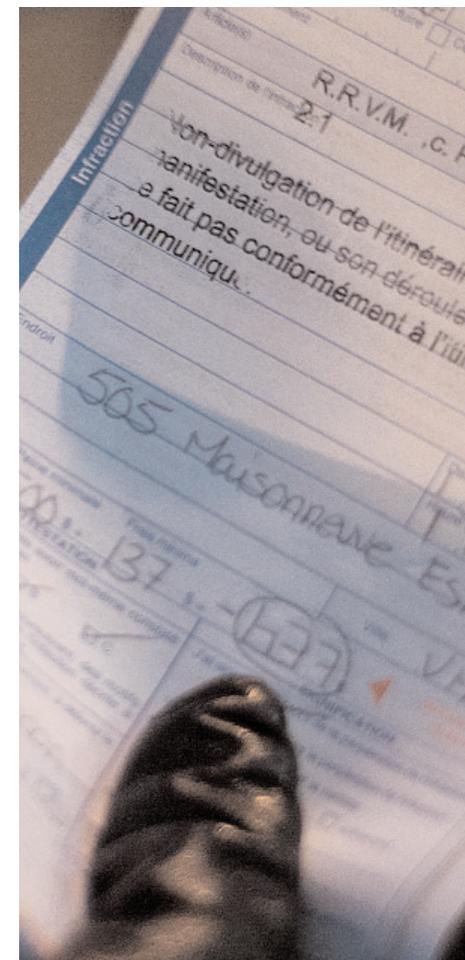
"I think the most important thing for us this year has been not being afraid to take chances and not being afraid to go against the status quo of the CSU, because there are some things that have been done year in and year out that just don't work anymore," said Wheeler.

"Identifying those [things] and trying new things is terrifying sometimes, because you don't know how it's going to go," she continued.

"But we have a strong team and a good sense, I think, of what we need to do."

KATIE NELSON CHALLENGES POLICE, STUDENT POLITICIANS'S

Activist Calls For Support From CSU As Police Lawsuit Looms



Concordia student Katie Nelson (middle) alleges the thousands of dollars worth of fines she's received are the result of political profiling. Left photo Marco Simon-Sereda, right photo Brandon Johnston

by Andrew Brennan @brennamen

▶ Continued from page 3.

But as to why more cases have not been brought forward in Quebec courts denouncing the alleged actions of the SPVM, Nelson, who considers herself an anarchist, says it's hard for fringe groups to trust the rest of society.

"I come from a community that doesn't agree with anything in the world," she said.

"Anarchists are really cautious before they use the justice system or the media as tools, and I think that's why we don't see more legitimate ways to fight against the police.

"I think I see a lot of tactical and really strong organizing underground, but not in the conventional methods of society."

A Matter of Pride

Nelson, who is originally from Alberta, only moved to Montreal last May.

Though it was the height of the student strike, Nelson says that her problems with police only truly began mid-summer, after she created a Facebook group compiling information on officers that she says were engaging in police brutality.

"We created a group that would provide every piece of evidence that somebody needed so a complaint wouldn't just go away," she said.

"That pissed cops off, because we were taking pictures of them with [...] their badge number.

"I think that's when they started to become more personal about it. I would get a ticket for

everything."

According to Nelson, who has no charges of violent behaviour against her, police began ticketing her for whatever they could, such as jaywalking and uttering swear words.

"It was kind of like they lost a little bit of pride," she recalled. "They tried really hard to put on criminal charges or intimidation charges or whatever and they didn't work, and so instead they went after anything else.

"They couldn't just let it go."

Because of the number of tickets she's received, the majority of Nelson's charges that have yet to see a date in municipal court have been compiled and will be collectively ruled upon on Jan. 10, according to Nelson.

But with her upcoming case before Quebec's Superior Court, that may change.

"I don't think they can even come to a conclusion because it's ongoing in Superior Court, but it's pretty clear with the tickets—and the cops that have given me the tickets—that something else is going on, and I think that the prosecutor's going to look at that," she said.

"On top of that, a lot of the tickets are invalid to begin with; there's no possible way I could even be guilty because they're not valid tickets.

"I don't expect them to come to a decision [...] but if I was guilty I imagine we would appeal it.

"I'm not a lawyer or anything, but I feel if they ruled me guilty, it would give us more amp in the lawsuit."

CSU Issues

Her lawsuit may be ongoing, but Nelson still has

other things on her plate. The 21-year-old is beginning classes at Concordia this semester.

"I don't know Katie Nelson, and I have only the vaguest awareness of her situation; I don't want to comment because it's all before the courts," said Concordia President Alan Shepard.

But Shepard did say he is not a fan of the university name being "broadened to a situation where Concordia really had nothing to do with it."

Though a Montreal Gazette story originally identified Nelson as a soon-to-be student, much of the subsequent press identified Nelson solely as a current Concordian.

As for the Concordia Student Union, Nelson says the CSU has some promises to keep.

In an emergency session on March 28, the CSU voted unanimously to publicly denounce municipal bylaw P-6, which requires that a route be provided to police at least 24 hours before all protests set to take place on public property, and further restricts the wearing of clothing that hides one's face. Failure to comply with the bylaw could result in the protest being declared illegal.

While not widely used over the course of the student protests against tuition increases last year, SPVM officers have escalated their use of the bylaw since February—often detaining protesters *en masse* by corralling and boxing in the entire group in a tactic known as kettling.

While the vote was made public, a letter that accompanied the original motion decrying the SPVM's tactics has not yet seen wide release. The letter was written by VP Sustain-

ability Benjamin Prunty, who served as a CSU arts and science councillor at the time.

While both Prunty and CSU President Melissa Kate Wheeler say there is no specific reason that the letter was not released, Wheeler claimed the responsibility lay with last year's council and may have been overshadowed during the transition.

But her executive is not done with P-6, she continued.

"What we'll have to do is continue to discuss it with our council and see what direction they'd like to take and then we'll honour that and take that direction," said Wheeler. Though with all resolutions being binding, they must respect the decision of last year's council, she added.

As for Nelson, who has received multiple tickets for P-6 infractions, she says she wants results.

"The important thing is that the CSU passed a motion last March against the SPVM and nobody really followed through with it," she said, adding she wants Prunty's original letter released as well.

"I think students should see it, and I think the media should see it too, because it shows there's still solidarity within students in schools," she said.

"We need to show students there's someone backing them for people to keep stepping forward. It's not just me—it's a lot of Concordia students that were attacked."

CSU KICKS OFF ORIENTATION WEEK

by Michael Wrobel
@michael_wrobel

This year's Orientation festivities will see the addition of several new events—and the return of some old ones too—that promise to be not only a good time, but to also provide students with a unique cultural and environmental experience.

The annual Orientation activities organized by the Concordia Student Union are set to begin with the first day of classes on Sept. 3, running until Sept. 12.

"I think that the events are pretty well rounded [this year]," said CSU VP Student Life Katrina Caruso. "I will be happy with seeing people have a good time, and I will feel good in hearing positive things coming back from the [university's] administration and also security."

Caruso said there has been a "really supportive, healthy atmosphere" between the university's administration and the students involved in organizing Orientation events, who have been collaborating to ensure that the two weeks of festivities are fun and safe for everyone.

Affordable Art

Caruso, a fine arts student majoring in art history, says that she loves "supporting student initiatives and [...] local, young, emerging artists." It shouldn't be surprising then that she jumped at the opportunity to hold an art fair with Überculture, a group of art-loving Concordia students and recent graduates working for social change, when the possibility presented itself.

"We have a very creative, rich culture at [this] university," Caruso said. "I think that we should be showing more of it off. And what better way to do that than at an Orientation event?"

Students will be able to view and buy pieces of art, trinkets and oddities created by both Concordia students and professional artists. Caruso said that everything will be "affordable" and "easily accessible" for students, many of whom might have just moved into their first apartment and are in need of something beautiful or inspiring to put on their bare walls.

Caruso also said she doesn't believe there's ever been a similar Orientation

event in the past, and she thinks it will prove to be a popular one.

The art market takes place Sept. 4 and 5 from 11:00 a.m. to 5:00 p.m. in the EV building's atrium. The event is cash-only.

Being Green

One of the returning events this year is the Sustainable Food Fest. Caruso said the event will look at "sustainability from multiple sides," providing students with information on how they can get involved in the many student-led groups looking to make Concordia and the wider community more environmentally-friendly.

The CSU had originally considered inviting more outside groups, like farmers, to come and participate in the event. But in the end most of the participants will be Concordia-based, Caruso said.

"I think it'll be a really cool way for students to understand what's going on locally and within the university," Caruso said, adding that there will be live music by punk band Riot Porn and indie singer Vivian Kaloxilos. "That's my vision for the day—fun, light-hearted."

On the whole, all Orientation events will be a little more environmentally friendly this year, with the CSU working hard to make sure that students take advantage of the composting bins that will be found at many Orientation events, Caruso said.

A "green team" wearing mascot outfits will also encourage students to use reusable mugs and promote recycling.

Other Events

The CSU's budget for this year's Orientation is \$155,000. VP Finance Scott Carr told *The Link* in June that this included the \$75,000 cost of having a big-name act at the often-expensive concert that highlights the two-week extravaganza.

The CSU announced on Aug. 26 that electronic artists Dada Life and Tommy Trash will headline that concert which—as opposed to years past—will take place off-campus at Parc Jean-Drapeau, the site of Expo '67.

Orientation events will also provide a stage for a number of smaller acts.

Two jazz bands—a Concordia-based band led by Julien Sandiford and the McGill-based Evan MacDonald Quartet—will perform on the 11th-floor terrace of the EV building on Sept. 9 between 6:00 p.m. and 10:00 p.m. Students in attendance will be able to enjoy cocktails, hors-d'oeuvres and a stunning view of the Montreal skyline.

Meanwhile, Reggie's, which is owned and operated by the student union's for-profit arm CUSACorp, will host a poetry slam and open mic night from 6:30 p.m. to 2:00 a.m. on Sept. 11. Students are invited to come and watch others "perform their acts and creations," according to the orientation website.

The CSU also printed 11,000 copies of its annual handbook this year. The agendas, which contain a wealth of information on services and student groups at the university, will be distributed to students for free at both the Sir George Williams and Loyola campus CSU offices, located in the Hall and SC buildings, respectively.

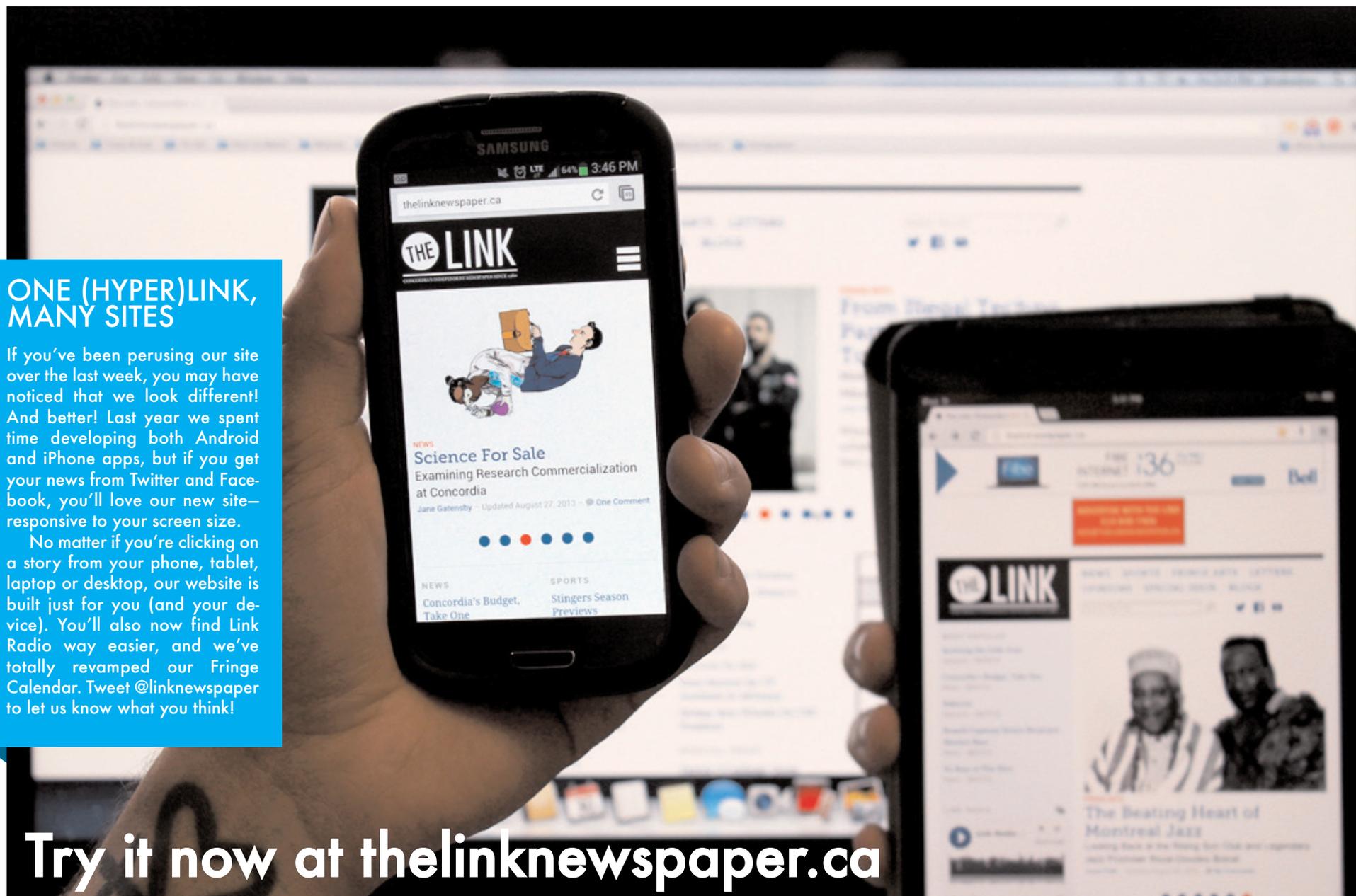
Caruso also said that CSU staff would be giving out the handbook to students buying their books at Concordia's two bookstores.

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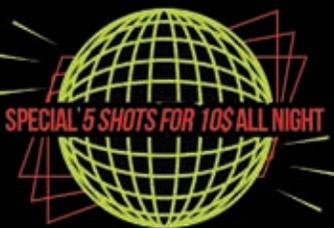
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CONU PROF ENTERS RACE FOR SUD-OUEST BOROUGH MAYOR

Jason Prince Promises New Ideas About Affordable Housing and Commercial Streets

by Michael Wrobel
@michael_wrobel

Another Concordia employee will run in the Nov. 3 Montreal municipal election.

Jason Prince, a part-time professor at Concordia's School of Community and Public Affairs, has announced his candidacy for mayor of the Sud-Ouest borough, running under the banner of municipal political party *Projet Montréal*.

"I've always been a keen supporter of [*Projet Montréal*]," Prince told *The Link*. "When I was approached this summer to run for mayor of the Sud-Ouest [borough], I didn't have to think a whole lot about it."

Prince said the "incredible work" done by *Projet Montréal* in the Plateau Mont-Royal borough—where no less than six of the seven elected city officials are members of the party—has resulted in a "major leap forward in the quality of life." He now wants to be part of the team that will bring *Projet Montréal*'s way of thinking about urban issues to other Montreal boroughs.

The 47-year-old father of two brings to the table years of experience in community economic development. He has a master's degree in urban planning from McGill University, and coordinated a research project there from 2008 to January 2013 that looked into the effects of large infrastructure investments on different neighbourhoods.

Prince has taught classes in public policy and social economy at Concordia since 2006.

He is joining Concordia's associate vice-president for external affairs, Russell Copeman, in the municipal election race. Copeman announced on Aug. 19 that he will run for borough mayor of Côte-des-Neiges—Notre-Dame-de-Grâce as part of Montreal mayoral candidate Marcel Côté's coalition.

Revitalizing Commercial Streets

If he is elected Sud-Ouest borough mayor, Prince promises to revitalize the borough's commercial streets. He says that small businesses can learn several lessons from big-box stores and shopping malls.

"There are things that shopping malls do that main streets can also do," he said, noting that small retail streets, like shopping malls, can market themselves collectively as a destination for shopping and socializing. "The main streets should be working together as a single entity. They should conceive of themselves as a competitor of the big-box stores."

Prince said that another thing shopping malls do well—and that local commercial streets can learn from—is decorating the windows of vacant stores. If they didn't do that, the empty storefronts would make for a more unpleasant shopping environment.

"That would be a strategy to consider when we're looking at [revitalizing] the main streets; to make sure that even when a store has closed, there's something animating the window," he said.

Adding more benches and tables, as well as opening temporary fruit and vegetable stands during the summer, could help to liven up a commercial street and create a destination where people want to go, according to Prince. He told *The Link* he is committed to solving problems collaboratively with local merchants' associations and community organizations.

"One of the things I'd like to do [...] is to walk that street with the merchants' leadership and start talking about what we can do," he said. "There are strategies and tactics that we can use to try and improve the shopping experience for people."

Creating More Affordable Housing

Another priority for Prince is increasing the amount of affordable housing within the Sud-Ouest borough. He said the borough already has a lot of public housing for low-income families, but that there's also an "eroding [supply] of private rental housing that has historically been among the cheapest in the city."

Public housing, he said, is mostly the responsibility of the provincial and federal governments, and he'd make it clear to other levels of government that public housing is a priority for both the city and the borough.

He'd like to see an increase in de-commodified housing, with more private rental housing bought by non-profit organizations.

But it's not just low-income families that are feeling the pressure of rising property prices in urban areas, according to Prince.

"The middle class is leaving the city partly because of the price of off-island homes," he said, mentioning that properties in the suburbs are often more affordable.

"I think that, more than we might expect, if given the choice to buy [a house in the inner city that is] decently sized and competitive on the price with suburban living, they would jump on it."

"The problem is that the private market is not delivering," he continued. "Developers are not delivering the kind of housing that people want, at the price that they're willing to pay."

Prince is a proponent of community land trusts, which take properties off the speculative market and provide subsidies for people with modest incomes to buy them.

For example, under the community land trust model, a condominium that might normally sell for \$150,000 might actually be sold to the first homeowner at the price of \$125,000 as a result of government subsidies.

In exchange, the condominium's price would only increase at a fixed rate, according to changes in the cost of living, for instance. The housing would therefore perpetually remain more affordable.

Prince said that Montreal can use the community land trust model to not only provide a path to home ownership for low-income families, but also to keep middle-class families in the city, creating another "incredible option" for people looking to buy a home.

"I think there's a place for a couple of new housing strategies in Montreal," he said.

The Sud-Ouest borough, which has 72,000 residents, is made up of the Little Burgundy, St-Henri, Côte-St-Paul, Pointe-Saint-Charles, Ville-Émard and Griffintown districts. Historically, these were mostly working-class and industrial neighbourhoods.

Photo Michael Wrobel

CITY BRIEFS

by Erin Sparks @sparkserin

Red Face in University Space

Students at the Université de Montréal have once again landed in hot water for costumes worn during the school's frosh week. Just two years ago, a group of business students were criticized for donning blackface during a frosh event. This time, students at the university were seen with red face paint, wearing headdresses and feathers, dressed as a caricature of First Nations culture. According to the CBC, the students in question were photographed during a frosh event last week, but the university has yet to release a comment on the issue.

Muslim Youth Conference Cancelled

The Muslim youth conference that was planned in Montreal has been cancelled after the Palais des Congrès, which was supposed to host the event, cited security reasons. The conference made headlines earlier in the month following criticism from the Parti Québécois government. Quebec's minister responsible for the Status of Women, Agnès Maltais, requested that the Canadian government prevent certain speakers from entering the country, claiming that the speakers failed to respect equality between men and women. So far there have been no announcements as to whether the organizers will attempt to host the event at a different location.

Disabled Montrealers Protest Living Conditions

A group of handicapped Montrealers gathered on Sunday to march in protest of the living conditions faced by the disabled in the city. The march was intended to raise awareness to the numerous issues that handicapped people must deal with in Montreal, including problems with accessible transportation and financial matters. In an article published by CTV Montreal, demonstrators cited concerns with the current transportation system, which many feel is inefficient and inaccessible. A significant proportion of the Quebec population is disabled, with one in ten reporting a handicap.

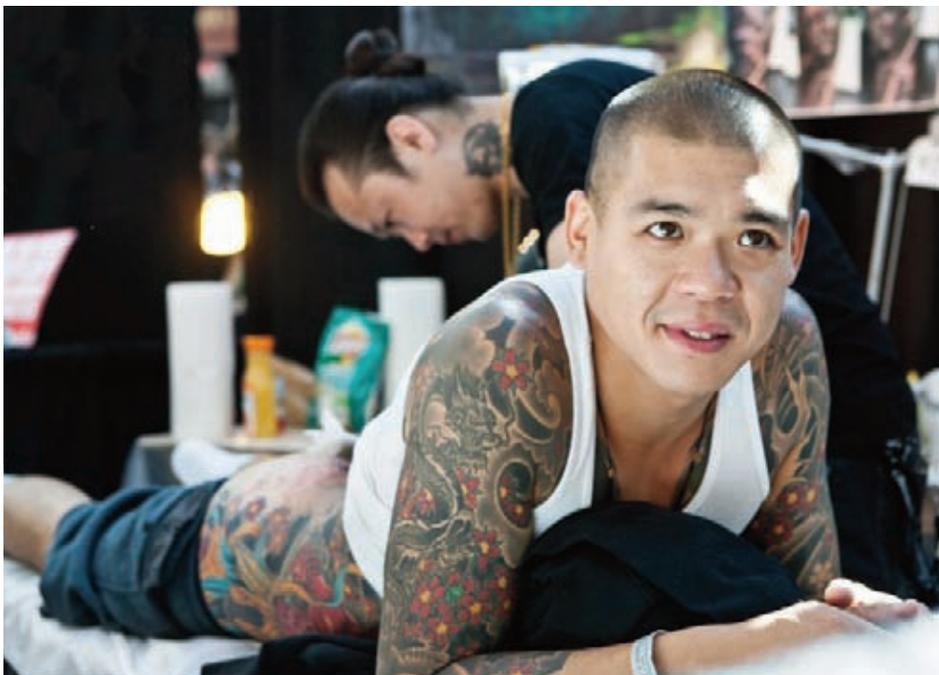
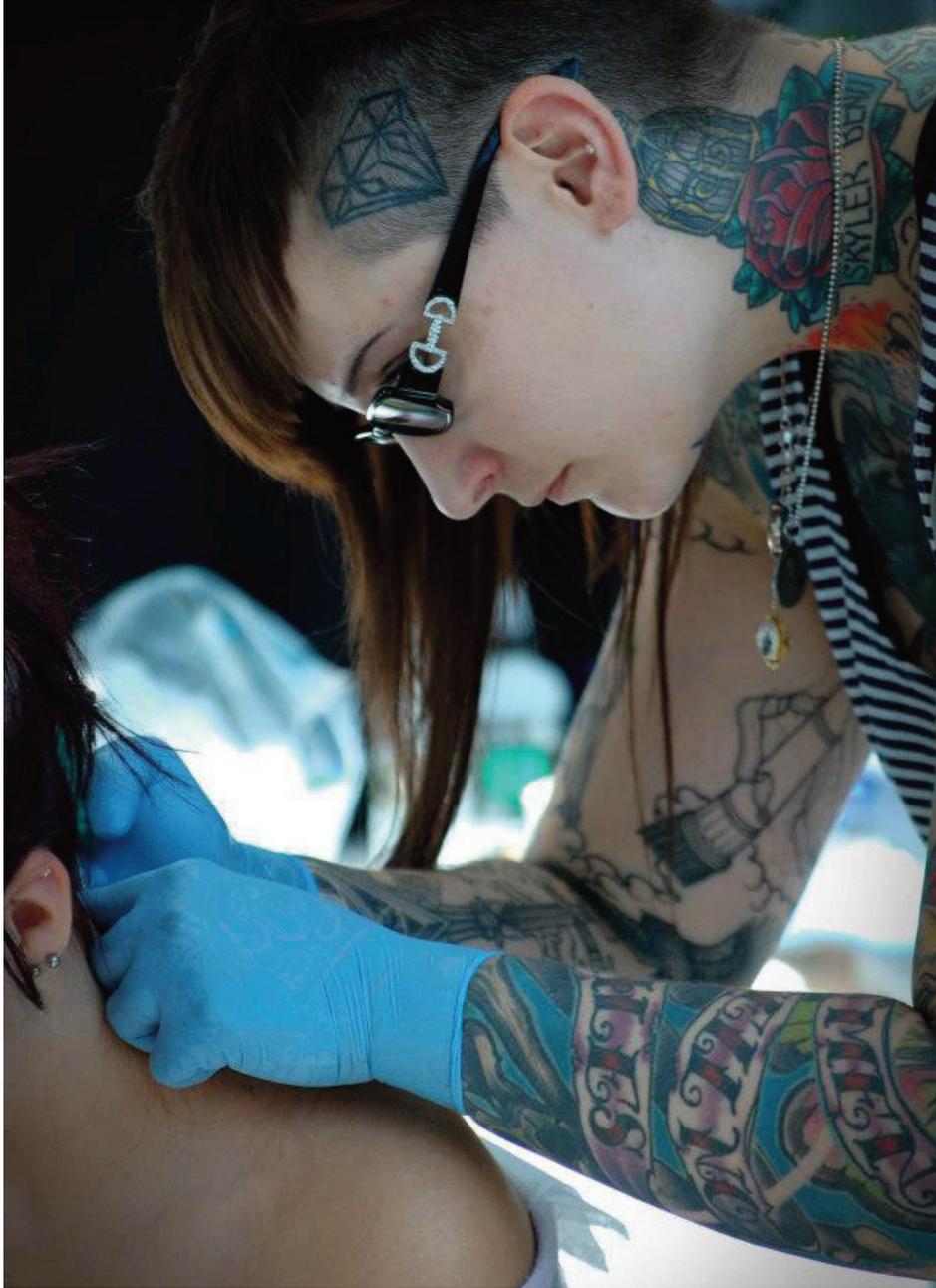
More Money for Public Transit—Maybe

PQ MNA Léo Bureau-Blouin has sponsored a petition that hopes to see an extra \$1 million every year dedicated to improving public transit in the province. Bureau-Blouin, who represents Laval-des-Rapides and was an important figure during the 2012 student strike against tuition hikes, sees the petition as important, but according to *Les Affaires*, he noted that the exact figure would be up for debate. The petition was started by Transit, a group that seeks to improve transportation in the province. Supporters can go to the National Assembly website to sign the petition, which is available until Sept. 17.



TH(INK) BIG

International Tattoo Convention Hits Its 11th Year in Montreal



Karrie Arthurs from Blackbird Electric working on a neck piece (top), and YZ Tattoo from Beijing, China showcasing their work (bottom). Photos by P-Mod.

by Milos Kovacevic

It seems like everyone nowadays has “ideas” of tattoos they would like at some indeterminate point in the future—but who among us has the cajones to sit down in the chair and feel the sweet, fiery pain of said art being injected into us for life?

Located right next to the Bell Centre, Montreal’s Windsor Station is known for putting on big spectacles like the International Beer Festival, and it’s primed to become an epicentre once more as it hosts Montreal’s 11th annual Art Tattoo show. Set to showcase over 150 unique artists from all over the world as well as various exhibits and contests, it’s bound to be a paradise for body art fans, and a visual feast for the rest of us.

One might think bringing together dozens of artists from different continents and each with their own schedules would require herculean feats of logistical ability, but as Montreal TattooMania co-owner Val Emond explains, it’s not that hard if everybody involved can’t wait to come back each year.

“It’s actually a lot easier than one might think,” Emond said. “Over the years, the tattoo artists attending the Art Tattoo show have become a family, with most artists coming back year after year.”

Even the staff, from the booth girls to the security guards, have stayed mostly constant throughout the years, creating the cohesive and close group of dedicated individuals needed to pull off an undertaking of the convention’s size.

“It’s like our own Christmas party,” said Emond. “We’re all looking forward to hanging out together each September.”

New Blood

It’s a party that has grown over the years.

“Tattoo artists are well-connected together and they talk about events they attend and like,” said Emond. “It’s how we’re able to get new artists in: the great reputation of the convention combined with the amazing city of Montreal makes us a sought-after convention.”

In addition to featuring many old faces and returning artists, anyone attending this year’s show will get a healthy dose of new talent, new art and new styles.

One of the most anticipated newcomers to the convention is Switzerland’s Filip Leu, member of a family known far and wide for its prowess and dedication to the ancient art, particularly extensive Japanese-style pieces.

Leu will indeed keep it within the family—starring alongside him will be none other than his wife, Titine, and his mother and fellow tattooer Loretta. It’ll be Leu’s first North American convention in over a decade.

As a treat for the audience, he’ll be working with Canada’s own Kurt Wiscombe—no slouch himself when it comes to carving out a reputation—on three separate backpiece collaborations, one for each day of the convention. Expect three very happy individu-

als to walk out drained and elated at the opportunity to carry the work of not one, but two masters, prominently from shoulder to shoulder. Another exhibition will see artists vie for best skull tattoo and will feature both judges and prizes.

A Collection of Ink Masters

With the convention featuring so many talented artists, not all can make the cut. Space constraints mean a sign-up sheet with wait times (up to several years long!), leaving some artists as spectators-only for the event. However, sometimes everything falls into place and artists find themselves bumped from onlookers to contributors.

“I was on the waiting list for, like, three years,” said Alban Bachand of Montreal’s Exorciste tattoo and piercing parlour. “They got a cancellation and Val called me and asked me if I wanted a booth, so I said ‘yes, of course!’”

Amply bearded, self-taught and sporting ink he adorned as early as age 14, Bachand comes off as a cross between a skateboarder and a pirate, making him a perfect addition to the team. Specializing in old-style traditional tattoos that mariners proudly carried with them across the seven seas, lady luck must have smiled upon him for him to attend the convention this year.

“We are an invitation-only convention,” said Emond. “We choose attending artists based on work quality, reputation and attitude. We’re a pretty mellow bunch, and a diva attitude doesn’t go far with us.”

The invitations they send out span the entire globe.

“We thrive on bringing great artists from all corners of the world in order to give the chance to attendees to get tattooed by the best,” said Emond. “Not everyone is able to afford a trip to Japan to get tattooed tebori-style, so we’re happy to have different kinds of tattooers to present to the Montreal crowd.”

One such tattooer will be Vancouver artist Mikel Johnson of Sangha Tattoos. Specializing in tribal and blackwork tattoos, Johnson is a frequent returnee to the event and calls it his favourite convention in Canada.

A friend of Val’s since the mid-’90s, Johnson says he’s eager to see other old friends and meet new ones. When asked about who he’s most excited to meet, a cascade of names drops from his mouth.

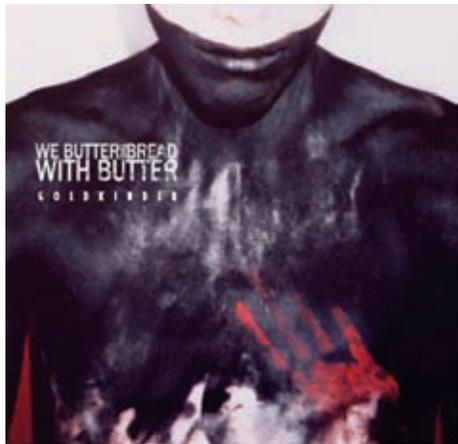
“I guess it’s a bit embarrassing,” he says after naming a few. “I could keep this list going. There are a lot of artists I want to see—my favourite thing to do is just walk, watch and listen.

“It’s like a massive tattoo shop opens for a weekend. How fun is that?”

Montreal Art Tattoo Show // Windsor Station, 1160 de la Gauchetière St. W. // Sept. 6 - Sept. 8 // Day passes \$15.00-\$20.00, Three-day pass \$45. // Visit www.arttattoomontreal.com for more information.

A TOAST TO EXPERIMENTAL METAL

We Butter the Bread With Butter Release *Goldkinder* and Embark on First North American Tour



The German metal quartet will cross the pond to promote their third full-length album, *Goldkinder*.

by Jake Russell @jakeryanrussell

We Butter the Bread With Butter have one of the strangest band names in the world of metal (a double-take is a normal response upon first reading it), and they've been defying listeners' expectations from the very start.

Hailing from Lübben, Germany, WBTBWB was originally founded in 2007 as a two-piece, made up of guitarist Marcel Neumann and vocalist Tobias Schultka—a rather unusual occurrence for a metal band, usually composed of five or six members. A drum machine in the studio, enabling inhumanly fast double bass-pounding and extremely technical breakdowns that would challenge mere mortals, stood in place of a human drummer in the band.

WBTBWB broke out of the box further by incorporating uncommon electronic elements and orchestral strings into their music, even taking one of their brutal songs "Alle Meine Entchen" and re-imagining it as a sweeping orchestral score. They've also released an all-electro rendition of another single, "Schlaf Kindlein Schlaf," whose name is derived from a German children's lullaby.

"It was just about, and will [always] be about, doing something that hasn't been there before," says Neumann.

WBTBWB also stood out with the unique and often ludicrous songs on their first release.

"Godzilla" opens with a sound bite from an old *Godzilla* film, and unleashes a reptilian roar before launching into a ferocious breakdown. The song "Extrem" features a two-and-a-half-minute breakdown that gets increasingly slower until it becomes an unrecognizable nightmarish hellscape of sound, and "Breekachu" derives its name from a combination of the sound of death metal inhaled vocals (also known as "bree," or pig squeals) and everyone's favourite Pokémon, Pikachu.

Their first full-length album, *Das Monster Aus Dem Schrank*, which translates to "The Monster from the Cabinet," was released in 2008 and garnered a huge response from the metal scene. WBTBWB proved to be so different from other deathcore bands, it seemed like they were from another planet.

Neumann never expected WBTBWB to take off—even the name was originally just an inside joke between himself and Schultka.

"Nothing was expected, we were just normal guys who wanted to play some rock n' roll music," Neumann explained.

The Bread Rises

Following a tour across Germany in 2008, the band underwent a few lineup changes, adding second guitarist Kenneth Iain Duncan, bassist Maximilian Pauly Saux and drummer Can Özgünsür.

The shift from machine beats to a human drummer turned out to be a positive change.

"The surprising fact is that it wasn't a problem at all; quite the opposite," says Neumann. "The human touch brought in a better atmosphere than before."

Together, the five released the band's second full-length album in 2010, *Der Tag An Dem Die Welt Unterging*, which translates to "The Day the World Went Down" and features a cover with an Alice-in-Wonderland-looking girl overlooking a smouldering city. The album made its way into the iTunes "Top 50 Albums" upon digital release.

Despite the album's success, Schultka left the group soon after its release and was replaced as vocalist by Paul Bartzsch, who led the way on the band's next release, the *Projekt Herz EP* in 2012.

It featured a song titled "USA," despite the band having yet to see any American amber waves of grain. The opening riff is reminiscent of American classic rock, like Aerosmith or Motley Crüe, until the synths and screams kick in. Neumann said writing lyrics usually comes after hearing the finished instrumental track, and explained that the song "sounded like driving through the USA with all its landscapes, so it fit perfectly."

Stateside for the First Time

After imagining what those landscapes look like,

WBTBWB, now a quartet following the departure of Duncan in 2012, will finally be able to see those landscapes in person for the first time as they prepare to go on tour across the U.S. The month-long journey, which has stops planned for Toronto and Montreal, coincides with the band's third full-length album, *Goldkinder*, released on Aug. 9.

Goldkinder, which translates to "Golden Children," is the band's most innovative release to date, showing a maturity that wasn't present on the first outrageous releases and traversing genres with ease.

"No genres, no barriers," said Neumann. "This is the heart of We Butter the Bread With Butter."

"We love totally different music. It goes from classic to pop to rock to metal," he continued. "If it feels right for us to do a classical or a western song, we simply do it."

Goldkinder was no walk in the park, however—Neumann says the band had about 80 songs recorded at one point, but kept scrapping and re-working them until they had it just right.

"But the process of making music is always about that: writing and writing until you find a style that makes you happy," said Neumann.

We Butter the Bread With Butter // Theatre Ste. Catherine, 264 Ste. Catherine St. // Sept 7 // 7:00 p.m. // \$15.00



BURSTING SUBURBAN BUBBLES

Similar Storylines Hold Back Tom Perrotta's Unveiling of Suburbia's Dark Side in *Nine Inches*

by Mira Sharma @MiraSilvers

Suburban life is often portrayed as the American (or Canadian) dream—simple and quiet, where everyone lives happily in a three-bedroom house with a two-car garage and a white picket fence.

But perception isn't always reality.

In his collection of short stories titled *Nine Inches*, Tom Perrotta explores our misconceptions of suburbia and reveals that what often lies behind the oak door of a suburban household is far from perfection.

Perrotta's suburban bubbles are delicately made façades that pretend to embody the American dream of a safe and peaceful life. But this mirage is threatened by the hardships and dreariness of maintaining such a life—it functions only to mask its

daily, and often heartbreaking truths.

In *Nine Inches*, the suburbs becomes a horror scene, a terrifying mix of discontent, unhappiness, lethargy, lies, deceit and prejudices.

The stories are small windows for us to peer through, allowing us to glimpse into the minds of suburbanites. Perrotta beautifully captures poignant moments in just a few pages, shedding light on realizations that often take us years to make.

The few stories told from a female perspective are written with surprising insight into the female psyche.

It is slightly troubling however, that the stories from the female point of view consistently end on a higher note than the ones from a male perspective. It is worth asking why the author feels that his heroines should always have happily-ever-after endings.

Even more interesting is that none of these women have committed any social crimes deemed "punishable." Instead, the heroines, all mothers of the same age range, start off as solitary victims before rising towards an uplifting denouement. The lack in diversity of the female characters was disappointing. Perhaps Perrotta should have read a copy of Betty Friedan's *The Feminine Mystique* on the fly.

While his female characters' stories follow a formula, the lifestyles of Perrotta's male characters are represented more diversely, coming in the forms of everything from nerd, to jock, to handsome young professional, to baseball dad, to aging old man. These stories are more balanced in

that they represent men at various ages, stages and roles in their lives, resulting in more unpredictable stories. Their tales aren't hindered by a formulaic narrative, making the stories feel more realistic despite the reader's desire for a happy ending. It often feels as though Perrotta's men lead much more tragic lives than his women.

The stories with the male point of view leave us with haunting thoughts of their uncertain futures, which is a major deviation from the women's tales. No one can ever predict the events of tomorrow, even if you try to stay within the safe bubble of middle-class life, which I believe is what Perrotta wanted to demonstrate in this collection. However, providing fluctuating narratives for his

female characters rather than playing it safe would have rounded out the book as a whole.

Perrotta shows that corruption and vices are still present in the sphere of sheltered kids and manicured green lawns. Ironically, this claustrophobic setting is the perfect environment for our insecurities to breed in. Regardless of the flaws, this collection of stories should not be overlooked—Tom Perrotta is possibly one of the best contemporary American writers of our time, and this book is perhaps his most ambitious effort yet. There is no question that Perrotta has proven himself a master writer of the suburban domain.

Photo by Erin Sparks

FRINGE CALENDAR SEPT. 3 - SEPT. 9 by Margaux Loper @LoperJune

MUSIC

1 M ton Quartier presented by M for Montreal
Sept. 5 to Sept. 7
Place Pasteur (St. Denis St. and de Maisonneuve Blvd. E.)
7:00 p.m.
Free admission
M ton Quartier promotes urban art through the presentation of the Latin Quarter's exceptional murals, with three nights of free outdoor concerts to kick off the school year.

ART

2 Street Art exhibition
Sept. 3 to Sept. 30
Fresh Paint Gallery (221 Ste. Catherine St. E.)
12:00 p.m. to 7:00 p.m. Wednesday through Sunday
Free admission
Fresh Paint Gallery showcases the work of more than twenty graffiti artists, including internationally renowned artists such as Zion, as well as younger emerging artists.

THEATRE

3 Ainsi Parlait
Sept. 3 to Sept. 14
Scènes Contemporaines La Chapelle (3700 St. Dominique St.)
8:00 p.m.
\$28.50 students / \$32.50 regular pre-sale; \$25 students / \$29 regular door
Directed by author Étienne Lepage and choreographer Frederick Gravel, the Gravel Lepage group explores the connections between speech and movement in a contemporary creative performance.

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Check out more listings online at thelinknewspaper.ca/calendar

THE ORIENTATION ISSUE





WELCOME TO CONCORDIA

You probably expect us to say something like, “This is the first day of the rest of your life,” or “You’ll cherish these times forever.” But since you’re probably reeling from final summer festivities and navigating the labyrinth that is MyConcordia.ca right now, we’ll hold off on the clichés.

We’re here to help, to offer you a beginner’s guide to Montreal, to tell you what we wish we knew in our first year at Concordia. We live in the biggest small town in the world, and you’ll learn what we mean by that soon enough. You can get pretty much anywhere you need to go by foot or on two wheels (at least when it’s not winter), and you’ll be surprised how often you’ll run into the same people. What may surprise you most about this city is how *laissez-faire* everything really is—for better or for worse.

Because all of us at *The Link* have been through that frazzled first week, we offer here a roadmap for what Mark Twain called the “city of churches,” focusing on student-heavy areas of central Montreal. But once you get to know these spots, explore the rest. This city reveals itself to those who wander through it.

We’ll be here to help you sift through the madness, online, on the airwaves and on stands every Tuesday.

Welcome to Concordia. We’ll keep you apprised on what’s going on in this colourful, crazy place we call home.

—Colin Harris, Katie McGroarty and Jayde Nörstrom, Special Issue Coordinators

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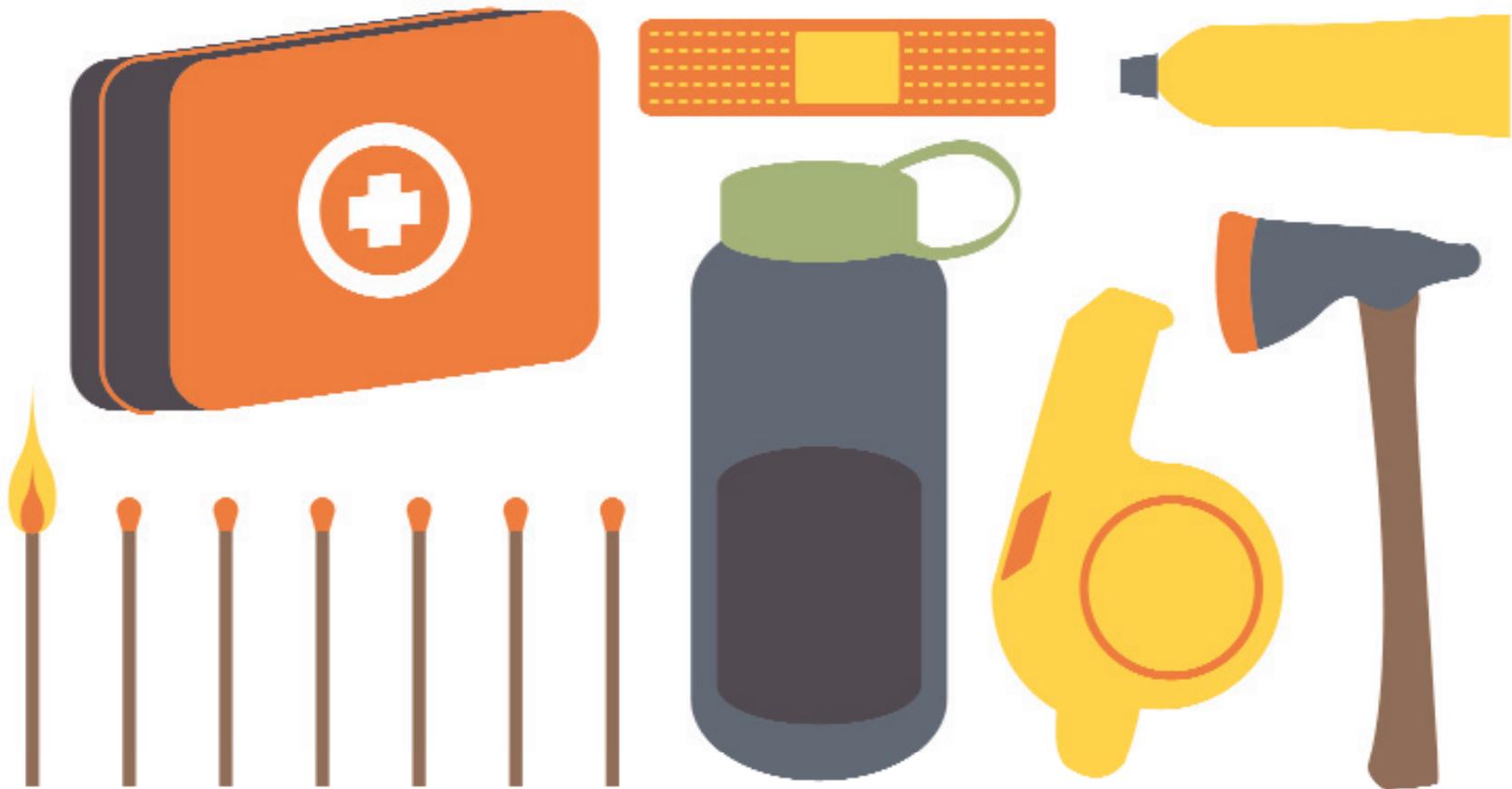
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RESOURCES

by Andrew Brennan

Birks Student Services Centre: A hub for university-run services, the centre is located on the first floor of the Library Building. At Birks you can do many things, including pay your tuition, get a new student card, request official transcripts and get your OPUS form stamped to get your discounted monthly bus/metro pass.

Student Success Centre: New student? Got questions? The Student Success Centre has the people with answers—namely other students. Here, seniors mentor younger students and show them the ins and outs of Concordia. Whether you're looking for a tutor or hoping to find out more about campus life, the SSC is here to help.

Shuttle Bus Service: Loyola may be only about four kilometres from the Sir George Williams campus, but by public transit it still takes over 35 minutes to get there. By shuttle bus—which departs both downtown and Loyola every 10-15 minutes during peak hours—that commute is cut down to only 20 minutes, barring heavy traffic.

Co-Op Bookstore: Calling itself a “not-for-profit alternative to corporate bookstores,” Concordia’s co-op book retailer is located at 2150 Bishop St., just up the street from the Hall Building. Members are offered added discounts and only have to pay a one-time fee of \$10.00. This is also a good place to get used schoolbooks at a discounted price. Visit co-opbookstore.ca for more information.

Financial Aid and Awards Offices: All inquiries regarding scholarships and bur-

saries can be brought here, in room GM-230 of the Guy-Metro Building. A comprehensive list of all offered scholarships and bursaries is available online at faao.concordia.ca, where you can also find information on government student aid requirements.

Concordia Student Union: Politicians aren't a resource, per se, but the CSU offers plenty of services to students and are here to represent you however they can. Their reception office is in the Hall Building in room H-711, and they also have a website, csu.qc.ca.

CSU Legal Information Clinic: One of the CSU's plethora of services, the LIC is here to answer your law-related questions and concerns. Check out their office in the Hall Building in room H-731, where volunteer law students have a precedent of being ready to help.

CSU Off-campus Housing and Job Bank: Better known as HOJO, this CSU service offers workshops on apartment hunting, legal information on tenant rights, and even has its own classifieds where you can scour for some new digs. Find them online at hojo.csu.qc.ca or in room H-260 of the Hall Building.

CSU Health and Dental Plan: Dental bills are expensive—but they don't have to be *that* expensive thanks to the CSU's health coverage. All full-time students are automatically opted into the service (part-time students have to pay roughly \$300), which covers prescription drugs, pays roughly 50 per cent of dental costs and even includes optometry (glasses). Find out the extent of your coverage at ihaveaplan.ca.

Health Services: Rumbly in your tumbly? Or worse? Concordia's in-house medical team can help with that. Centres are open Monday to Friday in rooms GM-200 and AD-131 (at the SGW and Loyola campuses, respectively). Hours are 9:00 a.m.-5:00 p.m. at SGW and 9:00 a.m.-11:30 a.m. and 1:00 p.m.-4:30 p.m. at Loyola.

Counselling and Development Office: Mental health is a fragile thing, and everyone needs help sometimes. Counselling and Development has trained psychologists on staff, offers workshops and one-on-one counseling for personal, educational or career-oriented questions and issues, and even has a new student program. Their office is located in the Hall Building in room H-440 and in the Administration Building, room AD-103, at the Loyola campus. You can also check them out online at cdev.concordia.ca.

Centre for Gender Advocacy: A student-funded and student-run centre, the Centre's mandate is two-fold: to provide peer support, safer sex resources and transgender health services, while also being a campaign centre advocating for missing and murdered indigenous women, victims of sexual assault and harassment, and transgender health issues.

They also have partnered with the Counselling and Development Office to open a sexual assault centre, which will arrive later this academic year. Find them at 2110 Mackay St., or online at genderadvocacy.org.

Office of Rights and Responsibilities: This is the place to go if you think you have experienced harassment, discrimination, or any violence from other ConU students.

You can meet with their advisors at their office, located in the Guy-Metro Building in room GM-1120, or find out more at rights.concordia.ca.

Student Emergency Food Fund: If ever you can't afford food, head to the Multi-Faith Chaplaincy's office at 2090 Mackay St. The chaplaincy can provide you with gift cards for grocery stores so you won't go without.

The People's Potato: 37 cents per credit goes a long way when it feeds you everyday. Open every weekday between 12:30 p.m.-2:00 p.m. (except holidays), The People's Potato is a collectively run soup kitchen located on the seventh floor of the Hall Building. Bring your own dishware so you can get in the express line!

Advocacy and Support Services: An umbrella of services, Advocacy and Support Services encompasses the Access Centre for Students with Disabilities, the Aboriginal Student Resource Centre, the International Student Office and the Student Advocate program. Located in the Hall Building in room H-645 (right down the hall from *The Link*, if you feel like saying hi), Advocacy and Support has different programs and resources for many groups at Concordia, which are listed and explained at length at supportservices.concordia.ca.

Ombuds Office: If ever you disagree with Concordia rules or policy, the Ombuds Office can offer you impartial counseling on your options. They are independent of the university, which allows them to remain confidential. They are located in the Guy-Metro Building in room GM-1120.



RESTAURANTS

by Michelle Pucci & Flora Hammond

Montreal has a reputation for having tons of restaurants and students have a reputation for having no time—or motivation—to cook. So whether you're looking for a cheap dinner spot to take a break from the library or a tasty place to spend some good times with friends, we've compiled a list of yummy must-try places for you.

Restaurant Nilufar (1923 Ste. Catherine St. W.): It has the cheapest, freshest falafel you'll find downtown. Your belly will be satisfied with the famously affordable falafel-soup-juice trio.

Pizza St-Viateur (15 St. Viateur St. W.): Yummy pizza with creative toppings and a super tasty thin crust. Decent prices and delivery until 11:00 p.m.

Patati Patata Friterie De Luxe (4177 St. Laurent Blvd.): No secret to Plateau-dwellers, this diner's reputation is well-deserved. Vegetarians, try the fried tofu burger.

Omnia (177 Bernard St. W.): Westernized Korean food. A good alternative to Restaurant Ganadara downtown, but with steeper prices. The best part about this place is that they serve relatively affordable brunches. And who are we to refuse hangover bibimbap?

Momesso Restaurant (5562 Upper Lachine Rd.): The family of former Montreal Canadiens player (and former Stingers assistant coach) Sergio Momesso owns an Italian restaurant with a sports bar vibe in N.D.G.. Take the 90 bus east and try their sausage sub.

Le Frigo Vert (2130 Mackay St.): Grab a snack to eat in the quiet back room and get some groceries while you're at it. Concordia undergrads pay a fee levy for Frigo, so let them

know you're a student to get the discount.

Café Touski (2361 Ontario St. E.): A cop café that serves tasty homemade food (yummy ratatouille and vegepaté) with concerts, exhibits and a smile as side dishes. In the summer, the Touski opens its big garden where you can drink sangria under the trees. Vegetarian-friendly, accessible to those with disabilities and featuring a cool kids' lounge with real toys inside.

Thali (1409 St. Marc St.): Cheap, tasty and generous Indian food near the SGW campus. Always crowded with an eclectic mix of people. Come share some naan and human warmth. The thali (vegetarian and non-vegetarian) is a must-try.

Café Santropol (3990 St. Urbain St.): Stop by their beautiful garden to have a bite of the softest sandwiches in town. They make their own bread, which they also sell by the loaf. Very generous with the cream cheese, but also vegan-friendly.

Restaurant Nikas (6087 Sherbrooke St. W.): Tasty and cheap brunches with awesome potatoes, served by a lovely staff.

NIGHT BITES

La Banquise (994 Rachel St. E.): You stumble into La Banquise at 3:00 a.m. after walking all the way from St. Laurent Blvd. with hopes you'll be able to see straight by the time you leave. You wait in the long line, look over the ridiculous number of poutine choices. Finally you pay, order a large, only eat a quarter of the plate and go home to prepare for that awful hangover.

Restaurant Chez Claudette (351 Laurier Ave. E.): An alternative to the famous-but-always-packed La Banquise, Chez Claudette is

open 24 hours on Thursdays, Fridays and Saturdays and serves just about every kind of poutine imaginable: vegetables, hot pepper sauce, spaghetti sauce, meat plus meat plus too much meat... Burgers are fairly average, but brunches are worth it if you're looking for the classic (and cheap) food experience.

St-Viateur Bagel (263 St-Viateur St. W.): Open 24 hours to satisfy fresh bagel cravings at any time. There isn't really anywhere to sit, but no one's going to scold you if you decide to occupy the space long enough to spread cream cheese on your poppy seed bagel. Everything is made on the spot, right before your eyes, so sticking around to get a taste of the atmosphere might not be a bad idea.

Restaurant Boustan (2020 A Crescent St.): Legendary Lebanese food, good for day food, drunk food or day-drunk food. And they deliver until 4:00 a.m.

D.A.D.'s Bagel's (5732 Sherbrooke St. W.): Craving curry or bagels or both? Head to D.A.D.'s in N.D.G. This 24/7 Indian restaurant/bagel shop always has something warm and spicy to eat.

Souvlaki George (6995 Monkland Ave.): In the spirit of late-night ethnic food, Souvlaki George has your inner Greek covered until 4:00 a.m. They also serve poutine and chicken wings for the Canadian in you.

Buns Hamburger House (1855 Ste. Catherine St. W. & 3673 St. Laurent Blvd.): Late-night hamburger and portobello burgers on the grill coupled with fries that will cure your drunken food craving. Also serves poutines and shakes.

VEGETARIAN/VEGAN

Forget Le Commensal—vegetarian and organic

restos can be found throughout the downtown core (especially in the university areas) and in the Plateau.

Burritoville (2055 Bishop St.): Located right across from the Hall Building, this meatless Mexican cafeteria is the perfect place to grab a beer (or house lemonade) and burrito after a long day of classes. If having fun while eating a plate of tacos is your kind of thing, they also host open mic nights.

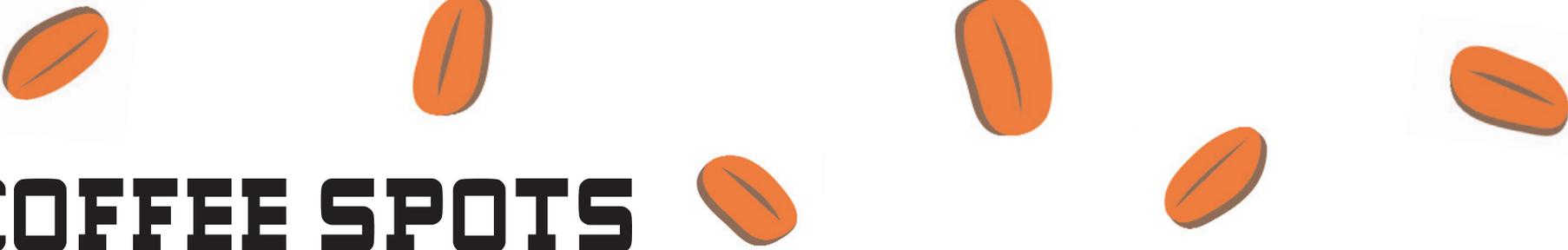
Crudessence (2157 Mackay St.): This vegan eatery is just a block away from the Hall building, and is chic-er than most veg bistros—you can tell by the menu prices.

The Green Panther (2153 Mackay St. & 66 St. Viateur St. W.): The Green Panther offers a more casual atmosphere, a delicious smoothie selection and discounts for being green. Their veggie burger is one of the best in town and you can either buy it to go or have it wrapped in pita to eat on a mountain of comfy cushions.

Lola Rosa (545 Milton St. & 4581 Parc Ave.): Tucked away in the McGill Ghetto is this vegetarian café, where you can find anonymous letters in the table drawers and chatty university students. Their Parc Ave. location is newer and larger, the better to avoid the Ghetto's lineups.

Aux Vivres (4631 St. Laurent Blvd.): This busy resto serves their famous Dragon Bowls for about \$12.00, but you can also try one of their delicious sandwiches. They're also equipped with a juice bar and take-out desk.

Chu Chai (4088 St. Denis St.): If eating fake meat and fish that looks a lot like real meat doesn't sound appetizing, avoid this expensive vegetarian Thai resto. If you're curious about what duck à la veg tastes like, go for it. They also have a bistro next door.



COFFEE SPOTS

by Michael Wrobel

The life of a student can be stressful, and coffee can be the ideal pick-me-up ahead of some late-night studying or early in the morning before class. While there are many coffee chain franchises near the downtown campus, Montreal's neighbourhoods are also home to some unique and charming independent cafés that are well worth a try.

DOWNTOWN

Kafein (1429 Bishop St.): Just across the street from Concordia's Webster Library, Kafein has a trendy vibe, friendly staff and cozy atmosphere, complete with exposed brick walls and regularly changing artwork. The coffee counter and kitchen are on the upper floor, while a cocktail bar that opens in the evenings can be found on the lower one. Kafein serves espresso-based drinks and delicious sandwiches, as well as smoothies with some unique combinations of ingredients.

Café Myriade (1432 Mackay St.): A Concordia staple, Café Myriade's cappuccino will make your morning class bearable. It's been said that Café Myriade brings a distinctly West Coast flair to Montreal's café scene, focusing on artisanal roasts and serving coffee from the likes of Vancouver-based Forty Ninth Parallel. Patrons also have a choice of brewing methods, from French press to siphon brewing.

Thé Kiosque (1428 Mackay St.): Just outside the EV building is this shop, a tea lover's dream come true where you can watch the world—or at least Concordia students—go by. A modern but cozy boutique, Thé Kiosque offers prepared teas and tea

lattes, as well as some incredibly refreshing flavours of iced tea. They also sell miniature-sized pieces of cheesecake and loose teas.

Café X, 1395 René-Levesque Blvd. W. & 1515 Ste. Catherine St. W.: Café X is Concordia's student-run Fine Arts café. It serves some legitimately good coffee at both its locations on the SGW campus, in the VA and EV buildings.

N.D.G. / MONTREAL-WEST

Pâtisserie de la Gare (24 Westminster Ave. N.): Pâtisserie de la Gare may not be quite as trendy as some of the other cafés on this list, but it serves up decent coffee, freshly prepared sandwiches and excellent pastries, all at reasonable prices. It's a short walk west of the Loyola campus and just a stone's throw away from the Montreal West train station. It's worth noting, though, that the café doesn't have wireless Internet and closes at 6:00 p.m. on weekdays and 5:30 p.m. on weekends.

Café 92° (6703 Sherbrooke St. W.): Café 92° is a few blocks east of the Loyola campus along Sherbrooke Street in N.D.G. With wireless Internet available, large windows in the front and a diverse array of art on the walls, this café has a nice atmosphere and is a pleasant place to enjoy a good book or catch up on some studying. Their sandwiches are offered at student-friendly prices, and there are also a few Mexican-themed options on the menu.

Café Grand (6202 Sherbrooke St. W.): The classy Café Grand is both a coffee shop and a restaurant, giving you the option of either taking one of their excellent coffees to go, or sitting down and being served by a

waiter. Their sandwiches and salads are always delectable, made with fresh ingredients that are sure to please the taste buds, but they'll also set you back between \$13.00-\$16.00. Located at the corner of Grand Blvd. and Sherbrooke St., this bistro is a short bike or bus ride away from the Loyola campus, and there's a Bixi bike-sharing station right next to the building.

Melk Bar à Café (5612 Monkland Ave.): This recently opened café is in the heart of Monkland Village, a charming section of Monkland Ave. just three blocks west of Villa-Maria metro station in N.D.G. Like Café Myriade downtown, Melk Bar à Café sells beans from Forty Ninth Parallel in Vancouver. The coffee shop also has a variety of tasty baked goods, from muffins to scones, and a terrace out front that's perfect for people-watching.

PLATEAU MONT-ROYAL / MILE END

Café Olimpico (124 St. Viateur St. W.): In the heart of the Mile End you'll find Café Olimpico, a family-owned shop that takes coffee seriously—its lattes are always velvety smooth in taste and texture, and never bitter. That it closes daily at midnight also doesn't hurt! Opened in 1970, Olimpico is a charming and lively hangout spot, where the televisions and projector screen are often showing a soccer or hockey game. Several Italian desserts, such as cannoli and tiramisu, are available.

Le Couteau / The Knife (4627 St. Denis St.): The Knife offers a variety of coffees from different locales as well as a selection of brewing methods, so you'll get a perfect cup made exactly how you like it. Tea lovers will also be pleased to know that

there are several types of teas and tisanes, some of them organic. The café isn't really "cozy" per se—it has an unashamedly sparse interior, with whitewashed walls and wooden benches, giving it a minimalist vibe.

Café Plume (123 Mont-Royal Ave. W.): Café Plume is often full of students working on their laptops, and it isn't surprising why—this coffee shop in the Plateau neighbourhood has a pleasant atmosphere, with colourful artwork and comfy banquette seating along one wall. The coffee is delicious, and there are some sandwiches and baked goods available too. Be advised, though, that laptops are banned from half of the space on weekends.

Au Festin de Babette (4085 St. Denis St.): This place may not serve coffee, but it makes this list nevertheless because it has one of the best hot chocolates in town. It's rich and creamy, all you could possibly want in a cup of hot chocolate. In the summer, you can also cool off on their terrace with homemade ice cream.

OTHER

Café St-Henri (3632 Notre-Dame St. W.): Café St-Henri is more than just a coffee shop—it's a specialty coffee roaster that supplies other restaurants and cafés in Montreal. The coffee doesn't disappoint and you can, of course, purchase a bag of coffee beans to enjoy at home. The café has a modern interior, but repurposed church pews that serve as seating give the space a hint of formality and tradition too. Located in the working-class neighbourhood of Saint-Henri, it's not far from the Atwater Market, one of Montreal's four main public markets.



GROCERIES

by Erin Sparks and Jake Russell

Whether you're a first-year student living in residence, surviving off of mysterious Chartwells meals, or you're left to your own devices food-wise, knowing the good grocery spots around town will come in handy. Here's a summary of some of the places that keep their prices low without sacrificing quality.

Marché Pap Pap (1025 St. Laurent Blvd.): It's cash-only, but this tiny Chinatown market has some of the cheapest fruits and vegetables in town. If you're into packs of strawberries for \$1.50 and bags of bok choy the size of a six-year-old for under \$5.00, this is the place to go.

Supermarché PA (1420 du Fort St. / 5029 Parc Ave.): PA is the perfect place to go if you're looking to do all of your groceries for \$30 and under. With several locations, including one just around the corner from Grey Nuns and another in the Mile End, PA has just about everything you'll need to supplement

crappy cafeteria food. Be sure to stay wary of your surroundings when inside, however—corners are tight and you don't want to play bumper carts with every other shopper.

Segal's Market (4001 St. Laurent Blvd.): Segal's is a pretty stressful place, only because all sense of organization has gone out the window there. That said, it's one of those rare gems where the organic stuff is the same price—and sometimes cheaper—than the regular stuff. Avoid it at all costs during peak times (like 6:00-8:00 p.m. on weekdays and Saturday afternoons) because the aisles are impossible to navigate when there are more than a few people in them. It's like a Segway race from hell.

Provigo (6485 Sherbrooke St. W. / 1953 Ste. Catherine St. W.): If you live in Hingston Hall or the Jesuit Residence, Provigo is one of your only options grocery-wise. Shop wisely because things can get pretty pricey, and take advantage of their student discounts when possible. When parents and relatives

drop by, this is the place to go when groceries are on their tab. You will save on butter, though.

Esposito Food Market (5737 Sherbrooke St. W.): It might not be the most convenient for those of you at Loyola, but this N.D.G. supermarket is stocked with some of the cheapest essentials around. A quick jaunt on the 105 bus drops you right at the front door, where affordable fruits and veggies are just seconds away.

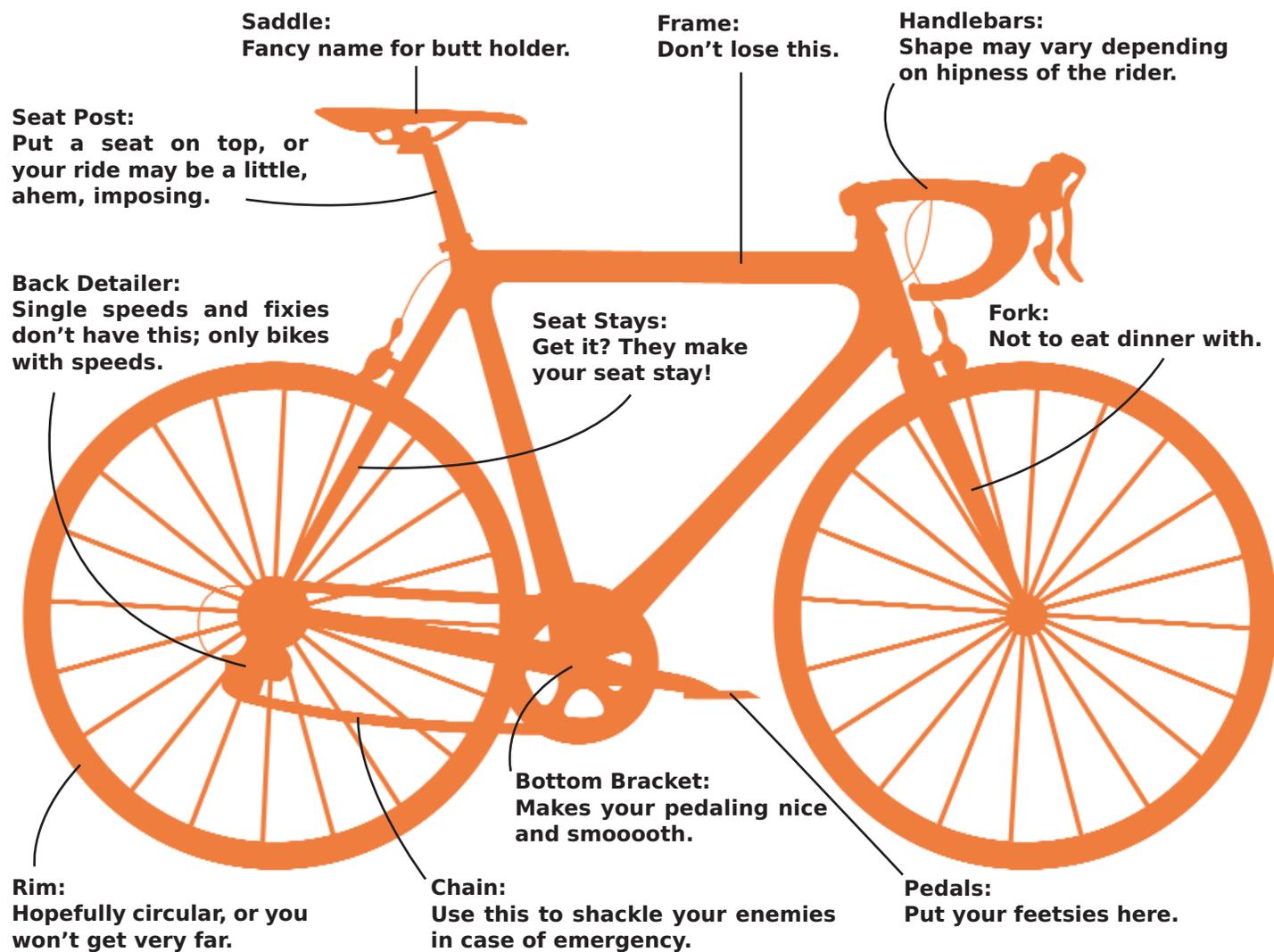
Atwater Market (138 Atwater Ave.): Located just out of reach if you're walking from the downtown campus, this market is a great place to peruse if you find yourself in Saint-Henri. You'll find it's a much more pleasant shopping experience than other cramped grocery stores. Being able to stroll and check out fresh fruits, veggies, cheese, pastries and more in the great outdoors never felt so good.

Jean-Talon Market (7070 Henri Julien Ave.): Based in Little Italy, this is

another excellent open-air market to aimlessly wander. The higher quality local goods may fetch higher prices, but you can't complain when the market is so friendly. If you're light on cash, you can easily feast on all the free samples, and with just a few minutes' walk to Parc Jarry, baby, you got a picnic goin'!

Marché Almizan (1695 de Maisonneuve Blvd. W.): Right at the corner of de Maisonneuve Blvd. and St. Mathieu St., this spot is prime real estate for students downtown. A small store with fresh fruits out front and halal meat inside, it's an ideal place to drop by after class to pick up some essentials.

Beau-Soir (2030 St. Mathieu St. / 3457 Côte-des-Neiges Rd.): Although this is actually a depanneur, it had to be included simply for its beer supply. The big walk-in freezer gives you the selection of a big-name grocery or SAQ, but the wholesale price of a dep. With two locations downtown, it's the go-to place for a beer connoisseur on a budget.



PUT THE FUN BETWEEN YOUR LEGS

by Katie McGroarty

“Yeah, I fix bikes.”

It’s a great pickup line, but it helps if you can actually walk the walk—or, in this case, change the tire.

Bicycles are universally loved and used for many reasons—a major one being that they’re pretty easy to fix! Professional bike mechanics exist for a reason though, and there are a few things you ought to leave to them. Here are a few that might go wrong, and what to do if they do.

First of all, your **bottom bracket**. There’s probably something wrong with it if you find that your pedals aren’t turning like they should, or make a “ka-clunk” sound every few rotations. Although it’s not impossible to do yourself, you need a special tool to take the bracket out—not to mention a replacement of the actual part—so I would suggest taking it to a shop.

Brakes are sometimes shifty little devils that decide to not do their job properly in the direst of situations (say, when it’s pouring rain and you’d rather not hit that pedestrian stumbling down Crescent St.). As long as you have a screwdriver handy, it’s not all that difficult to make adjustments, both to the cables and the brake pads themselves.

Your **chain** will also probably come loose sometimes, so you’ll just have to hope

that it doesn’t take your shoelaces with it when it pops off. If it becomes a mangled mess, you’ll need a **chain breaker**. Make sure to add some grease every once in a while if you’re not getting regular checkups on your ride, especially if you tend to bike in particularly grimy places.

Sometimes **tires** pop! It may make a really loud noise and scare the shit out of you or it might be a slow leak, which is why you should check your tires frequently. The majority of the time it’s not the tire that gets a hole, but the **tube** inside. You can replace or patch it; just use your best judgment depending on the state of the tube and the size of the hole. To put your tire back on the wheel you’ll need **tire levers**, or really strong biceps.

If you’re going to be using your bike as your main mode of transportation, I would suggest buying a bike **multi-tool** as well as a **pump**.

BIKE SAFETY 101

1. Wear a helmet. A very scientific study revealed that helmet wearers were found to be 90 per cent more appealing as mates than those who throw caution to the wind and go helmet-free.

Okay, that may have been an informal poll at *The Link* office, but that doesn’t make it any less true. Although it’s not illegal to go without a helmet in Quebec, it’s stupid, especially considering the state of

our roads and most of the drivers on them.

2. Lock your bike. Over 2,500 bikes were reported stolen last year in Montreal. Gone are the carefree days of your youth when you could prop your bike outside the corner store to run in and buy penny candy. Or 10-cent candy if you were born after 1950. Get a U-lock. A solid Kryptonite one will set you back \$50-\$120, but it’s seriously worth it because it’ll take a lot more than a hack saw or some chain-breakers for someone to break through it easily. People will also try to steal your wheels, and your clip-on lights, and maybe your seat. Lock your wheels to your frame if they’re quick release, and even if one day you come back to your bike and it has turned into a unicycle, those dastardly evildoers will not be making off with half of your ride home. It’s also a good idea to write down the serial number of your bike, because you can’t file a police report without it—and are that much less likely to ever see your precious two-wheeler again.

3. Lights! White for the front, red for the back. You could shell out between \$15.00-\$150 at a bike shop for a nice set, or pick some up at the dollar store. If you go with the latter and forget to take the cheap-Os off and they end up getting taken, at least you’re only out a dollar.

WHAT TO DO WHEN YOU FALL OFF YOUR BIKE

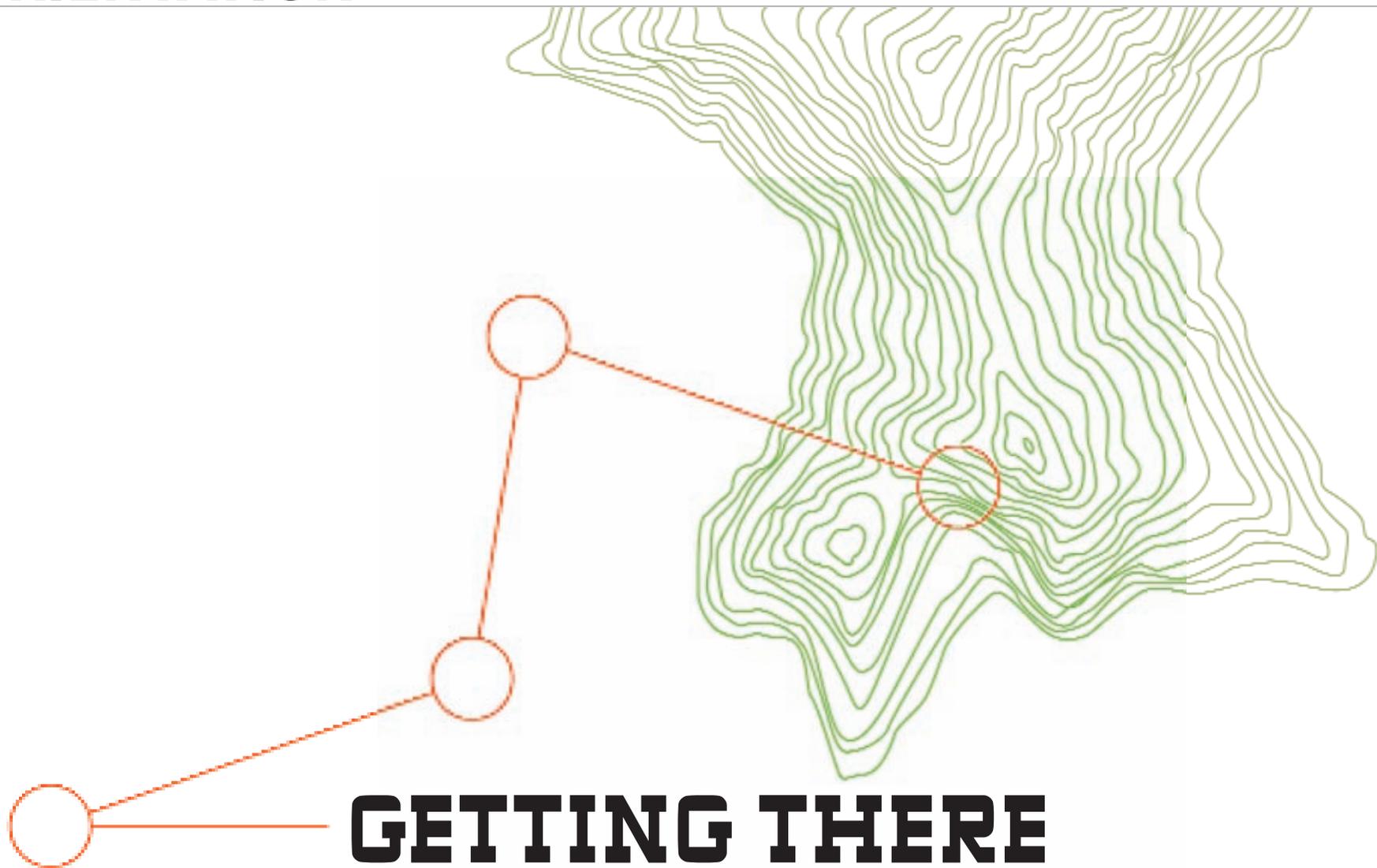
You’re headed down the bike path without a care in the world, scolding your past self for ever taking a cab home from the bar when, WHAM. A tree, or a pothole, or a curb—comes out of nowhere, and you’re suddenly on the ground, bleeding from the knees and elbows. Here’s what to do:

1. Reclaim your dignity—no one saw you fall. Kidding! Everyone did and it was probably hilarious.

2. Your chain has probably fallen off. Put that greasy bugger back on. If you don’t know where it goes chances are you’re too drunk to continue, so lock up your mangled piece of steel and take that cab you previously thought you were too sober for.

3. Check to make sure your front tire is facing forward when your handlebars are. Those bad boys are supposed to intersect at a 90-degree angle, duh. If they’re not, put the tire between your legs while facing the handlebars and adjust it. When you’re home, tighten the bolt on your **headset**, which is what holds your **fork** and **handlebars** to your frame.

4. RIDE ON INTO THE NIGHT. Or don’t—seriously. If you’re too injured or won’t stop bleeding, go see a doctor or take a cab. Or else you’ll go home, fall asleep, and ruin a blanket and sheet set with your bleeding wounds. Or worse.



GETTING THERE

by Katie McGroarty

Montreal is pretty great when it comes to public transportation. It's accessible, fast and easy to get the hang of. Here's a short breakdown of ways you can get to class, then the bar. Or vice versa!

BIKES:

Craigslist! Kijiji! Online listings are a god-send when it comes to finding a used bike. Be sure to take your new wheels in for a tune-up at either a bike shop in the city or at Right to Move, the non-profit bike co-op at Concordia, where they'll show you exactly

how to repair it yourself with the tools they provide. Bixi, Montreal's city bike-sharing program, has stations all over the city, and it's a good option if you're not going to be biking every day.

METRO:

Be sure to get your reduced-fare application stamped by Birks Student Services at the beginning of the year to benefit from the reduced student rate, which rings in at \$45 monthly. Transit passes for students require that you have your photo taken at the Berri-Uqam metro station. Don't wait until the last day to get your photo taken though, or you'll

be forced to wait in line all afternoon, surrounded by grumpy procrastinators. Keep in mind that only full-time students under the age of 25 are eligible for the reduced rates, so sorry, mature students and part-timers.

CAR:

With all the other options available, driving should probably be your last option unless you live in an area not easily accessible through public transit. If you absolutely have to drive to school, there's indoor parking at SGW, but it's going to cost you \$12.75 a day. Student permits for parking at Loyola are \$175 a semester.

TIPS FOR YOUR FIRST YEAR

by Michael Wrobel

Starting university can be a nerve-racking experience, and while that's perfectly normal, it doesn't necessarily have to be that way. Here are some tips to make your first classes a little less stressful.

SELECTING CLASSES

The first resources you'll need to consult when registering for classes are the course calendar and the class schedule. These documents might sound like they're the same thing, but they aren't.

The course calendar lists the core classes that students are required to take to complete their program, and provides brief descriptions of every class available at the university. The class schedule, on the other hand, is an online tool that allows you to find the different sections of each class, when each of these sections is taught, and what professors teach them. You can search by faculty, department or semester.

It's worth noting that even after classes begin on Sept. 3, you can still add or drop a fall or two-semester class up until Sept. 16. During this time, you might find that you'll be able to register in that class you really

wanted to take but that appeared to be full over the summer, since other students may be freeing up space in the class by dropping or switching classes.

It's also important to remember that there are a limited number of students who can register at the same time using Concordia's software, so try to avoid peak registration times or you'll be told to try again later. It helps to think of when other people might be asleep, and then try to register.

SUCCEEDING IN CLASS

At the risk of sounding like a parent, go to class! Even if attendance isn't taken in a certain class and you can get away with borrowing another student's notes, it's best to attend lectures; you'll probably learn more by actually listening to your professor yourself.

Sometimes, in the middle of the semester, we discover that juggling a job and our academic obligations becomes difficult, that we've overenthusiastically taken on too many extra-curricular activities, or that our personal lives simply become rather hectic—and our marks start to suffer. Other times, we simply find a class particularly difficult.

In these situations, it's worth talking to your professor. Professors ultimately want to

see their students succeed, and you might be able to get an extension on an assignment if you have a valid reason for requesting one.

If you find yourself behind on your schoolwork and are concerned that you might not pass a class, you might want to consider an academic withdrawal from the class. When you withdraw from a class after the drop deadline, you forfeit any tuition fees you paid for the class and "DISC"—for "discontinued"—will appear on your transcript beside the class. However, an academic withdrawal does not affect your grade point average. The last day for academic withdrawals in the fall semester is Oct. 27.

Having one "DISC" on your transcript is not likely to hurt your chances of getting into a graduate program. A low grade or a failing grade that brings down your overall GPA is perhaps more likely to do that than a "DISC." Even the best of students may sometimes find that they'll need to withdraw from a class. Still, academic withdrawal should be considered a last resort, since it could potentially affect your academic or financial aid standing.

Ultimately, discontinuing a class is a personal decision that you should make after careful consideration of your options, consulting your professor and talking to an academic advisor.

GETTING INVOLVED

A large, urban university like Concordia can feel impersonal at times. Large class sizes in some departments can make it difficult to get to know other students, particularly if you're new to Montreal and don't already know some of the people in your program.

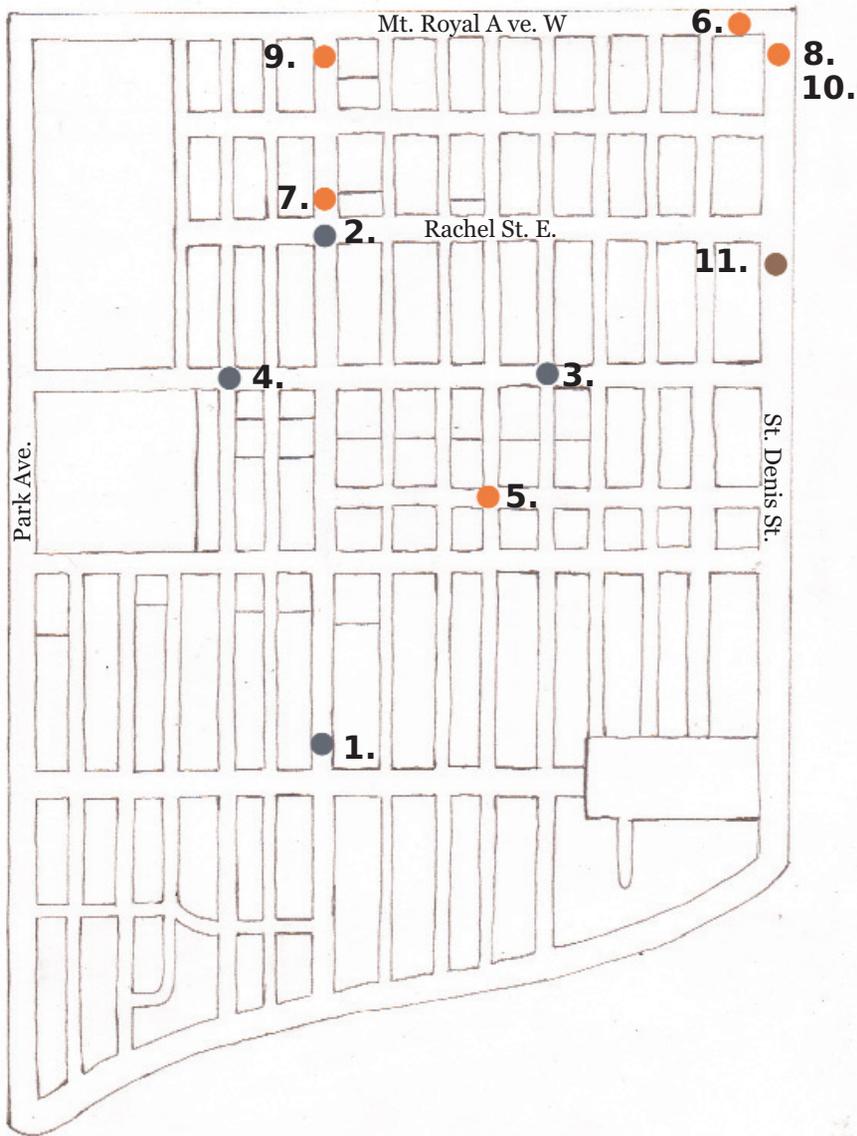
Make the most of all that university has to offer by getting involved in extra-curricular activities. It's a great way to pad your resumé, meet people with similar interests and enrich your university experience.

A list of clubs can be found on the Concordia Student Union's website. A club fair, where you'll get to mingle with representatives from many of Concordia's clubs, will take place on Sept. 12 from 11:00 a.m. to 4:00 p.m. on the Reggie's terrace.

And, of course, if you're interested in journalism, you can always drop by *The Link's* office in H-649 and speak to one of our editors about how you can get involved. There are also three other student-run media outlets on campus: Concordia's other student newspaper, *The Concordian*; CUTV, Concordia's campus and community television station; and campus radio station CJLO 1690 AM.

LINK PICKS

- FOOD
- BAR
- COFFEE
- GROCERIES



Plateau

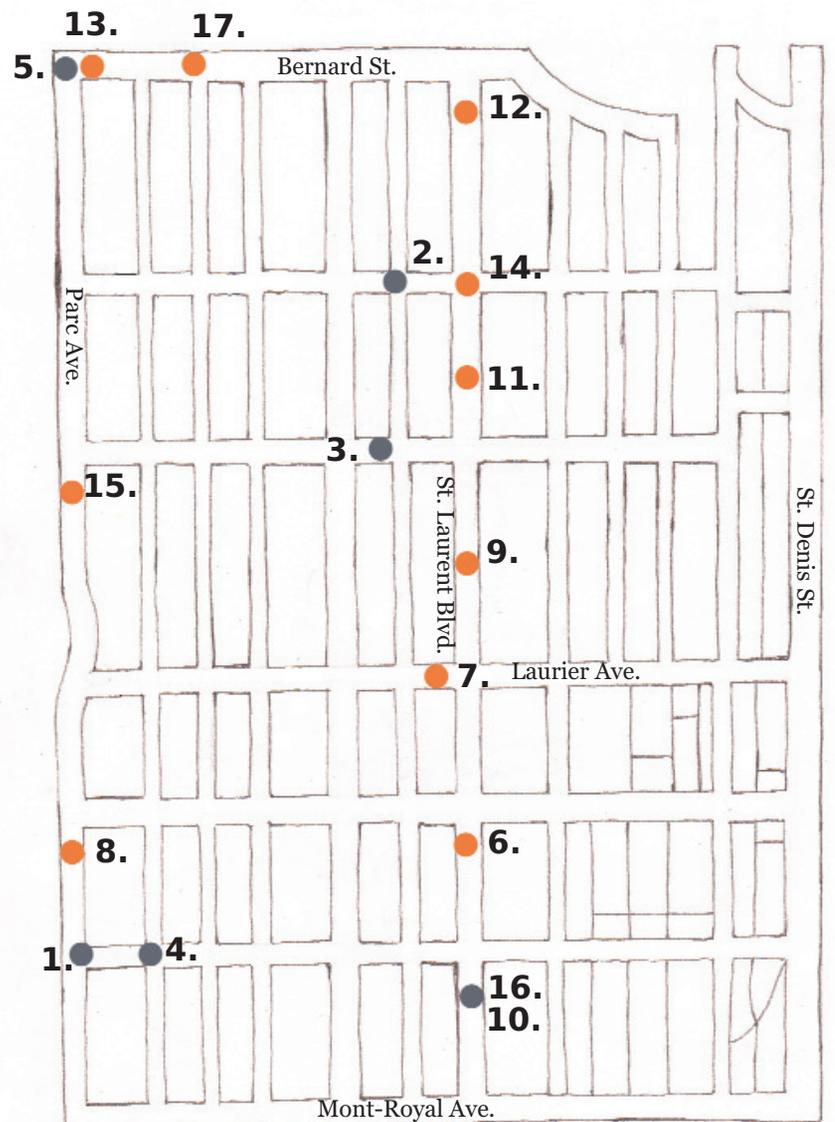
- 1. Pizza Madonna (3605 St. Laurent Blvd.)** Grab a late slice after a night on The Main.
- 2. Patati Patata Friterie De Luxe (4177 St. Laurent Blvd.)** Burgers and fries; its reputation is well deserved.
- 3. Chez José (173 Duluth Ave.)** Sandwiches, shakes and more. Look for the funky sea creatures.
- 4. Café Santropol (3990 St. Urbain St.)** Sandwiches, coffee and a beautiful garden.
- 5. Else's (156 Roy St. E.)** Speakeasy with great atmosphere.
- 6. Le Bar Bily Kun (354 Mount-Royal Ave. E.)** Dim lighting, cocktails and

- ostrich heads.
- 7. Divan Orange (4234 St. Laurent Blvd.)** Mostly rock, indie and folk. Cover charge varies.
- 8. Le Quai des Brumes (4481 St Denis St.)** Literally "The Broom Closet." Come here for "intimate" shows.
- 9. Le Belmont sur le Boulevard (4483 St. Laurent Blvd.)** Local and international DJs. Home to Hip Hop Karaoke.
- 10. La Rockette (4479 St. Denis St.)** Fun rockabilly bar, but be prepared to pay cover and coat check.
- 11. Le Festin de Babette (4085 St. Denis St.):** The best hot chocolate in town.

Mile End

- 1. Lola Rosa (4581 Parc Ave.)** Vegetarian food, with a new location by Jeanne-Mance Park.
- 2. Pizza St-Viateur (15 St. Viateur St. W.)** Creatively topped thin crust pizza.
- 3. Fairmount Bagel (74 Fairmount Ave. W.)** Oldest bagel shop in Montreal, open 24 hours.
- 4. Blanc de Blanc (248 Villeneuve St. W.)** Great food, friendly staff and free wifi. Do your laundry too!
- 5. Nouveau Palais (281 Bernard St. W.)** Hip diner with music until 2:00 a.m. on Tuesdays.
- 6. Aux Vivres (4631 St. Laurent Blvd.)** Really good vegan/sometimes gluten free restaurant.
- 7. Dieu du Ciel (29 Laurier Ave. W.)** For the beer connoisseur.
- 8. La Petite Idée Fixe (4857 Parc Ave.)** A laid-back Mile End dive.
- 9. Snack'n Blues (5260 St. Laurent Blvd.)** The name speaks for itself. Tip well

- and enjoy free snacks.
- 10. Casa del Popolo (4873 St. Laurent Blvd.)** A Mile End staple, complete with DIY craft vending machine.
- 11. The Sparrow (5322 St. Laurent Blvd.)** Readings, DJs, food and drink.
- 12. Royal Phoenix Bar (5788 St. Laurent Blvd.)** Vegan-friendly, queer-friendly; fun things every night.
- 13. Helm (273 Bernard St. W.)** Local microbrewery with bi-weekly ping-pong.
- 14. Le Cagibi (5490 St. Laurent Blvd.)** Catch a local show or grab some lunch.
- 15. Résonance Café (5175 Parc Ave.)** For jazz heads low on cash.
- 16. La Sala Rossa (4848 St. Laurent Blvd.)** Regular concerts from indie rock to world music.
- 17. Le Dépanneur Café (206 Bernard St. W.)** Sip on an espresso, tea or juice with free live music.



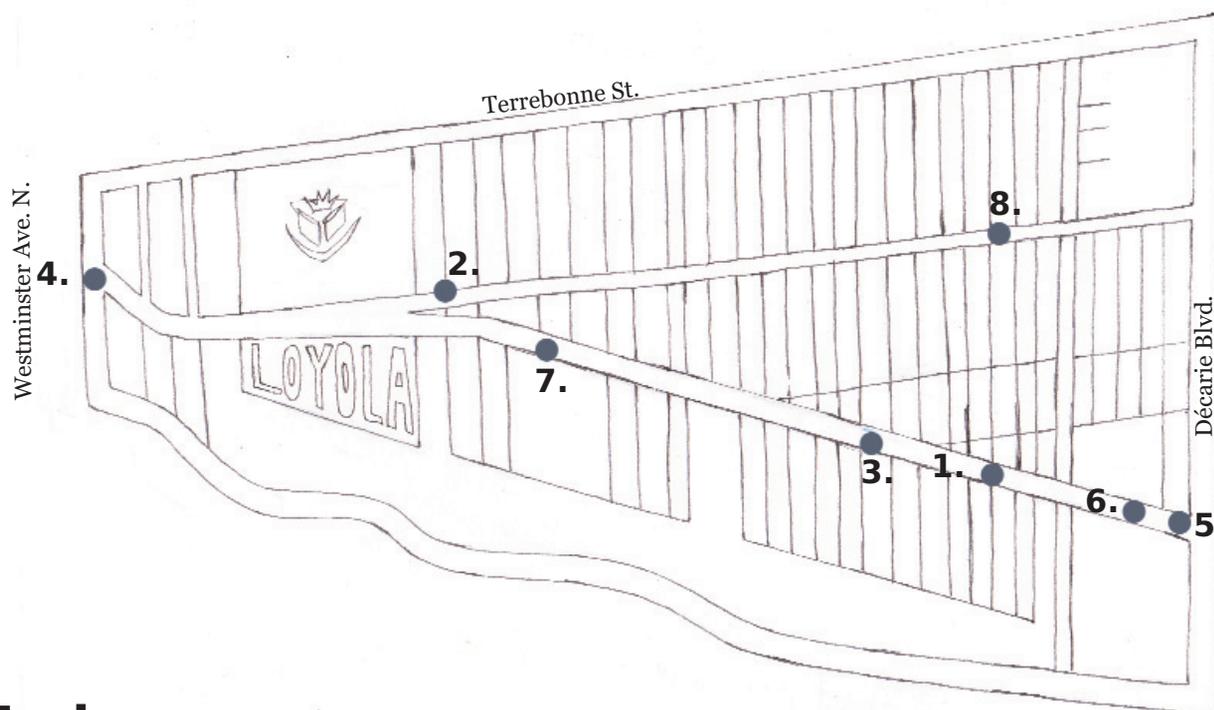


Downtown

- 1. Restaurant Nilufar (1923 Ste. Catherine St. W.)** The cheapest, freshest falafel you'll find downtown.
- 2. Boustan (2020A Crescent St.)** Legendary Lebanese food, for day food or drunk food.
- 3. Thali Cuisinne Indienne (1409 St. Marc St.)** A hole-in-the-wall with killer Indian food.
- 4. Devi (1450 Crescent St.)** Indian food. Share a platter.
- 5. Burritoville (2055 Bishop St.)** The perfect place to grab a beer and a burrito after a long day of classes.

- 6. Le Frigo Vert (2130 Mackay St.)** Grab a snack and get some groceries while you're at it.
- 7. Cacao 70 (2087 Ste. Catherine St. W.)** Take relatives for an absurd indulgence in chocolate.
- 8. Brutopia Brew Pub (1219 Crescent St.)** Three floors of microbrewed beer, home of the legendary Drink with The Link.
- 9. Bull Pub (2170 Ste. Catherine St. W.)** Cheap and never too crowded.
- 10. Crobar (1221 Crescent St.)** Cheap pitchers and a rooftop terrace.
- 11. Grumpy's (1242 Bishop St.)** Jazz

- night Wednesdays, bluegrass Thursdays.
- 12. Kafein Café-Bar (1429 Bishop St.)** Coffee, fresh food and cocktails.
- 13. Café X (VA Building: 1395 René-Levesque Blvd. W. & EV Building: 1515 Ste. Catherine St. W.)** Coffee and yummy things!
- 14. Café Myriade (1432 Mackay St.)** For that mandatory pre-class caffeine.
- 15. Thé Kiosque (1428 Mackay St.)** Cake and tea right by class.



N.D.G./West End

- 1. D.A.D's Bagels (5732 Sherbrooke St. W)** Indian food. Bagels. Open 24 hours. Win.
- 2. Souvlaki George (6995 Monkland Ave.)** Your Loyola refuge from Chartwells.
- 3. Restaurant Nikas (6087 Sherbrooke St. W.)** Cheap breakfast, awesome potatoes.

- 4. Patisserie De La Gare (24 Westminister Ave. N.)** Near Loyola, with freshly-prepared sandwiches and baked goods.
- 5. Restaurant Maru (5461 Sherbrooke St. W.)** A little pricey, but fantastic Korean food.

- 6. Shäika Café (5526 Sherbrooke St. W.)** Vegan-friendly, on your way to Loyola.
- 7. Café 92 (6703 Sherbrooke St. W.)** Another Loyola refuge.
- 8. Prohibition (5674 Monkland Ave.)** Brunch, comfort food.



NIGHT LIFE

by Jake Russell, Flora Hammond & Michelle Pucci

Montreal is known for its timid nature. It's often referred to as an introverted city, a lonely haven for hermits and old souls to come settle down and sleep out the rest of their lives in perfect harmony.

...Just kidding. Montreal knows how to fucking party. Check out some of our favourite picks from the seemingly endless supply of places to let loose on the weekend.

BARS

L'Escalier, 552 Ste. Catherine St. E.: Don't miss the tiny set of stairs under this bar's even tinier sign. Go up one floor and you'll find delicious food, alcohol and tiny music shows. Every piece of furniture seems to have been tastefully thrifted or saved from the garbage—just sitting there feels awesome.

The Sparrow, 5322 St. Laurent Blvd.: Reading nights and fancy drinks are the perks of this Mile End bar. Try the Brazilian caipirinhas or just have a beer with some friends while enjoying the live DJ sets. Nominated for raddest coasters in town (seriously, just take one and have it framed).

Bily Kun, 354 Mont-Royal Ave. E.: If you like dim lighting, cocktails, hipsters and mounted ostrich heads, this place is for you.

Else's, 156 Roy St. E.: A tad more expensive than your thrifty Thursday night bar, but totally worth it if you want to impress a crush by demonstrating how refined you are.

The only downside is that you have to order their (delicious) food if you want to drink.

La Petite Idée Fixe, 4857 Parc Ave.: Named after the little dog in the Asterix and Obelix comics, this dive bar has a laid-back vibe, but don't expect a smile from the staff. If you're not quite convinced, cheap bottles of 40 oz. beers might be enough to pull you in.

Brutopia, 1219 Crescent St.: Considered by some to be the best beer in Montreal, Brutopia has three floors of delicious microbrew and a warm atmosphere, often with free live music, and home to the legendary "Drink with *The Link*."

Cheval Blanc, 809 Ontario St. E.: One of the friendliest microbreweries in town, Cheval is a great place to grab a pint at any time of day. It has some of the weirdest decorations of any bar, which makes it all the better.

Dieu du Ciel, 29 Laurier Ave. W.: A great place for the beer connoisseur, this microbrewery is packed most nights be-

tween 10:00 p.m. and midnight, so go early or make it a last stop. Featuring an ever-changing selection of unusually flavoured beers, such as coriander. Yep. Pints, glasses or *degustation* prices.

Crobar, 1221 Crescent St.: Next door to the ever-crowded Brutopia, they have lots of space and a terrace that is begging to be used on warm nights.

TRH-Bar, 3699 St. Laurent Blvd.: One of the more unique spots in the city, this bar is a skateboarder's paradise, featuring a half-pipe and concrete pools to shred—but remember kids, don't drink and skate transition.

Le St-Sulpice, 1680 St. Denis St.: A vast complex of a bar—four floors, featuring a dance floor on the top and karaoke on the bottom, and a "library room" filled wall-to-wall with books for the intellectual-types. Before the chilly winds come back from vacation, there's a huge terrace that packs of students flock to.



Notre-Dame-des-Quilles, 32 Beaubien St. E.: What's better than drinking and bowling? This dive bar delivers on cheap drinks, unpretentious hipster atmosphere, peeling decor—and Cadence Weapon likes to DJ there often.

Le Ste-Élisabeth, 1412 Ste. Elisabeth St.: The stretch of Ste. Catherine St. between St. Laurent Blvd. and St. Denis St. may seem like a lost cause until you stumble upon this hidden beauty. Turn on the abandoned-looking Ste. Elisabeth St., make your way through the average-looking pub and walk out onto one of the most beautiful and isolated terraces in the city.

MUSIC & PARTY

Le Quai des Brumes, 4481 St. Denis St.: With a name that literally translates to “the broom closet,” this venue is best known for more intimate shows. Come hang out at night or just have a beer in the

late afternoon.

Le Depanneur Café, 206 Bernard St. W.: Sip on an espresso, tea or juice while enjoying an eclectic mix of live music from 10:00 a.m. to 5:00 p.m. every day.

La Rockette, 4479 St. Denis St.: An unpretentious bar in the heart of the Plateau that attracts rockers and dancers from all walks of life, but be prepared to pay the cover charge and coat check.

Le Cagibi, 5490 St. Laurent Blvd.: Catch a local show or grab some lunch, often both—they have a resto licence so you can't get a drink without buying food.

Divan Orange, 4234 St. Laurent Blvd.: Mostly rock, indie and folk shows are featured at this venue, but it's a solid choice on any weekend.

St-Ambroise Terrace, 5080 St. Ambroise St.: Beers on a hot afternoon are never displeasing, especially if you sip them by the Lachine Canal. Totally worth the walk from downtown.

Casa del Popolo, 4873 St. Laurent Blvd.: Always home to a warm atmosphere even during the chilliest of nights, this place doubles as a bar and a music venue. Has most likely the cheapest cider pints in town, and is complete with Distriboto's DIY craft vending machine.

Le Belmont sur le Boulevard, 4483 St. Laurent Blvd.: Home to Hip Hop Karaoke MTL, this venue has a fun and close-knit atmosphere. There's an accessible bar just a few feet from the stage, and a balcony for better vantage points. Things get crazy on Wednesdays.

Le Salon Daomé, 141 Mont-Royal Av. E.: Good electro vibes in a safari-chic loft space. It has a cover charge and pricey drinks, but it's totally worth it if you wanna dance your ass off to some minimal techno.

Le Metropolis, 59 Ste. Catherine St.: One of the bigger mainstream venues in Montreal, this renovated theatre hosts sold-out shows of big-name bands—but be-

ware the line for retrieving your coat after your favorite group finishes their encore.

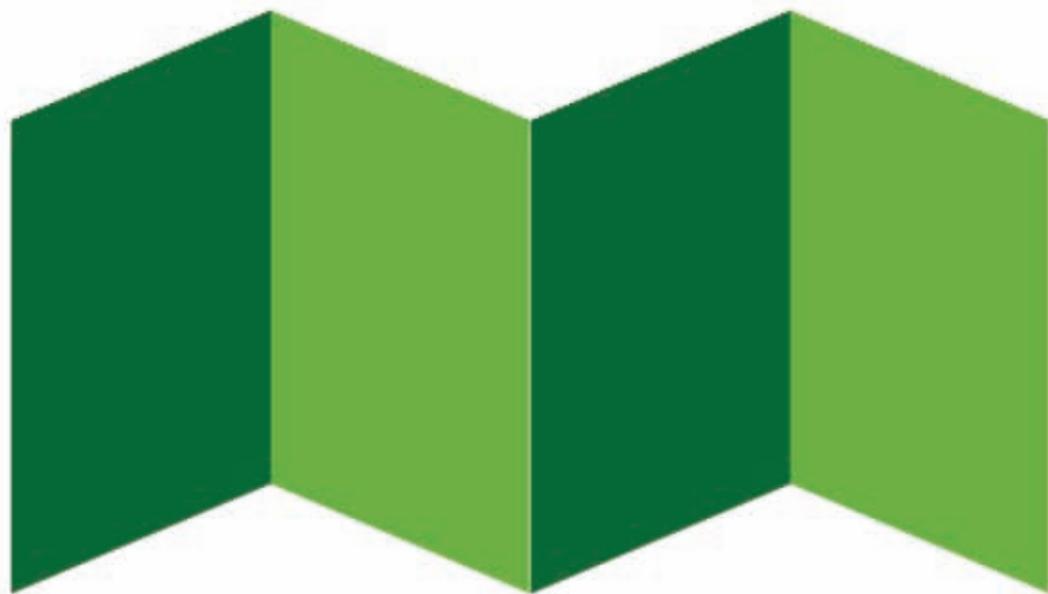
Café Campus, 57 Prince Arthur St. E.: As the name implies, this is a hoppin' spot for students to pass through. Complete with crazy lights, a big bar and an upstairs balcony/catwalk encapsulating the dance floor.

Il Motore, 179 Jean-Talon St. W.: An old converted garage off the beaten path (blue line) near Little Italy, you can discover a new band and new neighbourhood all at once.

La Societe des Arts Technologiques (SAT), 1201 St. Laurent Blvd.: A chic, futuristic arts venue with multiple floors. The coolest shows are held in the “SATosphere,” an immersive full-dome space that's like dancing in a planetarium under the stars. Shows are often a little pricier but well worth it.

Royal Phoenix Bar, 5788 St. Laurent Blvd.: Vegan-friendly, queer-friendly and student-friendly, featuring constant drink specials and almost nightly events.

GET TO KNOW CONCORDIA



THE STUDENT SPACE SAGA

by Colin Harris

How much of Concordia's space belongs to students? As Concordia continues to grow, making everything fit has been a constant challenge. After nearly a decade of saving, our student union has literally millions of dollars tucked away to spend on a student centre—a fixture in many Canadian university campuses—but just finding an appropriate space remains a daunting challenge.

In 2006 the Concordia Student Union was in conversation with the administration about buying the Faubourg building, a decrepit former mall with more than a few six-legged friends, for a student centre. The plan was to rent out the building's first two floors until it was paid off, with the union providing the down payment for a loan to buy the space. Students had been paying a per-credit fee since 2003 (which increased from \$1.00 to \$2.00 in 2005) to fund student space initiatives.

That October, however, the union ruled out buying the Faubourg. Then-VP External Justin Levy said the administration needed to be clearer on who would actually own the building and have authority over it.

Politics could have been a factor too. Then-CSU VP Campus Relations Taylor Noakes resigned early into the fall semester, citing that his slate was not fulfilling their campaign promises, and told *The Link* that the union was being pressured by the administration to go along with the Faubourg plan.

"They wanted [the CSU] to do all the marketing for this, they wanted us to sell [the Faubourg] to the students," he told *The Link* in 2006.

"Most importantly, they wanted us to sell to the students this concept that a \$5.00 per-credit course fee was completely acceptable and something we had to do," he said.

But that was far from the end of this saga. Two failed referenda—in March and Nov. 2010—proposed increasing the \$2.00 per-credit fee to \$4.50, after the administration had projected construction and maintenance of a student centre would require a higher fee levy. 2009-2010 CSU President Keyana Kashfi had

made an agreement that the CSU would provide a \$10-million down payment on a loan to purchase a building for a student centre. That same document stipulated that the university would be the owner of the building, with the union claiming this would save money in taxes and insurance.

Before students went to the polls for the second time on the levy increase, *The Link* ran an exposé revealing that if it went through, the centre would indeed be housed in the Faubourg. Sixty-nine per cent of voters opposed the increase.

But that didn't spoil the administration's appetite for the building.

The administration told student media in Feb. 2011 that they were still very much interested in the Faubourg, and that its use as a student centre was one of their preferred options for it. That summer it told the CSU it had to make a decision on whether or not to accept the Faubourg as the site for the student centre, leading to a unanimous rejection by council after hearing one last pitch from the administration.

"If we don't make it a student centre, [the administration has] plans to buy it anyway," then-CSU President Lex Gill told *The Link* in 2011.

The proposal would have seen the university foot the bill for just under half of the \$54-million project—the union having autonomy over 30.4 per cent of the space, the university getting 28.3 per cent and the rest shared or rented.

You may see the initials "FB" on your schedule this semester, as the university regularly books classes in the building. Last year, the university also bought the fifth and sixth floors for \$4.5 million, to fit office space that is being moved to accommodate expansion of the Webster Library.

Long-term plans include using the building along with the Grey Nuns building to centralize Concordia's fine arts students. But things tend to work in cycles here at Concordia, so don't be surprised if someone suggests yet again to put the student centre there.

—compiled with files from Giuseppe Valiente, Justin Giovannetti, Laura Beeston and Julian Ward



A RADICAL HISTORY

by Colin Harris

THE "COMPUTER CENTRE INCIDENT"

In 1969, the Hall Building was host to the largest occupation in Canadian university history. Six black West Indian students at Sir George Williams University, which would merge with Loyola College in 1974 to become Concordia University, had accused biology professor Perry Anderson of systematic racism. Students rallied around the cause and approached *The Georgian*, which would merge with *The Loyola News* in 1980 to form *The Link*. Then-Editor-in-Chief David Bowman handed the editorial reins to the students for their Jan. 28 issue, which would be known as "The Black Georgian" for its nearly all-black cover.

The issue's radical content, which included information about the university's Computer Centre being a security vulnerability, led to all copies being seized by the RCMP (to our knowledge no copies of the issue exist today), and the resignation of the *The Georgian's* editorial board.

The following day, hundreds of students walked out on Anderson's hearing, which was held by an all-white panel of four professors. They immediately occupied the Computer Centre for 13 days, resulting in \$3 million in damages, with students throwing computer equipment out the window.

The Hall Building windows have remained hermetically sealed ever since.

THE NETANYAHU RIOT

In 2002, Israeli Prime Minister Benjamin Netanyahu planned to speak at Concordia.

There was reportedly no question period and the audience members were hand-picked. On the day of the proposed talk protests escalated, resulting in broken Hall Building windows and riot police storming the Hall Building mezzanine.

Many student activists were expelled in the aftermath, and a month-long moratorium was imposed on Middle East-related events.

TUITION PROTESTS

Tuition in Quebec has been largely frozen since the Quiet Revolution, and history has shown that student protest action has played an instrumental role in keeping it down. The most recent iteration of such action was the largest student movement in Canada's history, which saw the popularization of the term *printemps érable*, which translates to "Maple Spring" in French (a play on words on the 2011 Arab Spring).

Students took to the streets all over Quebec—in Montreal for over 100 near-consecutive days—to protest the 75 per cent increase in tuition over five years.

Jean Charest's Liberal government passed a law putting limitations on the freedom to assemble, which transformed the movement into a larger protest for free speech.

The move effectively ended his nine-year stint as premier, with an election called to resolve the tuition crisis.

The Parti Québécois gained power and cancelled the hike, instead indexing tuition to the rise in the average family's disposable income. The special law limiting protests was also struck down, but similar changes to city bylaws have remained. In Montreal, municipal bylaw P-6 now requires demonstrators to notify police of their protest route and bars demonstrators from covering their face.

WHO RUNS CONCORDIA

THE LONG AND SHORT ON WHO'S STEERING THE SHIP AT CONU



From left to right: Alan Shepard, President; Benoit-Antoine Bacon, Provost and VP Academic Affairs; Melissa Kate Wheeler, CSU President; Normand Hébert, Jr., Chairman of Board of Governors.

by Corey Pool

GOVERNANCE

BOARD OF GOVERNORS:

At the very top of Concordia's teetering tower of governance sits the Board of Governors. The BoG is Concordia's highest governing body. They call the shots, for the most part.

Comprised of 25 voting members—including six faculty representatives, three student representatives, and 15 external members made of various corporate higher-ups from around Montreal and beyond—the BoG is tasked with laying out the framework for the entire university, how it's operated, and approve spending.

For you policy and governance aficionados, or any aspiring student politicians, Board meetings can be pretty entertaining. While students are no longer allowed to watch from inside the meeting, a separate viewing room is set up with a live stream in the Hall Building.

SENATE:

Nestled humbly beneath the Board of Governors' ultimate power, Concordia's Senate is the second-highest governing body at the university and is responsible for all academic regulations at the university.

Senate is made up of 55 voting members, including 12 undergraduate and four graduate student representatives.

If you're a policy freak, get in touch with Concordia Student Union VP Advocacy and Academic Gene Morrow, who has conveniently compiled a massive searchable document of all past Senate meeting minutes. You can also find the minutes, broken down by date, of all past meetings on Concordia's archives website.

LABOUR UNIONS:

Among the very loud and active student body, there are equally loud and important unions that represent Concordia's staff and faculty.

The Concordia University Part-Time Faculty Association, mandated essentially to support and negotiate for the rights of its members, has been making noise in particular recently. They've been fighting for the rights of their

members and members of all other labour unions currently mired in the muck of painfully slow contract negotiations at Concordia.

There are currently 14 unions at Concordia without contracts, some for as many as five years. You can bet that you'll be hearing a lot more about this group in coming months.

STUDENT GOVERNANCE

CSU/GSA:

When it comes to undergraduate student governance at Concordia, the highest body is the Concordia Student Union.

The CSU, which represents over 30,000 undergrads, is led by an eight-member executive committee. You've probably seen them around campus or at just about every Frosh-related event on campus this week. While they are very much the face of the CSU, members of the executive committee are essentially employees of the union. Their other half, the Council of Representatives, is made up of 27 undergrads from different faculties, and is the main decision-making body for the union.

The CSU meets roughly once a month for long and severely entertaining council meetings. All students are welcome to sit in on these meetings.

The Graduate Student Association is the graduate student equivalent to the CSU. While they occasionally collaborate or come together for causes, the two unions work separately for the most part.

FACULTY ASSOCIATIONS:

There are four faculty associations within the CSU—the Arts and Science Federation of Associations, the Fine Arts Student Alliance, the Engineering and Computer Science Association, and the Commerce and Administration Students' Association.

Within each of these four faculty associations are a number of smaller departmental associations that represent students within specific departments. These departmental associations are particularly important in dealing with the specific needs of each department within each faculty. Visit the CSU's website for more information.



WHERE TO GO TO GET ACTIVE

by Yacine Bouhali

For many of us, back to school also means back to the gym. For the athletically inclined, here's what you need to know about Concordia's training facilities and sports activities.

LE GYM

Le Gym is Concordia's main fitness centre, and is obviously the university's most frequented one. But don't be afraid, with its 10,000 square feet of training surface, Le Gym has plenty of space to welcome everybody. Equipped with 75 cardio machines as well as with 75 strength stations, the two-floor facility also offers personal trainers (for \$25 an hour) and a great variety of fitness classes to members, spanning from aerobics and spinning classes to Zumba sessions. For dance lovers, there are lessons hip-hop, swing, salsa and more. If you need to unwind after a long day at school, Le Gym also offers Pilates and yoga classes. For all the fighters out there, you'll be pleased to know that kickboxing and karate are also offered.

Unfortunately, the classes fill up rather quickly, so it's a good idea to show up at Le Gym during the first week of school if you want to make sure to have a reserved spot. Another downside of Le Gym is that it gets really busy in the evenings, so if you want to

avoid traffic, you're better off working out in the morning.

Registration fees are \$60 per semester for Concordia students and the facility is open from 7:00 a.m. to 10:00 p.m. on weekdays, 9:00 a.m. to 7:00 p.m. on Saturdays and 9:00 a.m. to 10:00 p.m. on Sundays.

LE CENTRE AT THE PERFORM CENTER

Open since 2011, Le Centre is located on the first floor of the PERFORM Center on Loyola Campus. It's furnished with 50 pieces of cardio equipment, two complete lines of weight training machines and a full range of free weights.

But Le Centre isn't just your average gym.

For starters, all ConU students can benefit from the athletic therapy clinic and treatment centre run by Concordia's athletic therapy students, who are supervised by certified athletic therapists. The clinic charges \$25 per visit for treatments.

Members of the gym also have the opportunity to participate in research activities, as all of the machines at Le Centre are tied into software that allows researchers to track exercise results and look for ways to improve the performance of those using them. Gym members can either choose to train solo with or without a trainer, or join a small training group. Students can also

sign up for classes aimed at teaching participants about healthy cooking and weights.

Unfortunately, heavy weight lifters will be disappointed to learn that there's no bench press or squat machine at Le Centre as the facility is working towards reaching a specific kind of clientele—one which doesn't usually go to the gym.

Registration fees are \$60 a semester for Concordia students and the facility is open from 6:30 a.m. to 10:00 p.m. on weekdays and 8:00 a.m. to 6:00 p.m. on weekends.

INTRAMURAL LEAGUES

Want to play sports recreationally? Concordia intramural leagues have got you covered. Ice hockey, lacrosse, ultimate frisbee—name a sport, Concordia has it. Most sports are divided into divisions, from the most to the least competitive one. If you want to play with your friends you can register your team as a whole, but joining solo is no problem either. At the beginning of the semester most leagues have open tryouts where teams pick new players to complete their roster.

Like Le Gym's classes, intramural leagues fill up extremely fast, so register your team or yourself during the first week of school if you want make sure you've got a shot at becoming an intramural legend.

BEE THERE!

During your time at Concordia, you can see some great athletes in action for only a few dollars; sometimes even for free. Concordia has high-performing athletes on all their varsity teams and clubs, like All-Star football receiver Kris Bastien or All-Canadian basketball guard Kaylah Barrett. The Université du Québec à Montréal, Université de Montréal and McGill University are our cross-town rivals, so make sure to put some pressure on them whenever they play in our house. Gather with friends, wear your university colours (maroon and gold), and have a blast while cheering for the bees.

If you want to go support your Stingers but can't find anybody to go with you, you can always join the Concordia SWARM, Students With Athletes Representing Maroon n' Gold. The group focuses on bringing students and athletes together, as well as creating a party atmosphere during Stingers events. Check out Concordia SWARM on Facebook for more info.

For the student on a budget, keep in mind that football, basketball and hockey games are the only events where you'll have to pay an admission ticket to watch the Stingers (tickets are \$5.00 and under for students). Every other game is free for all.

For more information, news, stats and schedules, head over to athletics.concordia.ca

USED MTL

Colin Harris, Katie McGroarty and Flora Hammond

Montreal is a haven for all things used. From unparalleled finds on the side of the road, to intricately curated vintage shops, if you're looking for something specific, there's usually a way to find it.

CLOTHES

Empire Exchange (51 Bernard St. W.) is the only store in Montreal that will buy your used clothes in exchange for either cash or store credit. For thrift store prices with a curated selection, **Local 23 (23 Bernard St. W.)** has a wide assortment of items that are usually under \$30, while **Annex Vintage (56 St. Viateur St. W.)** has a smaller, but higher-quality selection of slightly pricier items. Together, these stores are the golden trio of vintage stores. With the same owner, they all offer slightly different collections, but you're guaranteed to find something great.

If you're into the more adventurous side of thrifting, **Eva B (2015 St. Laurent Blvd.)** has a literal pit of clothing that you can climb into and dig around. Just pray that there aren't any bedbugs at the bottom.

Below Mont-Royal Ave. on St. Laurent Blvd. there are a couple of vintage stores, including **Friperie St-Laurent (3976 St. Laurent Blvd.)** and **Kitsch n' Swell (3968 St. Laurent Blvd.)**, that have knick-knacks from every era, and outfits ranging from outrageous to black-tie appropriate.

For cheaper options that will just take a little more determination on the part of the shopper, Goodwill-owned **Fripe-Prix Renaissance** has locations all around the city, with stock replenished frequently. Definitely go back if there's nothing that caught your eye in round one.

USED VINYL

There's something special about vinyl. It feels more valuable in your hands with its big, beautiful artwork and it can't simply be copied by anyone with a laptop. You listen

to the same record more closely and more often. With the newfound demand for vinyl, however, it's often the most expensive option when buying music.

Here is your beginner's guide to Montreal used vinyl, to add to your collection or just make use of your dad's old turntable that was collecting dust in his basement. These stores each have their own character and niche, and most also offer concert tickets for local and touring acts. Some of these stores also offer formidable selections of new records, but we've listed the must-visits for second-hand quality, selection and bargains.

Beyond these stores, keep an eye out for garage sales and record swaps. You'd be surprised what gems are hiding among the Quebecois pop and Christmas records.

Phonopolis (207 Bernard St. W.) has a used section that's a treasure trove of records spanning from world music and jazz to the odd new release. In the heart of the Mile End, it's always worth perusing the "new arrivals" for a few minutes. Your inner music snob will be humbled by how many band names you don't recognize.

In boxes on the floor are hundreds of old records under \$5.00 too, with the vinyl often in great shape despite worn-out sleeves. Used stuff is also mixed among the genre sections.

L'Oblique (4333 Rivard St.) has a solid showing of classics and local releases, and **Sound Central (4486 Coloniale Ave.)** has you covered on the more punk and underground side of things. Venture further north for classic rock, punk, new wave and more at **La Fin du Vinyle (6307 St. Laurent Blvd.)**.

Channel your inner packrat with a visit to **Paul's Boutique (112 Mont-Royal Ave. E.)** for vinyl, books, VHS tapes and more. There's so much on the shelves that you might want to stretch before flipping through it all.

Le Pick-Up (169 des Pins Ave. E.) will satisfy a real vinyl junkie with their vast selection of original pressings, and if you want to stock up on the classics, visit **Beatnik (3773 St. Denis St.)**. **Cheap Thrills (2044 Metcalfe St.)** has dollar bins for the thriftiest of vinyl lovers.

USED BOOKS

Encore (5670 Sherbrooke St. W.) is overwhelming. And it's highly appropriate, since it was created as the result of an overwhelming obsession to collect used books and records. It started as a family thing, when a father and his son began to hunt together for literary and audio treasures before eventually turning their dangerously increasing collection into a store nine years ago. Here you'll find stacked on gigantic shelves graphic novels, history-related readings, esthetically pleasing old books, children's stories, a fully stocked literature section and lots of other cool book-related oddities. A comfy-looking couch sits in the middle of the room, begging you to have a seat and listen to whatever record the turntable wants to play.

La Librairie Mona Lisait (2054, St. Denis St.) est le royaume poussiéreux de Véronique Klauber. Mona Lisa, qui trône sur la vitrine depuis maintenant sept ans, vous fait un clin d'oeil entendu lorsque vous entrez. Véronique déboule : «Vous cherchez quelque chose en particulier?» N'hésitez pas à lui demander conseil—c'est une véritable encyclopédie littéraire. Elle choisit ses livres assortis à ses goûts, mais aussi «en fonction de [sa] déprime, en fonction de [son] optimisme, en fonction de l'air du temps, en fonction du soleil», dit-elle, un peu espiègle. Des livres et d'autres objets hétéroclites occupent les deux tiers de l'espace contigu. Parmi eux, une guitare qu'il arrive à Véronique de jouer si l'envie lui en prend. Pour la «malchance» des clients peut-être, dit-elle avec un sourire.

Two things you should know about **S.W. Welch Bookseller (225 St. Viateur St. W.)** bookshop: it has existed for about 30 years and its owner, Stephen, does amateur photography and collects miniatures of historical monuments. This store has the regular (but cool) stuff: literature, theatre, poetry and fine arts sections, as well as children's books, sci-fi, mystery and cookbooks. Other important

information: an army of chairs, couches and benches are provided for you to examine the contents of these used treasures. Stephen also thought about the "non-book buyer," also known as the people you're dragging inside against their will because you saw an interesting cover in the window display. Vintage posters and old newspapers scattered throughout the store will keep them busy and happy.

Once a year—usually in late spring or early summertime—Montreal's libraries trim their bookshelves and put everything up for sale in a the **Aréna Etienne-Desmarteau (3430 Bellechasse St.)**. There's not a better time to snatch books at crazy prices (usually not more than \$2.00)—in both French and English. At the sale, titled *Le solde de livres des Amis de la Bibliothèque de Montréal*, you can find everything from old history books with awesome covers to last year's New York Times bestseller. Also to be found during this one-week sale: arts books, magazines and vinyl. Check out bibliomontreal.com for more information.

OTHER

The mother of all vintage shopping, the **Marché aux Puces St.-Michel (3250 Crémazie Blvd. E.)** is packed full of every old object you can think of. As you emerge from Saint-Michel metro station at the end of the Blue line (and wonder where the hell we're sending you), the nondescript exterior betrays the mountain of antique and kitsch within. Seriously, you'll lose your friends exploring this place. Clothes, dishes, audio equipment (including lots of vinyl), picture frames, trinkets, collector's items—we don't have the space to list all the awesome and obscure collections on offer here weekends from 9:00 a.m. to 5:00 p.m. It's worth harassing someone with a car to pick up some furniture, from the old and cheap to the pricey and ornate. Get a crash course in haggling; thrift masters, try your skills on the second floor.



QUÉBÉCOIS 101

by Paku Daoust-Cloutier



“So Martin, what do you think of our native winters?”

Pété au ‘Frette’: (pay-tay oh fret) “Pété au Frette” is a colloquial expression to describe when something is broken or has stopped working when it’s cold. It originally referred to the trees that popped and cracked under really cold temperatures. “Péter” means to blow up or to break, and “frette” is a way of saying “froid,” or cold.



“Taste it, it’s a specialty in Syldivian cuisine.” “Eh...ok.” “It’s really not bad!”

Pas Pire: (pah peer) This roughly translates to “not bad.” Even though “pire” means worst, it would not translate to “not the worst.” “Pas mal” is the more popular way of saying “not bad” across the pond.



“Thanks for the beer, bud.” “No problem!” “It’s the fourth time he’s showing up to a party without his own alcohol.”

Y’a rien là: (ya ree-ay law) literally translates to “there’s nothing there.” In this context it means “no problem” or “it’s nothing.”



“The last one to leave is the one who locks the door.” “Just wait a sec!” “Why am I always the one who has to lock the door?”

Barrer: (bah-ray) To lock. In the days of yore a big wooden bar used to lock the doors. France uses the words “verrouiller” or “fermer à clé” instead.



Remember, “liquor” doesn’t mean alcohol.

Liqueur: (lee-kar) Commonly known as a soft drink. Hard liquor could be translated to “spiritueux”, “fort” or “liqueur de (name of the kind of alcohol)”.



“Wow! What kind of car is that?” “Vintage.”

Char: (shar) “Char” is used to describe a car, but the correct term would be “automobile” or “voiture.” “Char” commonly refers to a tank (char d’assault) or chariot.

RUGBY PREVIEWS

by *Yacine Bouhali @MyBouhali*

Women's Rugby

Over the years, the Stingers women's rugby team has become a source of pride for Concordia. Led by longtime head coach Graeme McGravie, the team has won provincial championships in three of the past four years. At the national level, the Stingers have earned a silver medal and finished just short of a bronze medal twice under his lead.

Naturally, McGravie's expectations are high for this season.

"I want us to be as competitive as we always are, win every game, win the conference and go the nationals," he said.

That would be quite the accomplishment considering the Stingers will be without 2012's Collegiate Interuniversity Sport female Rookie of the Year Bianca Farella this season.

In July, Farella was part of the Canadian national women's rugby team that finished second in the Rugby Sevens World Cup in Moscow, Russia.

But she'll be unable to play for Concordia this season, as she's currently preparing with the national team for November's Dubai Rugby Sevens tournament.

In addition to Farella, the Stingers also will have to play without fly half and former captain Jackie Tittley, a three-time CIS All-Canadian who graduated after last season.

"Those are two huge losses for sure," said McGravie. "You don't replace people like that."

He'll nonetheless have to try, and will be counting on a few rookies to fill the void.

Among them is centre Alexandra Tessier. A Dawson College grad, Tessier represented Canada in last year's world university rugby sevens championships.

"As a CEGEP student, that's quite an achievement," said McGravie. "She's a really good player."

McGravie will also be counting on flanker Hughanna Gaw's return to help lead the team back to nationals. Gaw, who missed all of last season knee injury, was named to the CIS All-Canadian team and was also CIS Rookie of the Year in 2009.

"This year's team is stronger than last year's team," said McGravie. "We've done well at recruiting, and players are coming into camps in better shape, trying to have a spot to play."

The Stingers women's rugby team's first game of the season is Sunday, Sept. 8, when they'll take on Carleton University, 1:00 p.m. at Concordia Stadium.

Men's Rugby

Despite finishing atop the Réseau du sport étudiant du Québec conference standings last season, Concordia's men's rugby team ended up losing the provincial championship game to the McGill Redmen for a third straight year.

"[The Redmen] had some physical and skilled players who took advantage of some lapses and mistakes that we've made," said Clive Gibson, head coach of the Stingers since 1996.

Gibson has led the Stingers to five provincial championships in his career. To win his sixth this season, he'll be counting on team captain and all-star centre Joseph Fulginiti



Photo by Hilary Sinclair

to lead the way. Fulginiti was Concordia's top scorer last year with 40 points—the third-highest mark in the RSEQ conference in 2012.

"Joseph is a multi-skilled player; he's capable to play just any position in the back," said Gibson. "I'm looking to use his leadership and his flexibility across various positions to help [the team this season]."

Nonetheless, the return to the championships won't be easy with-

out all-stars Kevin Elliot and former team captain Dario Pellizzari, both of whom graduated this year.

Fortunately for the Stingers, however, the team will have an extra week of preparation for the season, as they'll be starting Week 1 with a bye week. "I think the bye week is going to help us; I hope it will help us win our first game," said Gibson.

Exhibition games have also helped. Gibson's squad played two

this preseason, losing one against the Royal Military College of Canada 20-0 and winning the other against Syracuse University 38-0.

"Exhibition games are a great experience for rookies, but also for the coaching staff to see the players in different positions and see what they can do," said Gibson.

The Stingers open their season at home on Sept. 15, when they'll take on Sherbrooke University at 1:00 p.m.

BOXSCORES WEEK OF AUG. 26 TO SEPT. 1

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Sunday, Sept. 1 Men's Rugby - Concordia 38, Syracuse 0 (exhibition)

Saturday, Aug. 31 Concordia 3, Université de Montréal 48

Friday, Aug. 30 Women's Rugby - Concordia 10, University of Guelph 20 (exhibition)

Saturday, Aug. 29 Women's Rugby - Concordia 27, Queen's University 24 (exhibition)

Friday, Aug. 28 Women's Soccer - Concordia 1, Merrimack College 0 (exhibition)
Men's Basketball - Concordia 70, Siena College 80 (exhibition)

Friday, Sept. 6 6:30 p.m. Women's Soccer vs. Bishop's Gaiters (Concordia Stadium)
7:00 p.m. Football at McGill Redmen

Sunday, Sept. 8 1:00 p.m. Women's Rugby vs. Carleton Ravens (Concordia Stadium)
1:00 p.m. Men's Soccer at Montréal Carabins
3:00 p.m. Women's Soccer at Montréal Carabins

Check out Stingers game summaries at thelinknewspaper.ca/sports



SIMPLY

by Yacine Bouhali @MyBouhali

Stingers Pummeled in Home Opener

Lying facedown on the field, third-year Stingers quarterback Reid Quest is in pain.

He's just been sacked for the eighth time in a little over three quarters of play. As the mass of blue and white disperses from around him, he slowly gets up and limps off the field for the last time of the afternoon.

The nightmare was over.

"Physically today we just got outmanned," said Stingers head coach Gerry McGrath. "Our issue was the line of scrimmage; our offensive line had a hard time matching up against their defensive line."

That was the case from start to finish in last Saturday's home opener versus the Université de Montréal Carabins, with Quest sacked on just the sixth play of the game to put an end to a strong opening drive that had seen Concordia gain two back-to-back first downs.

It proved to be the start of a long afternoon for Quest and the Stingers.

Constantly pressured, Quest and the rest of the Concordia offence never really had a chance to get their game going up against the nationally fifth-ranked Carabins. Aside from allowing a short field goal towards the end of the third quarter, Mon-

tréal completely shut down the Stingers attack, holding them to a mere 101 net yards of offence.

Unfortunately for the Stingers, they were unable to return the favour on the other side of the ball.

The Carabins offence dominated the line of scrimmage, giving All-Star running back Rotrand Séné all the space he needed to get the first down virtually every time he received the handoff. Séné ended up torching Concordia's defence for 182 rushing yards and two touchdowns on just 10 carries to lead the Carabins to an easy 48-3 win.

It's far from the result the Stingers were expecting.

Following a difficult 2-7 2012 season, which notably saw the Stingers forfeit two wins due to fielding an ineligible player, the Stingers football team was hoping to turn the page and show they can compete with the top teams in the country.

Humiliated twice by the Carabins last season, 48-10 in Week 2 and 38-0 later in the season, the Stingers started last Saturday's game on the right foot, giving their fans hope for a better ending.

But that hope didn't even last until halftime.

The two teams started the game off with a battle of field position,

each punting on their first two drives. On the game's fifth drive, the Carabins finally scored the first points of the day when the Stingers conceded a safety after a Quest sack pinned them deep in their own territory.

That's when everything fell apart.

On the ensuing free kick, Montréal kick returner Manuel Crisi-Lauzon fielded the ball at his own 12-yard line and headed straight upfield, where a sea of maroon and gold was waiting to bring him down.

But just as he was about to be tackled, Crisi-Lauzon handed the ball off to teammate Antoine Pruneau, who left his blocking posi-



Photos by Erin Sparks

OUTPLAYED

tion to the left of Crisi-Lauzon to grab the ball and run in the opposite direction.

The play left the Stingers special teams befuddled, as Pruneau made one cut before bolting downfield, leaving would-be tacklers in the dust en route to an 89-yard kick return touchdown and a 9-0 Carabins lead.

After that, it was the Rotrand Sené show.

The fifth-year Carabins running back took his first carry of the game 58 yards before scoring on a three-yard run two plays later to give UdeM a 16-0 lead. After the Carabins forced a second Stingers safety on the ensuing drive, Sené found the endzone again, on a 17-yard run this time.

After Concordia gave up yet another safety, the Stingers found themselves

trailing 25-0 at halftime.

“We had a lot of guys [for whom] these were their first CIS snaps—they got nervous out there and it showed,” said Stingers defensive coordinator Luc Pelland. “We made some mistakes at the wrong time and gave them big plays.”

The Stingers nonetheless tightened up on defence to start the second half, giving up only eight points in a third quarter that saw them score their only points of the game—a 33-yard Keegan Treloar field goal.

Down 32-3 to start the fourth, McGrath kept Quest in the game for just one more drive before sitting his starting quarterback. He finished 15-of-26 for just 121 yards and two interceptions on the day.

“[Quest] came out in the fourth [quarter] because he was banged up,” said Stingers All-Star receiver

Kris Bastien, who finished the game with only four catches for 45 yards. “We wanted to keep him [healthy for next week] and the game was already out of hand.

“To me, he’s the best quarterback you can ask for in Canada,” Bastien continued. “We just have to be able to help him a lot more.”

Doing so starts with better offensive line play. But that might take a while considering seven of the eight linemen on the roster are rookies or in their second year with the team.

The growing pains were certainly evident against the Carabins, as not only did the Stingers allow eight sacks and numerous other hurries, but also gave little room for rookie running back Jammal Hamilton-Hyman on the ground. He finished with just 28

rushing yards on 10 carries.

“We have a lot of young players that are new to the experience [of today’s game],” said All-Canadian Stinger linebacker Max Caron. “They are going to learn from that, grow from that, and become better players.

“Moving forward we’re just going to keep building, become a better team and shoot for the playoffs.”

For Bastien, there are no ifs ands or buts about it.

“[The Carabins are] a good team,” he said. “We’re gonna have to be prepared next time when we catch them in the playoffs.”

The Stingers will look to rebound next week, when they travel across town on Sept. 6 to take on the McGill Redmen at Percival Molson Stadium in the annual Shaughnessy Cup. Kick-off is at 7:00 p.m.

“[Quest is] the best quarterback you can ask for in Canada, we just have to be able to help him a lot more.”

—Kris Bastien
Stingers receiver



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DETONATED WITHOUT A SOUND

Don't Let the Little Things Slide, CSU

by Erin Sparks @sparkserin

The first question I asked Julien Fortuna, ad designer for *The Link* and one of the presidents of the now-defunct Concordia Case Competition and Consultancy Club (or C4 for short), was what the conversation he had with the CSU prior to the revocation of the club's status. He seemed confused. "What conversation?" he asked. "There was no conversation."

On Aug. 7, the CSU held a special council meeting that, among other things, included a presentation by the Clubs and Space committee, the group in charge of reviewing each club at Concordia. Approved clubs are granted access to club space and are given a budget depending on their needs and how much funding is available. The committee reviews the documents each club submits and decides, based on the information they are provided, whether or not they will recommend that council approve or deny the club. In the case of the C4 club, the committee found that the documentation provided by the club was ambiguous. During that Aug. 7 meeting, council voted to have the club's status revoked, and Fortuna received an email two weeks after the meeting informing him of what had happened.

The C4 club aims to give students business experience—regardless of whether or not they are in JMSB—

through participation in case competitions, something already done by multiple clubs at the school.

But according to Fortuna, the C4 club has no intention of using the reputation of other case competition clubs to boost the club.

In an interview with *The Link*, VP Clubs and Internal James Tyler Vaccaro noted that one of the major reasons the club's status was revoked was the fact that the Clubs and Space committee expressed concern that there was no proof the club had even been approved in the first place.

"There's no documentation that a committee approved them, and a club can only be approved through a committee, so the [current] Clubs and Space committee felt that the due process hadn't been followed," Vaccaro said. Given this lack of information, the committee recommended that the C4 Club have its status revoked.

The club has only been around since last year, meaning that they were approved for the first time under former VP Clubs and Internal Nadine Atallah. Despite the fact that the lack of documentation showing the club's initial approval was one of the major deciding factors in annulling the club, and despite the fact that nobody was able to get a hold of Atallah until it was too late for an explanation on why the club had been approved in the first place, the C4

Club ceased to be recognized by the CSU, following a meeting they had not even been invited to.

What is clear is that Atallah played a significant role in allowing this club to proceed, and the fact that nobody has been able to contact her regarding the situation means that revoking the status of the club without consulting the former executive was not the right decision.

Communication Breakdown

The problems with the procedure for revoking the C4's status do not end there. While it is possible for a club to register at any point during the year, if they want to receive the most possible funding they have to submit their documents before Sept. 15. This means that, despite the fact that the deadline had not even passed and the C4 Club technically would have been able to supplement their documentation, and that Atallah would likely have been able to answer any questions about the legitimacy of their initial approval, the club was unceremoniously booted out the door.

While, as Vaccaro pointed out, it does not necessarily make sense to have the club in question present at such a meeting—as it's ultimately not about how well they can argue their case but about the content of their supporting documents—it seems odd that the club presidents were not given a chance to resubmit

or clarify their focus. It also seems odd that the club's status was revoked before anyone had a chance to speak to Atallah, who was largely responsible for granting club status in the first place.

Fortuna claims to have emailed the CSU multiple times in an attempt to discuss the situation, but ultimately nothing came from it, and the complete lack of communication between the CSU and Fortuna meant that there was no middle ground between the club having status and not.

It may not make sense to have the club present to argue their case, but it would stand to reason that at some point, club members should have been consulted—or at the very least warned. Both Fortuna and Vaccaro have confirmed that there were no C4 Club representatives present at the meeting, and that fact is troubling.

It simply isn't the procedure—but perhaps it should be.

There is no reason that Concordia clubs should not be contacted prior to their status being taken away; there is nothing to suggest that a club cannot reapply after their status is revoked, but there is no reason things should get to that point if there is a chance to resolve things.

Concordia is not the sort of place where issues disappear over the summer. It's never a blank slate come September, and the CSU ex-

ecutives (and students) would be well served to keep that in mind. Problems that carry over from the previous academic year, especially ones that relate to questionable policies, will only become further entrenched as they continue to be enacted without question. The C4 club is only one example of a communication breakdown that ends up hurting the students the CSU is supposed to represent, and it is imperative that things change.

The current CSU executive has inherited a laundry list of problems from the former executive, and it should be made clear that they are not being blamed for the poorly managed union that A Better Concordia left behind. But the fact remains that the CSU's website is in shambles, with many pages not being updated for at least a few years; the student union has a history of gross financial mismanagement; and The Hive project is still incomplete. Simply because the current executive was not responsible for shoddy policy, like that which relates to clubs, does not mean it should continue.

There are huge problems that the executive has to grapple during their term, but it is critical that they do not let the little things slip through the cracks.

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Graphic Flora Hammond

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NOT SLOSHED DURING FROSH

Make Frosh Accessible and Inclusive

by Rafiq Kassam

Frosh week presents an interesting dilemma to some Concordia students. As the new academic year begins, individual faculties gear up for their respective Frosh weeks, intended to allow first-year students to meet new people, make new friends and have fun by participating in different activities.

Activities include the likes of barbecues, club nights and parties, forcing some to wonder how to participate in all of these activities while at the same time respecting their religious views. Many Muslim students in particular find themselves facing this question.

In recent years, Frosh has turned into a week known for its parties and alcohol, when it should be known as a time to make friends,

get acquainted to university life and most importantly to have fun—for all first-year students and those transferring to a new faculty.

Islamic laws, as stated in the Quran, prohibit alcohol consumption. Along with gambling, alcohol is seen as an intoxicant—both are considered to be “abominations of Satan intending to turn people against God,” (Surah 5, Ayat 90). The only time a Muslim can drink alcohol is when they are starving or dying of thirst.

To understand Frosh in the context of Islam, there are some principles that must be explained. Islam doesn’t separate the spiritual world from the secular—the values stated in the Quran are represented as a link between both, and there are certain principles that are placed on every Muslim. According to the Quran, everyone

uses their intellect to guide their behaviour in society. In the eyes of God, each individual is accountable for his or her actions.

I plan to attend some of the Frosh activities during the first week of school, but I will not be drinking alcohol at any of these events. It is a personal choice that I have made to never drink alcohol—religion is the main reason why, but the effects of alcohol and the consequences from drinking have convinced me that it’s not worth it. While I understand that it is Frosh and it is supposed to be a time to have fun, I cannot ignore the rules stated in the Quran just because of the time of year. Islam is not just a religion, it’s a way of life, and that’s why the values stated in the Quran serve as a link between the secular and spiritual.

While simply not drinking at Frosh events is one way to participate while still staying true to your religion, there are also a few ways that faculties could change their individual Frosh events so to make them inclusive for everyone. The CSU has managed to create an Orientation that does not focus so heavily on drinking, and faculties could look at how other universities have been able to curb alcohol consumption. At McGill, an array of Frosh events are hosted, ranging from Muslim Frosh to Rad Frosh. These options help include people who do not want to drink alcohol but who still wish to participate in Frosh. CUSA, the student association at Carleton University in Ottawa, hosts a dry Frosh, meaning that students can participate without consuming alcohol.

At Concordia, faculties that hold

Frosh events could work with clubs like the Muslim Students Association as well as other religious clubs to create events that balance out the activities that include alcohol with activities that are more suited to Muslim students and others who are uninterested in alcohol. That way, everyone is able to enjoy Frosh without being enticed or pressured into doing something they do not want to do. Binge drinking is also a serious problem during events like Frosh—a problem that will not be resolved if the individual faculties do not do their part to reduce alcohol-related activities.

There is nothing wrong with participating in Frosh. But a Frosh that respects everyone’s religious views is a better Frosh for all.

.....
Graphic Graeme Shorten Adams

YOU CHOSE CONCORDIA. SO DID I.

I'm excited to welcome you to Concordia. Some of you are new to Concordia; the rest of us are returning from a summer break. Either way, we all share one important thing:
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In the spirit of that tradition, I believe my job is to help you succeed; to ensure you have stimulating, meaningful — and yes, fun — educational experiences inside and outside Concordia's classrooms, labs and studios.

So good luck with this new term. I always value hearing from students. Feel free to contact me at president@concordia.ca.



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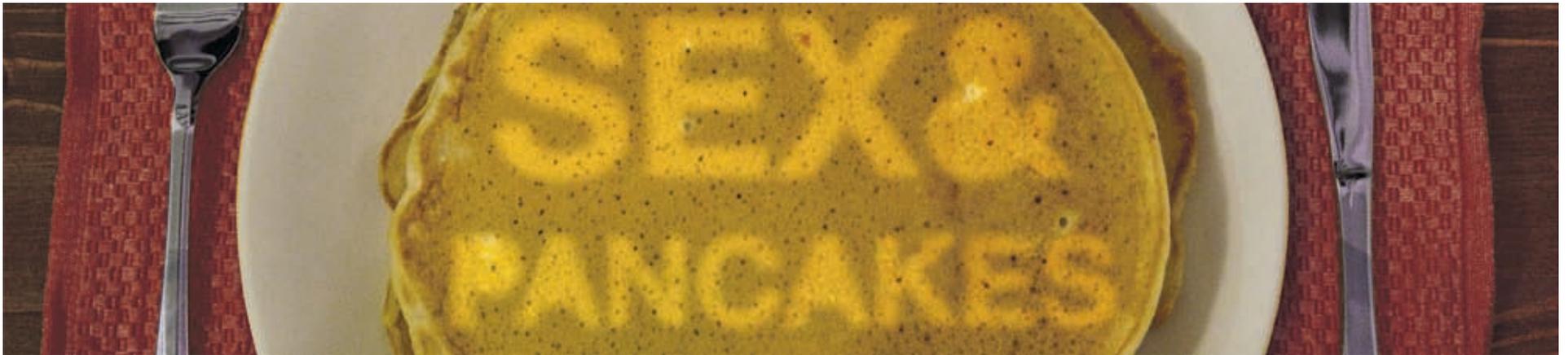
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TIGHTEN UP

I recently started sleeping with a guy who has a penis that's slightly smaller than what I would consider average. Everything leading up to the sex is great, but when we actually have sex, I don't feel all that much (though certain positions work better than others). I'm worried because the last few guys I slept with were quite well endowed. Is it possible that they stretched me out? If so, is there anything I can do to reverse that?

- *Vagina Worry*

First things first, the vagina is a muscle that naturally expands and contracts during arousal and rest. The best analogy I've heard for this describes the vagina as a sock. When resting (not aroused), the sock is stuffed into a smaller space and folded over itself, as the vagina has its walls touching and is only about three inches deep. This can make the vagina seem tighter.

The sock expands during the process of getting aroused, when the uterus and cervix lift to make the vagina longer and the vaginal walls lubricate and expand widthwise so they no longer touch. Foreplay and arousal before vaginal penetration are really important because they cause this expansion, facilitating penetration.

The most important thing to know is that occasional or regular sex won't result in permanent stretching of the vagina because the

vagina normally expands during arousal. How much it can expand varies from person to person and one of the factors that determine this is the size of your partner's penis. This means your vagina would stretch more when having sex with a partner with a larger penis than one with a smaller penis, but after arousal it will still return to its initial resting size. The only thing that would prevent this from happening would be if you experienced an injury that resulted in tearing, in which case you would feel pain.

It's also important to keep in mind that, like penises, vaginas don't come in just one size. With you and your partner, it might be the case that your vagina is larger than his penis, which is causing you to not feel that much. This is because there's less contact happening between his penis and your vagi-

nal walls than there would be if your sizes were more closely matched.

Luckily, there are a few things you can focus on to help with that. Experiment with different positions, angles and speeds of penetration; pay close attention to what feels best for you and communicate that to him. You could also try engaging in less penetrative foreplay, like fingering or using toys, so that your vagina doesn't expand more than necessary before he enters you.

Kegel exercises are also something to look into. They don't make you "tighter", as some claim, but they do strengthen the vagina by working out the pubococcygeus (PC) muscles. These exercises are great for long-term pelvic health—they help you understand your vagina a little better and can lead to a tighter grip and stronger contractions during or-

gasm, which feels great for both partners. There's a ton I could say on the topic of kegels, but I'll save that for another week!

You might also want to consider shifting the focus from penetration and instead experiment with seeing the entire body as a potential pleasure zone through touch and acts that we typically view as foreplay. You might be amazed at the kind of pleasure you can find when you're forced to think creatively!

—Melissa Fuller @mel_full

Submit your question anonymously at sexpancakes.com and check out "Sex & Pancakes" on Facebook.

Got a quick health question? Need a resource? Text SextEd at 514-700-0445 for a confidential answer within 24 hours!



ISN'T IT ICONIC?

by Liana di Iorio @MsBerbToYou

Across:

- 6. Our city is named for this hill. Hike up to see the stars and take in the view. (2 words)
- 7. Much of Leonard Cohen's famous "Suzanne" takes place in and around this picturesque Montreal area. (2 words)
- 8. If swinging and jiving are more up your alley than bouncing to club beats, then head over to this famous Montreal theatre on Parc Ave.
- 9. This street offers everything from thrift stores and gourmet Japanese food to raging nightclubs and mechanical bulls. It's no wonder it's referred to as "The Main." (2 words)
- 10. The best smoked meat in the city and a line that stretches around the block can be found at this Montreal institution. Extra mustard, please!

Down:

- 1. This local chef describes his cooking as Montreal-style soul food and owns restaurants Le Bremner and Garde Manger. He also keeps busy with his Food Network show. (2 words)
- 2. Famous DJ parties, rugby bars and foie gras can all be found on the same block in this Montreal neighbourhood, Little _____.
- 3. Everybody and their mother loves this Montreal market, which is conveniently located just outside of the downtown area and a 10-minute bike ride from Concordia.
- 4. Montrealers have a love/hate relationship with this stadium. It took 30 years to pay for, but also hosts tons of food trucks on the first Friday of every month.
- 5. Montrealers don't want to imagine a world without this iconic concoction of potatoes, cheese and gravy. So much so that it has its own week-long festival.
- 8. It may not be iconic, but the beer is cheap and it's the only spot on campus you can grab a drink.

.....
Graphic by Flora Hammond

THIS SPACE WOULD BE FUNNIER WITH A COMIC IN IT

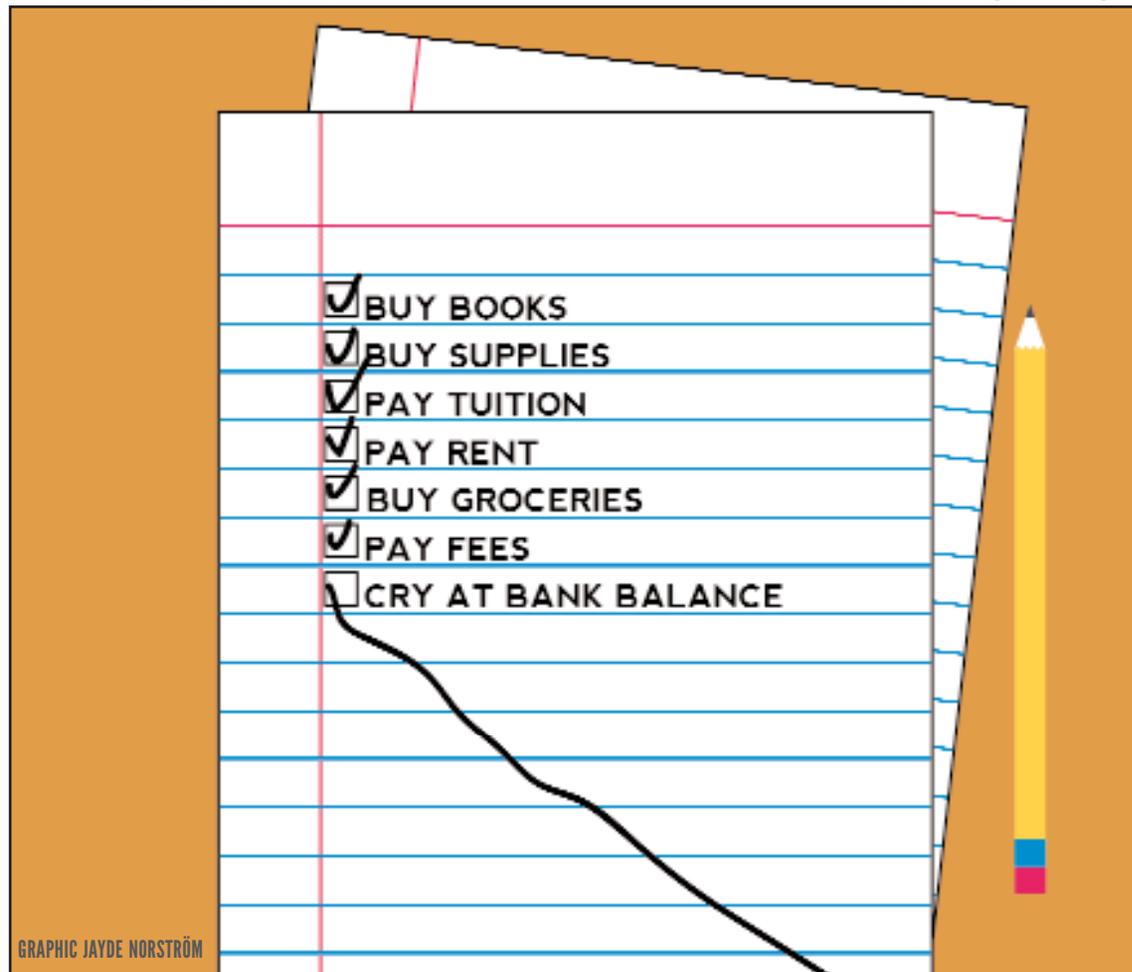
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WRECKLIST



GRAPHIC JAYDE NORSTRÖM

FALSE KNEES COMIC JOSHUA BARKMAN



NAH'MSAYIN?

I'll Show YOU a Drop

I'm just going to go ahead and say what so many of us are thinking.

House music sucks.

Wait, wait, let me explain. I'm not talking about all house music, and I'm certainly not talking about all electronic music. If there's a particular sub-subgenre that's dear to your heart, I'm probably not criticizing it either—because I probably don't even know what it is. Hardstyle, goosetep, spazcore, itchwave—all you pedants out there can keep dissecting those protozoa on your blogs. I've got bigger, blander fish to fry.

You know the sound I'm talking about. Boring beats you could easily reproduce if you took a stethoscope along on your next

run; synths best likened to subzero flatulence and that goddamn chromatic buildup that, not so long ago, would have meant something very wrong with your washing machine—all of which culminates a hallowed drop.

From a Pit Bull song to your friend's latest SoundCloud track, it's the only musical trope that delivers the exact opposite of what it promises.

I don't like it, and neither do you. Seriously, I'm pretty sure our demographic's collective hard-on for obnoxious buzzing and thumping is the latest case of the emperor wearing no clothes. Everybody wants to look good in their tank tops and plastic sunglasses, and nobody wants to

admit, as they aimlessly hop up and down, that dammit, they'd just rather be at home listening to The Carpenters.

And then there's the live factor. Hey, would-be Skrillex: that drop you spent hours perfecting by listening to car crashes won't make up for your lack of stage presence. If the most you're gonna do is wave your hand while you stand behind your array of laptops, you might as well just put a photocopier on stage and let it run. At least then your show, and your sound, would actually amount to something interesting.

—Graeme Shorten Adams,
Graphics Editor



Graphic Flora Hammond

Editorial



MAKE P-6 AN ELECTION ISSUE

When Katie Nelson, an incoming philosophy student at Concordia, started getting tickets for various offences related to participating in a protest, she hung them up on her fridge as a kind of joke. But when she ran out of space there, and when the total amount that she had been ticketed surpassed \$6,500, the joke petered out.

Nelson is currently embroiled in a lawsuit against the city of Montreal and the specific police officer responsible for ticketing her so many times. Her case serves as a reminder that while the student strike may have ended a year ago, many are still experiencing the fallout.

While there may not be nightly demonstrations that end in mass arrests, and the clamour of pots and pans hasn't been heard in the streets for months, it is essential we remember that the expanded municipal bylaw P-6 is still very much in effect.

The new P-6 was a by-product of the student strikes that Nelson and thousands of others were involved in last year.

The bylaw, which was adopted by Union Montreal—the now dissolved party of former mayor Gérald Tremblay—prohibits the use of masks during a demonstration and allows police to declare a protest illegal if a route is not submitted beforehand.

A major facet of Nelson's case is the argument that she is the victim of political profiling. While police commander Ian Lafrenière has said that the Service de Police de la Ville de Montréal does not engage in such activities, it is hard to overlook the fact that, with crowds numbering in the thousands, Nelson was consistently ticketed for things like jaywalking or cursing in public (none of her alleged offences were for anything violent) while others milled about around her, committing the same offences.

Perhaps more shocking is the fact that Nelson claims multiple officers have admitted to her that she is being profiled due to her political views.

Political profiling was not the only controversial subject during the student strike, and it isn't the only issue being brought up by Nel-

son's case. P-6 is also being called into question by Nelson's lawyer, and combined with the looming November municipal election, there is no better time than now to reopen the debate on the bylaw.

While many individual candidates have issued statements on P-6, none of the parties in the running have made the bylaw a part of their platform, be it to abolish or maintain it.

Mayoral candidate Richard Bergeron has denounced the bylaw in the past, telling TVA Nouvelles it "plays with the democratic rights of Montrealers." Bergeron is heading Projet Montréal, the party that has, in the past, tried to see P-6 abolished.

In contrast, Denis Coderre, mayoral candidate of Team Denis Coderre, has previously supported the existence of P-6. His party includes former members of Union Montreal, the ones responsible for expanding the bylaw in the first place.

What is needed now is for parties to take a stance on P-6. It goes without saying that the bylaw will

not go anywhere if no one does anything about it. If, as the Aug. 16 Montreal mayoral debate has indicated, mayoral candidates are looking to corner the youth vote, why not address an issue that affects not only students, but so many young people?

Some individual candidates have not been shy about voicing their opinions on the bylaw, but that only goes so far. A united party standing against this bylaw, which severely restricts the right to protest, would not only show those affected by P-6 that they have not been forgotten, but would also remind the public that this unconstitutional bylaw still exists.

Simply because it is not being read over a microphone by SPVM officers every night does not mean it has disappeared.

Coming out against of P-6 is an admittedly dangerous move for a politician. But when a bylaw restricts Charter rights, it is worth the risk.

Dozens of organizations, among them the Quebec Bar Association

and numerous student associations, have expressed their concerns with the bylaw; it is clear that many are against its existence. Bill 78, an emergency law that also severely limited the right to protest and the provincial equivalent to P-6, was swiftly cancelled upon the Parti Québécois' rise to power. There is no reason why the same cannot happen for P-6.

It was under P-6 that hundreds of peaceful protestors were rounded up and arrested after marching less than a city block during the anti-police brutality demonstration this past March; it was under P-6 that demonstrators, among them minors, journalists and passersby, were held for hours in the snow during the March 22 rally; and it is under P-6 that rights will continue to be infringed upon.

To be a part of Montreal municipal politics means to be faced with difficult issues, be they corruption, deficits or potholes.

It's time that those in the running take a stance on P-6.

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Graphic Graeme Shorten Adams

THE LINK

CONCORDIA'S INDEPENDENT NEWSPAPER SINCE 1980

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